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## *Antiques Roadshow Adventures*

Donna Maus and Carol Korda share many things. Both are super volunteers: Donna helps people figure out the complexities of Medicare Part D; Carol helps people figure out their taxes as part of the AARP tax aide program here. Both love antiques: Donna volunteers many hours at the Used a Bit Shoppe; Carol is a frequent browser at the Used a Bit. And both are keen gardeners. Little did they know that their common interest in antiques would lead to a discovery that they are also related.

During this past winter An-

tiques Roadshow of PBS announced that they would be at the Minneapolis Convention Center in early July. Anyone who was interested in taking their antique treasures to be appraised could apply for such a chance. Of the 30,000 entries, about 3,000 were selected at random. Many of our Used a Bit volunteers, including Donna, sent their names in, but none of them was selected. Carol was one of the lucky ones, though, and since she knew of Donna's keen interest, she invited her to go

along. Each woman could get appraisals for two objects. Donna had selected three things from the Used a Bit stock, and Carol also took a Japanese wood block print from her personal collection.

As they began their journey to the Roadshow in the early morning, (cont. pg 2)



## *The Paper Bag Bandit Rides Again...and Again!*

Drama, comedy and mystery (well, sort of) abound in this fall's melodrama. The villain, Sludge Slysull, played by Don Forsberg, is obviously the main villain. Sludge has thought that HE was The Paper Bag Bandit, but someone is hornin in on his territory, and impersonating this bandit. Could it be the "sharp" sheriff,

Buzz Saw, played by Dan Jorgensen? Surely not the sheriff's dimwitted girlfriend Clementine (Chris Ellison). There are many possible imposters in this large cast of entertaining characters. You won't need to think too hard to figure it out. Just sit back, relax and enjoy the fun.

The play will be underscored by Marc Robinson with piano music typical of this style of theater. Soprano Donna May will sing two songs of the period.

The melodrama will be followed by homemade desserts. All of this, for just \$10!

<p>Paper Bag Bandit Performances Saturday, Oct 8, 7 pm Sunday, Oct 9, 2 pm</p>
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(Roadshow, cont)

still within Northfield City limits, Carol was driving, and Donna was talking about the fun she was having with her genealogy research. Donna mentioned that many of her relatives had lived in Galena, IL. Carol's head whipped around. "Galena!? That's where my maternal grandmother is from." "Really? What was her name?" "Louise Einsweiler."

Donna exclaimed, "My aunt is Kathryn Einsweiler! I'm sure we must have a common ancestor."

The day's excitement con-

tinued at the Roadshow. The two split up, each taking two objects, and standing in the appropriate long lines for appraisals. Donna learned that a St. Helena's military medal (from the Used a Bit) was French, dating from 1858. It had been given to a woman who was a reader in a WWI hospital, and if she could learn more about the woman, it would be worth more. Carol learned that her Japanese wood block print was worth \$150. Then Carol went to a line for silver objects with something from the Used a Bit that looked like a letter opener. The appraiser asked, "Do you know anything about this?" Carol said, no, and he was silent for a

long time. Finally he said, "This dates from 1798, is sterling silver, and was used as a meat skewer. It's value is \$600-700."

Wow!

The two women caught sight of each other. It was 1:00, they were hungry, and the line for the remaining folk art piece would require a 2.5 hour wait. So they went to a nearby restaurant, full of plans for selling the skewer on eBay, and doing further genealogic research to identify the precise ancestral link in their families.

## FLU SHOT CLINICS

Oct 6, 1-3 pm

Oct 18, 10 am-12

Cost: Bring Medicare (Prt B) or Medicaid card or \$25

Provided by Rice County Public Health

## *Troubadors: "Come Join Us"*

The Northfield Troubadors male chorus is now rehearsing every Thursday at 12:30 pm at Bethel Lutheran church.

New members are welcome! There are no tryouts; a love

for music and some flexibility in schedule are all that are needed. You do not have to be a senior to join the Troubadors. We have many snowbird members.

The Troubadors perform for senior groups in Northfield and the surrounding area. They also perform for youth groups, service clubs, and private parties.

## *Medicare Basics - the ABCDs*

Wed, Oct 5 OR Wed, Oct 12  
5:30 - 8 pm

If you are turning 65 or going on Medicare, here's an opportunity for you to get the information you need to understand it. The class will cover the parts of Medicare- hospital, medical and drug options;

including original/ traditional Medicare, Medicare supplements, Medicare advantage plans, Part D prescription drug and preventive benefits, Medicare savings programs, preventing fraud, waste and abuse, and other resources to help you make decisions.

Instructor: Jerry Roberts, a certified State Health Insurance Program (SHIP) Counselor with the Senior Link-Age Line® 800-333-2433.

*Senior Center Staff*

<b>Director</b>	664-3701
Lynne Pederson	
<b>Asst. Director</b>	664-3708
Patsy Dew	
<b>Bookkeeper</b>	664-3700
Kathy Bjerke	
<b>Membership Coordinator</b>	
Jackie Johnson	664-3704
<b>Fitness Manager</b>	
Gale Marchand	664-3702
<b>Administrative Coordinator</b>	
Nancy McDougall	664-3703
<b>Dining Site Manager</b>	
Regine Prenzel-Guthrie	664-3735
<b>Administrative Assistant</b>	
Karen Holz	664-3707
<b>Evening/Weekend</b>	664-3700
Pearl Arndt, Gene Finger, Janice Kasa, Ruth Johnson-Wirth, Pat Sunquist, Bev Lubbers	
<b>Used A Bit Shoppe</b>	645-1399
Kristi Casson	

*Senior Center Lobby Hours*

Mon—Fri	7 am—8 pm
Saturday	7 am—5 pm
Sunday	10 am—5 pm

*Fitness Center and Pool Hours*

Mon—Fri	6 am—8 pm
Saturday	6 am—5 pm
Sunday, Fitness	10 am—5 pm
Sunday, Pool	5:30 pm-7:30 pm

**NEW - Pool hours on Sunday, 5:30 - 8:00p**

*Used A Bit Shoppe Hours*

Monday - Saturday	10 am—5 pm
Thursdays	10 am—7 pm

*Change in Sunday pool hours*

Summer is over and we are back to the fall schedule. The Center's Sunday hours are 10:00am to 5:00pm for open fitness, classes, and scheduled activities. Open swim hours are from 5:30pm to 8:00pm, only, due to Making Waves Swim School, rental. The Sunday hours are on a trial basis and may need to be adjusted or discontinued according to use.

## *Eat Your Way Healthy (Food as your Medicine)*

Oct 12 – Nov 16  
Wed 10:45-11:45 am



Seven of the ten leading causes of disease are related to poor diet and physical activity patterns. This series of 6 classes will help guide you through food choices that can lead to good, bad or ugly health parameters. Come learn about the scientific evidence that supports the use of foods or dietary supplements for improved health.

Topics include: Reducing

cancer risk through nutrition, controlling blood cholesterol/lipids, how to enhance a healthy gastrointestinal tract, how to control blood sugar & prevent diabetes with food, how to control blood pressure, dietary supplements (what evidence is there?). Cutting edge, proven & reliable information.

Energize yourself with information and your health by sampling tasty recipes that fit into ChooseMyPlate (the newly released dietary

guidance).

Presented by Louanne Kaupa, MA, RD, LN, 20 + yrs experience in the field of Nutrition

Session Registration:

\$30 m/\$8 PI/\$42 nm

Per class rate:

\$6m/\$2 PI/\$8 nm

Registration deadline: Monday proceeding each Wed. session

Code: 1665

## *Table Tennis at the Center*

“Open” times for playing Table Tennis at the Center have increased over past years from two times per week to five times *per* week. In addition, two levels of lessons have been added. Table tennis is popular here because it is a sport that just about anyone can play. Table Tennis, from a fitness standpoint, offers enhancement of agility, reaction time, eye-hand coordination, strategy, balance and some cardio vascular conditioning.

Our Open Play time slots vary from “open to all levels” to being rated ‘Intermediate’ or ‘Advanced.’ Why do we have some sessions which are limited to certain ‘levels’ of play? Some people like a

‘free spirit’ sort of play to just come in and bop the ball around without a sense of competition or strict rules. They prefer to just come and enjoy the movement, fitness, camaraderie and activity. For these players, levels are irrelevant, and coming to “all levels” of play will be most enjoyable. Others, however, may enjoy a competitive sense for their own personal record, to improve their game, or to play at events such as the NSC Sponsored “Northfield Open,” MN Senior Games or State Table Tennis Competitions. In fact, NSC members have won gold, silver, and bronze in the past in the MN Senior Games, and two of our players have placed 8<sup>th</sup> Nationally at the Nat Sr Games

in doubles! So, we have a wide variety of players, abilities and interests at NSC, and we try to offer times that suit all.

Table Tennis Lessons are available for many levels. These lessons are for those who would like to learn the rules of the game, increase their skill level, learn new strategies, or learn specialized skills such as a tournament-legal serve. NSC has the privilege of having a USA Table Tennis Certified Umpire and Level 1 Coach on board to teach us the technical ins and outs of Table Tennis. Lessons have helped our members to feel more comfortable playing in the groups here, and have helped others in preparing for tournaments.

Note: Hikes for October and November have been canceled.

## Changes to Fitness Class Schedules

### Silver Sneakers MSROM

Saturday's 11:15am-12:15 pm  
 Instructor: Lu Herbeck  
Starting in October! - For class description see Fall Program Guide

### Yoga on Fridays 12noon – 1 is now being called **Yin/Restorative Yoga**

Instructor change: Lori Williams, RYT-200, licensed massage therapist

New **Zumba** class, Thursdays, 7-7:45 am

Looking for something different?  
 Try our Water Volleyball Thursday evenings 7-7:45 pm  
 Fun, frolic, laughter, camaraderie.

## Table Tennis Lessons

### Intro to Table Tennis

(entry level)  
 Session : Oct 20 - Dec 8  
 Thurs, 7 - 8p

Designed for those who have never learned the exact 'rules' of the game and want to improve their skills. Current and 'rusty' players alike are welcome to register. Six sessions cover four basic strokes and serve. Basic, easy to learn techniques cover striking zone, fore hand, back hand, under spin, top spin, stance, paddle grip & more.

Class limit 4-6.  
 Fee: \$36 m/\$48 nm (6 wks)  
 Code: 1663

### Basic Table Tennis

(level 2)  
 Session: Oct 20 - Dec 8  
 Thurs, 8:15 - 9:15p

Designed for students who already know how to play the four basic strokes plus serve. Course covers techniques doubles, and play time for both.  
 Class limit 4-6  
 Fee: \$36 m/\$48 nm (6 wks)  
 Code: 1664

Instructor: Randall Perkins, retired attorney, 30 years' table tennis experience, USATT certified umpire & Level 1 Coach, locally rated

## Literary Arts in October

**Reaching Your Audience: A conversation About Writing**  
 Thurs, Oct 20, 11a-noon  
 Presenter: Toni Easterson  
 Cost: \$3 Code: 1624

**Author Talks about Writing her Book**  
 Thurs, Oct 27, 11a-noon  
 Presenter: Donnita Rogers  
 Cost: \$3 Code: 1669

## Theater Arts in October

### Judy Garland, Performer Extraordinaire

Mondays, 10-11:30a, Oct 17-Nov 7  
**Teacher: Myrna Johnson**  
 Cost: \$36m/\$40nm Code: 1623

See the Fall Program Guide for more detail about these and other Arts Programs, pg 8-10.

## Fitness Room temperature

An air conditioner unit has been installed in the Fitness Room to adjust temperatures to a comfortable room temperature for exercising. The norm room temperature is set for 70 degrees. As the temperatures in the room have been much higher than this, please adjust how you dress accordingly, and enjoy the welcomed relief.



## Seasoned Singers Begin Again, October 11

The Center's women's singing group known as the Seasoned Singer will begin rehearsals Tuesday, October 11 at 4:30-6pm. This group is for women who love to sing in parts and are willing to participate in 3-5 local performances in December.

Some are followed by a girls' night out for dinner. The repertoire for this season will include fall and winter themes including holiday carols. Come join in the fun and exhilaration of singing under the direction of Donna May, Music Di-

rector at St. Agnus School in St. Paul and member of the Northfield Senior Center. Bring a thin black binder for music. This group sings spring and fall only in 6-8 week time frames.

**The Center Chime Choir begins rehearsals THIS MONTH**  
 Watch for further details in emails, on our website and on bulletin boards

## Open Enrollment for Part D Medicare

This year, open enrollment for Part D Medicare is starting earlier – on October 15 and ending sooner – December 7<sup>th</sup>. This gives people with Medicare a full seven weeks to compare and make decisions, and ensures that they will have essential plan materials and membership cards in hand on January 1, 2012 when new coverage begins.

Part D Drug Company in the mail in the next few weeks. Be sure to read the information. Plans change their premiums, copayments, deductibles and drug formularies every year. It is in the best interest of every Medicare beneficiary to review their plan and to compare it to others that are offered. In some cases you may save money by switching plans.

Appointments will be available again this year at the Senior Center. If you would like to have your plan evaluated, please pick up a form at the Senior Center, fill it out with you prescription information and return it to the Center in a sealed envelope. A Medicare volunteer will process your information and call you with the results. If necessary an appointment for you with the Medicare volunteer will be scheduled.

You will be receiving 2011 Plan Information from your

## Popcorn and a Movie - Add Saturday Matinees

**October 15 The Lincoln Lawyer** (2011) Drama

Starring Matthew McConaughey, Marisa Tomei, Ryan Phillippe


A moderately successful defense lawyer who operates his business out of his Lincoln Town Car takes on a very high-profile prostitute rape case. As evidence comes to the surface, he learns that this case might be linked to one of his for-

mer cases. How will he see that justice is done in what appears to be a catch 22 situation?

**October 22 Bridesmaids** (2011) Comedy  
 Starring Kristen Wiig, Maya Rudolph, Rose Byrne

Picked as her best friend's maid of honor, a lovelorn and financially stretched

young woman looks to bluff her way through the expensive and bizarre rituals along with an extraordinarily diverse group of bridesmaids.



*Program Club*

Meets Thursday,  
 Oct 20, 12:30pm  
 DVD and Discussion  
 on the St Paul Past,  
 and Minneapolis Past

## Travel News

### King's Room, St. Olaf College

Tuesday, December 13  
11:30 am

Due to the St. Olaf Christmas Concert, the date for our Out-to-Lunch had to be

changed. This is an annual outing for the start of your Christmas holiday feasting. Come and join us at the beautiful King's Room in Buntrock Commons at St. Olaf College. Their sumptuous buffet has a wide vari-

ety of soups, salads, entrees and desserts. **Reservations are absolutely required** – sign up early! Lunch is on your own.

Sign up with the receptionist by December 9



## New: Trip to See "The Church Basement Ladies"

### Plymouth Playhouse, Plymouth, MN

Thursday, December 8  
10:15 am – 4:30 pm

"A Mighty Fortress (Is Our Basement)" is the new musical comedy production in this series about the Church Basement Ladies. The time is 1960 and includes the

Pastor announcing his impending nuptials, the planning of a food booth at the County Fair to raise money, a spontaneous driving lesson, and high heels for one of the confirmands. They're at it again with more crazy antics, more great new songs and more lessons re-

luctantly learned. Come join us for this whole new show! Lunch is included at the Plymouth Playhouse. This is an outing with the Community Resource Bank.

Cost: \$50

**Code: 1707**

Sign up by December 1

#### FUTURE TRIPS

**Hill House Preview**  
Nov 17, 2:30pm  
Free, Sign up with Receptionist

**Hill House & Summit Ave Tour**  
Nov 18, 9am - 3:30pm  
Cost: \$45  
Code: 1643  
Sign up by Nov 12

## Cemetery Stories Trip Plus

Saturday, October 15  
5:00pm

We continue our tradition of taking a bus to the Northfield Historical Society's Cemetery Stories event, followed by treats and a speaker at The Center. This year after the tour we will come back to the Center and have coffee and snacks, and hear a presentation by John Slettin, a grandson of one of the "ghosts" who will be telling his story at the cemetery.

John is a former teacher and coach from Northfield

during the 60's. John was recognized as an Outstanding Alumnae of Northfield High School in May of 2011.

This will be a fun evening! Don't miss it.

**Cost: \$10 (entry to Cemetery Stories + talk at Center)**

**Or \$5 (talk only)**

**Code: 1642**

**Sign up Deadline: Oct 4**

## Special Theater Opportunity

Shakespeare's *The Tempest* will be performed at the new Weitz Center for Creativity at Carleton College. In conjunction with this performance, the Senior Center, CVEC and the Public Library are collaborating to bring special opportunities to hear from the director, learn about this play, and see the play.

### 1) Friday, Oct 21, 9:30 am

Ed Berkeley, Carleton '66 and Guest Director of this production, will lead a discussion about the play.

**Venue: Senior Center**

No Fee; sign up with Receptionist (664-3700).

### 2) *The Tempest* performances:

Oct 27, 28, 29 at 7:30 and Oct 30 at 2pm

Call the Carleton box office, 222-4471. Leave your name, phone number and no. of tickets desired. There is no charge. You pick up the tickets at the time of the performance.

### 3) Wed, Nov 2, 9:30 am

Ruth Weiner, Carleton Theater professor, will lead a discussion about the play.

**Venue: Senior Center**

No Fee; sign up with Receptionist (664-3700)

## *Reading with 4th Graders in its 11th Year*

*By Nancy McDougall*

As the school session begins each September, so begins the planning for our Reading with 4<sup>th</sup> Graders Volunteer Program. An email to Bridgewater teacher, Dana Holden, is sent. Her reply is sent stating what time of day her class will have reading this year. Room schedules are checked and proposals returned. The emailing continues until all the i's are dotted and t's are crossed. All this happens because for the past 11 years, the Senior Center and Dana Holden have been committed to helping 4<sup>th</sup> Graders increase their ability to read aloud.

The children learn much more than reading. They meet and develop a working relationship with an adult other than their parent or

teacher. They gain an inkling of what their lives may be like as they grow older. They learn about how to be caring and why people volunteer. They even learn how to behave while walking from their school to our Center.

Our adult volunteers are reminded of how kids act in the 4<sup>th</sup> grade. They take pride in helping better the lives of our forthcoming generation of leaders. They meet other adults that care about kids.

All in all, our volunteer reading buddies, as Mrs. Holden calls our volunteers, and the children benefit. They each grow, learn and have fun! What a wonderful program we have been a part of that is helping build

our community. The program was started the fall after the Senior Center moved to its current location eleven years ago! We think it's a keeper.

If you would like to be a Reading Buddy for a 4<sup>th</sup> grader this year, call the Center 664-3700 or call Nancy 664-3703. We like it if volunteers come as often as possible but if you have a vacation planned we will gladly work around your having to miss a time or two. This year's reading will take place on the 3<sup>rd</sup> Wednesday of each month from 1:15 – 1:45 pm in room 105 at the Center.

The first date is Wednesday, October 19.

### **Pen Pal Program**

The Pen Pal program with Sibley School will start in October. To participate contact Deb Johnson-Schad, RSVP Program Coordinator at 507-643-1699 or [dschad@ccwinona.org](mailto:dschad@ccwinona.org)

## *Another Opportunity to Help Children*

Accelerate Northfield is a collaboration between community members, Northfield Public Schools and Northfield Healthy Community Initiative, Carleton College and St. Olaf College aimed at helping all Northfield's kids to be "learning superheroes". Statistics show that Northfield's low income students have trailed their peers in reading and math proficiency for the last 5 years.

Here are three ways Volunteers can help:

1. One-on-one tutoring in 30 minute segments
2. Listen to kids read aloud for 30-60 minutes 1-3 times a week
3. Help out in the classroom for a minimum of 4 weeks, to work with students not in the gap so that the teacher has more time to focus on improving the reading and math skills of those needing more atten-

tion .

To enroll, go to the website [AccelerateNorthfield.com](http://AccelerateNorthfield.com) or call 664-3524. See Nancy if you would like help enrolling because you do not have computer access. There is also a need for adults to serve as mentors and to help out with testing and assessment.



## Computer Center

See the Calendar below for a listing of all classes being offered in our Computer Center during the month of October. If you want more information about any of these classes check out the Program Guide, pg 14-17, either in the lobby or on our website. The computer page on the

website also provides complete descriptions of these classes. PLEASE NOTE: Two dates of the Microsoft Word I class were omitted from the Nov Computer Calendar. The correct dates for that 4-session class are: Nov 15, 17, 29 and Dec 1.

### OCTOBER

Monday	Tuesday	Wed	Thursday	Friday
9:30 - 11:30 3 Intro to Photoshop Elements 9	9:30 -11:30 4 Intro to Computers		9:30 -11:30 6 Intro to Computers	9:30 - 11:30 7 Intro to Photoshop Elements 9
	9:30 -11:30 11 Intro to Word Processing I		9:30 -11:30 13 Intro to Word Processing I	
	9:30 -11:30 18 Organize my Computer		9:30-11:30 20 Organize my Computer	9:30 -11:30 TECH TIME 21 Intro to Ipods and MP3's
9:30 - 11:30 24 Holiday Correspondence	9:30 -11:30 25 Word Processing II		9:30 -11:30 27 Word Processing II	9:30 - 11:30 28 Digital Cameral Grp
9:30 - 11:30 31 Intro to Photoshop Elements 9				

## Computer Shortcuts Lead to Speedier Work

Many of us learn one way of doing tasks on our computer and continue to use those methods because they have become habit or are the only way we know how to do something. Doing common tasks like copy, paste, cut, and print can be performed by using the menu bar at the top of a page (as in File—Print, or Edit—Copy) or through the use of shortcuts.

Here is a list of shortcuts for you to try next time you use your computer. These shortcuts are basically universal and will work across programs (such as Microsoft Office, Photoshop, Open Office, etc.) If you forgot these shortcuts, you will find them listed to the right of the task on the menu bar of any program.

If you use a Windows-based computer you will hold down the ctrl key and the letter listed to the right to execute the task. If you use a Mac-based computer you will hold down the apple key and the letter listed below to execute the task.



Microsoft Control Key



Apple Key

Task	Key
New Document	N
Print	P
Save	S
Cut	X
Copy	C
Paste	P
Select All	A

Clicking on the right mouse button on a Windows-based computer or holding down the ctrl key and clicking the mouse on a Mac-based computer will bring up a window-specific shortcut menu. This method of performing common tasks can really speed up your work.

## Minutes of the August 25 Board Meeting (Draft)

**Directors present:** Nancy Ashmore, Evelyn Burry, Lola Fick, Gene Finger, Gerry Gengenbach, Marvin Korman, Jean Larson, Emelda Rasmussen, Suzanne Riesman, Anna Mae Sjogren, Greg Smith, Phil Winter  
**Absent:** Tom Brawley, Bill Gruszewski, Bob Vanderhoof  
**Staff present:** Lynne Pederson  
**Others:** Rose Ann Steenhoek

The meeting was called to order by Gene Finger at 3:00 p.m. **Action:** The agenda was approved.

**Action:** Motion and second to approve the July 28 board minutes with following correction: In Membership Committee, the survey to community non-Center members targeting the 50-70 age range is being *considered* rather than developed. Carried.

**TREASURER REPORT**  
 Phil Winter reported on the July financial statement. Income to date is 64% of budget and expenses are at

59%. Percentage for this time of year should be at 58%.

### COMMITTEE REPORTS

**Finance Committee**  
 The Board would like the Finance Committee to review the auditor's report and report to the Board on the findings. The Board discussed the complexity of increasing membership dues and changing membership categories.  
**Facilities Committee**  
 Gerry Gengenbach reported. There is a pending proposal to take the entry wall out of the back lobby to make the area larger. New carpet and vinyl samples are being reviewed for the lounge, hallways and card room. The committee is discussing the issue of a lift in the pool. Fabric will be purchased for the dining room chairs and they will be recovered as the budget allows. A survey will be sent to members gathering their ideas for possible uses of

the courtyard. A split system to address the high temperatures in the fitness room is being planned.  
**Membership Committee**  
 Suzanne Riesman reported on the committee's plan for a Welcome Week Sept 19-24. Members can try a new activity for free and invite a friend.  
**Advancement Committee**  
 Emelda Rasmussen reported. Members were asked to volunteer for the Pops Concert on August 28. A Melodrama performance is planned for October 8 and October 9. Contributions to the fund drive total \$29,106. The goal of the Fund Drive is to raise \$50,000 from members. Gene Finger will host a table in the lobby with information about the sustaining donor program during Welcome Week.  
**EXECUTIVE DIRECTOR'S REPORT**  
 There was a discussion about the Center entering the Jesse James Parade.

This may be a possibility for next year. A Health Fair is being planned for November to be held at the Center.

### OLD BUSINESS

**Action:** Motion made and second that a Strategic Planning Retreat will be held in October with the intent to complete the next 3-year plan, at least in draft form. Carried.  
 There was a suggestion that each committee look at the current strategic plan prior to the retreat - see what is left to do and what might be future possibilities.

### NEW BUSINESS

The large flag displayed above the door in hallway was taken down when the hall was painted. Plans are to place it, folded, in a flag box and mounted in the Center in the near future.

The meeting was adjourned at 4:21 p.m.

## Membership News

Welcome to these people who joined the Center since mid-August: Jean Stefano, Robert Turner, David & Shirley Keltto Norman, Violet Hilsen, Nordis Estrem, Alyce Nelson, Dale & Rose Turnaclariff, Sharon Sherman-Akre, Ed Carlier, Jeanne Martin, Edward & Mary Emery, Theresa Armenta, Elizabeth Johnson, John Fredrickson, Renee Fredrickson, Mary Strom, Kenneth Roberts, Stacie LaClaire, Daniel Martin, Ronald & Barbara Swartwoudt, Francisca Nieves-Marquez, Maria Quintero

## Art Gallery News

October is blessed with two different gallery shows, featuring a total of four artists. Closing on October 9 is an

exhibit of the paintings of Char Martens and the wood carvings of Dick Zawacki.

Opening on October 10 will be an exhibit of the photographs of Beret Griffith and the stained glass works of Lucky Rimpila.



**Char Martens** started painting when her youngest child was in the 9th grade. After painting and selling 2000 light switch plates, she started painting on larger surfaces. Char loves to be creating things, from oil paintings of all sizes to greeting cards and jewelry. She says she really needs four arms for all that she would like to do, and “another spare arm, just for the housework” she would just as soon skip.



**Dick Zawacki** has been carving wood for over 25 years. His favorite woods to carve are butternut and basswood. Both woods are native to Minnesota and our state is well-known in the carving world as a quality source for both woods. Dick writes, “I have tried most types and styles of carving and find them all enjoyable. I find that the process I learn in one carving style can often be applied to another style. I take classes and participate in carving seminars around the nation to continue to learn new techniques.”



*Steel II, Wisconsin* Photograph by Beret Griffith



*28 Completed without Frame* Stained glass by Lucky Rimpila

Opening Reception for Beret Griffith and Lucky Rimpila will be Tuesday, October 18, 5 - 7pm

### Call to Artists to Exhibit

There are two opportunities coming up for artists to show their work in our Gallery.

- 1) The Senior Open, Nov 21 - Dec 24 Any artist in the area who is 50 or older is invited to submit one piece for this show. If you are interested, **let Patsy Dew know by Oct 15.**
- 2) Solo, or shared exhibits during 2012. Applications are **now being accepted for 2012 exhibits.** Please send 3 examples of your work, along with a brief statement about your work to: [patsydew@nscmn.org](mailto:patsydew@nscmn.org)



1651 Jefferson Pkwy  
Northfield, MN 55057

Phone: 507-664-3700

Fax: 507-664-3720

www.northfieldseniorcenter.org

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Exceptional Eats  
October 23  
5:00 pm



The next Exceptional Eats dining will feature locally grown grass fed beef from Thousand Hills Cattle Company, apples from Fireside Orchard, and squash from our very own garden. The evening hosts will be Kitty and Lee Runzheimer, Char and Bill Carlson, and Lynne and Charlie Pederson. Join us for a fine dining experience.

Menu

- Mulled Apple Cider with White Wine
- Apples with Pepper jelly, Curry crème cheese, Peanut butter Dips
- Baked Wellington
- Beef Tenderloin stuffed with blue cheese, carmelized onion, spinach and mushrooms
- Baked squash
- with Dijon butter, marjoram, and thyme
- Cole Slaw
- Apple-cranberry Crisp
- Coffee

Registration is limited to 18. Cost is \$20.00 per person. Please register by October 17. Code: 1692

Hold the date: Exceptional Eats Christmas Tea, December 10, 2:00 pm