



Northfield Senior Center

**active,  
connected,  
engaged**

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**BIG BAND DANCE**  
 Feb 28, 7 - 9pm  
 Tickets: \$10  
 \$5 (students)



## Hastening Spring

by Patsy Dew

During the first weeks of January, when we experienced many sub-zero days in a row, I overheard several statements like, “I’m so sick of winter, and it’s only January!!” Now that the weather has moderated a bit, I’m not hearing so many complaints. Still, it is good to plan ways to keep a positive outlook. A long time ago, pre-children in my life, I figured out that if I tried out for the winter play at the Arts Guild, the winter would pass more

quickly. This February the Center is offering many programs that will keep you engaged, and Spring will arrive before you know it!

You could learn something new...about bees and their decline at our February OWLS lunch and learn (see pg 5), and about the current Historical Society exhibit on diaries of local families (see pg 4). Check out all the photography activities this month in the Computer Center (pg 4). You could face the winter doldrums head-

on by attending a program led by Rose Kormann titled “Living Through Depression” (pg 5). You could treat yourself to dinner out with others at the Rancho Club (pg 6). Immerse yourself in drawing under the leadership of our fine artist, Kate Douglas (pg 5). Write a poem and enter the Sidewalk Poetry contest (pg 8). And to cap it off, at the end of the month, put on your dancing shoes and join us for the revival of Buddy Koopmans Orchestra (see below).

## Buddy Koopmans Orchestra Returns

We’re bringing the Big Band back! Specifically we will be featuring the revival of Buddy Koopmans Orchestra in a dance on

Saturday, February 28, 7 – 9pm. Roger Koopman of Faribault organized the band in 1948 when he was still in high school. Back then, young musicians dreamed of being part of a Big Band. He brought together up to 16 instrumentalists from the region (including Northfielder Hartley Clark, then a Carleton student), and arranged for 4-5 gigs each year.

Recently Gary Anderson, a clarinetist who started playing in Koopmans

Orchestra at the age of 13, bought the band from Roger. What do you get when you “buy a band?” Books of music, the classic Big Band fronts (see picture), and the right to use the name. Gary will bring 16 musicians together for this dance, pulling from around the region. He said that some fine musicians will come down from the Twin Cities for this event, just because they love playing this kind of music. Roger Koopman will also attend,

**Continued on Pg. 8**

## GALLERY NEWS

Kate Douglas exhibit continues through Feb 8

Feb 9 - Mar 16  
**NEAR AND FAR—NOW AND THEN**  
Photographs by Mary Ellen Frame

OPENING RECEPTION  
Feb 10  
4 - 6p

Mary Ellen Frame describes her photography in this way:

I take great joy in the visual world; all the beauty that's around us every day. I want to persuade people to pay attention to ordinary sights. It's all about being aware of what is there to be seen, whether I'm in a faraway land or my own backyard. I'm fascinated by naturally occurring textures and patterns, repetitions of lines and shapes. I'm intrigued by imagined stories or relationships that pictures allude to. A photograph can be a lot

of different things.

In photography, I want to show others what I see, the visual bits that I think are worth attention.



## Open Art Studio



Meets every Wednesday  
1 - 3pm

All artists (beginner through professional) are welcome!



Drawings created by our Beginning Drawing students on the first day of class. New class - pg 5

### HELPING SENIORS BUY AND SELL REAL ESTATE

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RUNNING!

## FARM WORK AND LIFE ABLE

As told by Richard Maus  
Written by  
Steven James Beto

My parents had one older child and farmed 105 acres of Watkins, Minnesota land at the time of my birth in 1939. At four months of age, I developed a fever that left my right lower leg paralyzed from Polio. In the course of the next fifteen years, I would have to endure sixteen trips to surgery, but in my youth, I learned to walk with a metal brace. The chores that my parents assigned gave me the confidence that I was as capable as any boy; my leg may be disabled, but I am farm work and life able.

In the early spring, mother asked me to come out and help plant the family garden. Dad tilled about a third of an acre that he had plowed and fertilized the fall before. Mother reserved one section of the garden for popcorn marking off the space by dragging a hoe to define the rows. I used a shovel to make holes in the dirt about a foot or so apart down the length of each row, drop three popcorn seeds into each hole, and step on it to cover the seeds.

A couple of weeks after planting, the popcorn would start coming up and the weeding began that lasted throughout the spring and

summer and by October, the cornstalks began to turn brown. Mom would tell me when to start picking. I pulled along a little Red Flyer wagon that had two baskets in it for corn, and parked it on the edge of the garden. I walked along the popcorn rows carrying a smaller basket with my left arm and when that was full, I emptied it into the wagon. Once loaded with corn, I pulled the Red Flyer up to the wood shed near the house. Half of the 20 x 20 shed was filled with stored wood to be burned in the furnace in winter. We had three old doors in the shed that we laid up in the rafters and spread out all of the corn on top of them to dry. I climbed up on a stool or a bench—even with the brace on I could get up there easy enough and arranged the entire crop, a couple layers thick some years, for about a month to dry.

We knew it dried enough when we were able to shell the cob by hand. You could just twist your hands on the cob to get the kernels to start coming off, but it's rough on the skin. The easiest way is to rub two cobs against each other. While you're rubbing, the kernels fall off and drop into a metal wash tub placed between your legs. The process didn't damage the kernels at all. Of course, you couldn't do this on a washing day because mom would be

using the tubs. By the time all the corn got shelled, we were able to fill a hundred pound sack that Dad carried up into the attic in the house where it was cool and dry.

During the week, we typically popped corn in the evening about two hours after dinner when we came in from doing chores, Sunday we'd do our popping in the afternoon. We kept shaking the pan to keep the kernels down, of course, and when the popping slowed to almost a halt, we would empty the pan into a bowl, add the salt and butter, and the family sat around for an hour or two talking and listening to radio programs like Fibber McGee and Molly or the Lone Ranger before going to bed.

Popping corn and spending time together is how we ended the day three or four times a week. From planting to popping, I learned how my work made a difference in my family's life and in my sense of accomplishment and self worth.

*Richard Maus went on to earn a Baccalaureate Degree in mathematics and physics and a Master's Degree in mathematics. He taught mathematics, physics, and computers for 32 years in the Pine Island and Robbinsdale Area Schools in Minnesota.*

## LITERARY ART:

### A MOMENT IN TIME

*A Moment in Time* was initiated in the September, 2013 issue of this newsletter. It was created to serve as a forum for our members' writings: short stories, memoir, poems or essays. If you have something to submit, please send it to me at [patsydew@nscmn.org](mailto:patsydew@nscmn.org), or put it in my staff mail box. If you have a great moment to tell about, and would like help writing it, give me a call, 664-3708.

- Patsy Dew

## LIFE LONG LEARNING



### DIARIES: REFLECTIONS OF THE WRITERS AND THEIR TIMES

Fri. Feb. 6  
10:00-11:00a

Jane McWilliams and Mary Ellen Frame helped to research and design the current Historical Society exhibit on diaries of four Northfield families. The two women will talk about their experiences reading these diaries, which span more than a hundred years, from 1865 to the late twentieth century. You'll learn how personal diaries give rich insight to the history of our region.

Fee: \$3

### GETTING ALONG

Thurs. Feb.26  
10:30-11:30

Debra Petersen, Executive Director of the Community Mediation Program will share strategies to eliminate conflict as well as methods to prevent it from happening.

With so much discord in our communities across the nation, come and learn how you can do your part in keeping our communities a fun, safe and interesting place to visit and live.

Free and open to the public

### CVEC PREVIEW TALKS

Richard O'Meara will give a talk on Tues, Feb. 10, 2:30-3:30, in NSC 106 with the title "Do you want an interesting trip? Try a Spiritual Journey!"

Richard Collman will give a talk on Mon, March 9, 10-11am in NSC 106, with the title "The Mysterious But Accessible Celts."

## COMPUTER CENTER CLASSES

SEE THE CALENDAR BELOW for a listing of all classes being offered in our Computer Center for the month of November. If you want more information about any of these classes check out the Fall Program Guide, pg 13-16, always available in the lobby or on our website. The computer page on the website also provides complete descriptions of these classes. Registration Deadline: Noon, Wednesday, the week before the class begins.

### FEBRUARY COMPUTER CLASSES

FEBRUARY

Monday

Tuesday

Wed

Thursday

Friday

9:30-11:30 2 Organize my Photos	9:30-11:30 3 Intro to Internet & Email	4	9:30-11:30 5 Intro to Internet & Email	9:30-11:30 6 Organize my Photos
1-4 9 Basic Photo Editing/ Printing	9:30-11:30 10 Intermed Internet & Email	1-4 11 Basic Photo Editing/Printing	9:30-11:30 12 Intermed Internet & Email	13
1-4 16 Advanced Photo Editing/ Printing	9:30-11:30 17 Microsoft Word/Win	1-4 18 Advanced Photo Editing/ Printing	9:30-11:30 19 Microsoft Word/Win	20
9:30-11:30 23 Taking Better Photos	9:30-11:30 24 Microsoft Word/Win	9:30-11:30 25 Taking Better Photos	9:30-11:30 26 Microsoft Word/Win	9:30-11:30 27 Photography Group

FEB

## Please pre-register

for all classes, programs and trips.

Sign up deadlines will be published with each, if there is one. You may register by phone (507-664-3700), on line through our website (click on Sign Ups +), or in person at The Center.

## LIFE LONG LEARNING



### NATURAL HISTORY LEARN AND LUNCH SERIES

January-April 10:30-12:30 PLEASE NOTE NEW DATES BELOW

River Bend Nature Center will be bringing their wonderful OWLS Luncheon program to the Senior Center. OWLS (Older Wiser Livelier Seniors) luncheons present a program on a natural history topic presented by a variety of people who have expertise in specific areas. The program is followed by a lunch.

**February 11:** Entomologist and beekeeper Margot Monson presenting on native pollinators and their decline

**March 11:** Beth Kallestad presenting the history of the Cannon River

**April 8:** Carrol Johnson presenting The Blue Bird Recovery Program.

The cost of each program and lunch is \$12 (\$6 for Platinum equiv\*)



### BUILDING ON YOUR DRAWING SKILLS

Thurs. Feb 19 - Mar. 26  
1:00-3:00P

Kate Douglas, whose art is currently displayed in our gallery through February 8, is offering a drawing for all levels and all interests. Students will work at a comfortable pace and have individualized instruction and assessment based on their skill level. Each of the sessions will address individual and group goals based on previous and new exercises. Students will create a final drawing that represents their work in class.

Teacher: Kate Douglas  
Cost: \$48m (Platinum equiv\*, no fee)

### LIVING THROUGH DEPRESSION

Thurs, Feb 5, 12, 19, 9:30 - 11A

Exploring causes, examining solutions

We will look at some of the issues of depression we all deal with and together share possible ways of getting through those dark times. There will be a presentation and group participation in each session. If you or someone you know is dealing with depression, come join us.



Rose Kormann

Leader: Rose Kormann  
Cost: \$27m (Plat equiv,\* no fee)

### HEALTHY COGNITIVE AGING

Feb. 20, 11A

By 2030, adults over the age of 65 will make up almost 20% of the total population of the United States and 12% of the world. Such worldwide “graying” is either a burden or an opportunity, depending on the extent to which we promote healthy and independent aging. **This talk will highlight a series of studies that show patterns of preserved cognitive function in healthy older adults as well as current research on lifestyle factors that can improve cognitive function.** Prof. Petok will also introduce her own research plans, and show how her work might ultimately contribute a first step toward fostering independent living and successful aging.

Presenter: Jessica R. Petok, PhD, St. Olaf College professor of psychology  
Fee: \$3

### PLATINUM EQUIVALENT MEMBERS

Class fees are included for Platinum members. Silver Sneakers and Silver & Fit PLUS members are considered “Platinum” members. Silver & Fit PLUS members have paid an additional \$160 annual fee to upgrade their membership to the Platinum equivalent.

## TRAVEL NEWS



### VALENTINE OUT TO DINNER RANCHERO SUPPER CLUB Thurs. Feb 12 5 - 7:30P

For the first time, we've planned an out to dinner at the RANCHERO! Come for this Valentine outing -- come with friends or bring a date. We are providing the bus (no matter the weather) to Webster; dinner is on your own. This trip is limited to 12 persons. Fill out a registration form NOW and include your payment to assure your place.

**Cost: \$26**  
**Sign up by Feb 9**

### "Carousel" Minnesota Orchestra Minneapolis, MN Thurs. March 19 9A -2P



HURRY, HURRY!!! The sign-up deadline is near! The Minnesota Orchestra will perform the Broadway Musical "Carousel" -- the first in a new yearly tradition of spotlighting a great American musical. This is a production with actors, costumes and choreography. There will be a pre-talk at 10:15 am with the concert beginning at 11:00 am.

**Coat: \$53**  
**Sign up by Feb 2**

### "VIENNA" MINNEAPOLIS INSTITUTE OF ART Tues. Apr. 21 10a - 4p

The Hapsburg Emperors of Austria commissioned and collected households of masterpieces from the 13th century to the early 19th century which is being displayed at the Minneapolis Institute of Art. This exhibition focuses on three periods of the Hapsburg dynasty including art, culture, religion, court festivities and politics as well as how they managed and grew their empire.

**Cost: \$43**  
**Sign up by Apr 6**

### "CARMEN" MINNESOTA OPERA ORDWAY THEATRE, ST. PAUL Sun. May 3 11:45A -6P

Written by George Bizet, a Frenchman, this opera is about a naive soldier, Don Jose, who is seduced by a fiery gypsy, Carmen. He abandons his childhood sweetheart and deserts his military duties for her and the plot thickening is on!!!

**Cost: \$105**  
**Sign up by April 10**

### SAVE THE DATE: SHAKESPEARE IN WINONA Great River Shakespeare Festival

This year we are planning a "Full Service" (lunch and sit down dinner) for Romeo and Juliet on July 15, The play is at 2:00 and we would have lunch in Winona at 1:00 and dinner at 5:00.

The second trip would be to attend Much Ado on Wed July 22.

### FUTURE TRIPS

Twins Game (vs NY Yankees) July 24

Great River Shakespeare Festival  
July 15 - Romeo and Juliet;  
July 22 - Much Ado

Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up deadline receive a full refund. Cancellations after that date receive a full refund **IF a replacement can be found.**

**AARP TAX COUNSELING**

AARP to offer tax counseling at the Senior Center. Trained and certified AARP Tax-Aide volunteers will prepare and electronically file individual income tax returns. This assistance is for taxpayers with low and middle incomes, with special attention to those ages 60 and older. Appointments will be taken at the Senior Center Receptionist Desk or by phone (664-3700). These services will be available February 11 thru April 14. Appointments are available Monday thru Saturday and begin at 8:30 am with the last appointment scheduled at 11:15 am. Plan to arrive 15 minutes prior to appointment to complete mandatory forms.

To complete your Federal and State tax forms, please bring:

1. Your copy of last year's Federal and State tax returns Social Security and Identification cards, **including one photo ID for taxpayer(s)** W-2 forms from employer(s) Health care coverage (W-2, SSA 1099, Form 1095, or Exemption Certification Number)
2. Unemployment compensation, if applicable All 1099 forms that show: Social Security income for 2014
3. Pension income
4. Interest or dividend income

5. Sale of stocks or mutual funds

Self employment:

1. Other miscellaneous income  
If a renter, a copy your 2014

2. Certificate of Rent Paid (CRP)

3. If a homeowner, a copy of property tax paid in 2014 AND, when received, a copy of property tax payable in 2015

Please stop by the Senior Center Receptionist's desk to pick up a list of documentation required to complete your tax return.

**AARP TAX AIDE**

**SCRIP FUNDRAISING**

**How Scrip Fundraising Works**

Scrip refers to gift certificates or gift cards. You will be able to purchase gift cards to numerous businesses and the Northfield Senior Center gets a % back. For example, you purchase a gift card to Cub for \$100. You use that gift card to buy \$100 worth of stuff at Cub and the Senior Center will receive 4% or \$4.00. Simple. There are hundreds of businesses that are in this program.

**FUNDRAISING**

Number of participants	Average monthly purchases	Total spent	Profit to the Center	
			4%	5%
50	\$200	\$120,000	\$4,800	\$6,000
100	\$200	\$240,000	\$9,600	\$12,000

It is a different way to shop. For weekly shopping you could just buy gift cards for local businesses such as Cub, Kwik Trip, or Just Foods. We will have these cards on hand so that you can buy them anytime. Other cards can be ordered to use for other purchases such as holidays or gifts you could purchase gift cards for other stores such as Macy's, Cabela's, Pottery Barn, etc. There is a list with all of the participating merchants that will be provided to you. Watch for this fundraising program to start in March.

## KOOPMAN'S ORCHESTRA EVENT

Continued from pg. 1  
excited to see the revival of his beloved creation.

In reminiscing about the years he played in Buddy Koopmans Orchestra, Gary recounted that about twenty years ago, shortly after Garrison Keillor appeared on the cover of Time magazine, the band was playing at the Northfield Ballroom. One

of the people in attendance, Scott Rivard, was at that time the sound man for Prairie Home Companion. He told Keillor about this band, and Keillor then called Roger to ask if the band would make an appearance on Prairie Home. Roger declined, since it would be a lot of work to get all those musicians there, and he had never heard of

Garrison Keillor.

Perhaps you've noticed that Swing and Ballroom dancing are popular again. Anderson plays once a month in the Wabasha Caves in the Twin Cities, and says the place is packed every time. We're hoping that you, too, will enjoy this revival.

## VOLUNTEER OPPORTUNITIES

### VOLUNTEER OPPS WEEK February 9 - 13

Did you know that The Center has over 400 volunteers contributing significantly to the operation of this organization and serving Northfield outside the walls of The Center? that *you* will benefit if you volunteer your time? that there are over 20 different volunteer programs here?

During the second week of February we will have a special booth in the lobby with information and experienced volunteers to let you know what Volunteer OPPORTUNITIES ("Opps") are available, and how you can get involved if you're interested. I guarantee, we have something for everyone.

- Patsy Dew 664-3708

## COMMUNITY OPPORTUNITIES

### NORTHFIELD ARTS AND CULTURE COMMISSION ANNOUNCES 2015 SIDEWALK POETRY COMPETITION

The Sidewalk Poetry Competition is open to anyone residing in the Northfield School District. Each poet may submit two poems for consideration. Complete contest guidelines can be found on the Arts and Culture Commission page of the City website. Among winners every year are poets young and old – some of them first-time poets and others with published works.

Poems may be submitted through 5 pm on February 28<sup>th</sup> at the Northfield Library's Circulation Desk.

Winning poems will be pressed into the concrete of new or replaced sidewalks in town.

This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.



## UNDER THE HOOD: A VIEW FROM THE BOARD OF DIRECTORS

Fitness Forward  
By Gerry Gengenbach

When the Northfield Senior Center opened in October, 2000, the Fitness Room was one of the most popular locations in the Center. For budget reasons the fitness equipment was purchased in three phases from 2000 to 2004.

As part of the lease contracts with the City of Northfield a reserve fund was set up for capital replacement expenses in the Wellness Center. This reserve was funded equally by the City and the Seniors. From this reserve some of the original fitness equipment was replaced piece-by-piece as needed. Treadmills and ellipticals have a shorter life span than strength pieces. The Seniors have purchased additional pieces of fitness equipment from their own funds to better serve our members. Because all of our fitness equipment receives regular cleaning and maintenance it has outlasted the normal life expectancy.

Currently we still have 13 of the original pieces of equipment: 2 Precor EFX Ellipticals, 2 Precor 846 Bikes, 9 Paramount and Life Fitness Strength machines. All of these need some repairs, some of it minor like vinyl replacement on seats and pads, and some of

it very major, like motors, belts, bearings, drive trains and electronic boards. Some parts are no longer available so that several machines cannot be repaired.

The Senior Center Board of Directors believes the time has come to update and upgrade our Fitness Room. For the past several months the board, staff and facilities committee have studied new research in senior fitness. We have consulted with the colleges and local rehabilitation experts. We believe some of our current equipment is based on out-of-date science as well as being in need of repair. We have received bids from Push-Pedal-Pull Commercial and 2nd Wind Commercial for new or refurbished equipment. We plan to keep several of our newest pieces but will trade-in all of our original pieces. We will replace the original carpeting that is almost 15 years old.

Rather than a piece-by-piece replacement, we believe that a complete renewal of the Fitness Room at this time is critical. We are requesting that the City make the Wellness Reserve Fund available for this work. We estimate the total cost will be \$80,000.

Here's how we will pay for the update of the fitness room and equipment:

We plan a CAPITOL FUND

## DRIVE FOR FITNESS Forward! \$50,000 in the next 5 months!

Here's how we will reach the \$50,000 goal:

1 gift of \$15,000 (already given!)

1 gift of \$10,000

1 gift of \$ 5,000

5 gifts of \$1,000

5 gifts of \$ 500

10 gifts of \$ 250

25 gifts of \$ 200

50 gifts of \$100

## Your donation to the Fund for Fitness will help finish the job! \$50,000 in 5 months!

Money magazine recently named Northfield the "best place for a well-rounded retirement" in the United States! Part of the credit for that honor was given to The Northfield Senior Center! We know that 85% of the use of the Senior Center is for wellness - exercise in all its many forms. We know that "exercise keeps us young" and certainly keeps us healthier and smarter! The proposed renewal of our fitness room and fitness equipment is necessary for us to meet the growing fitness needs of a growing Northfield senior population.

## UNDER THE HOOD



## Thank you to these December Donors

Patricia & John Day, Fred & Ruth Gonnerman, Jackie Henry & Robert Hickcox, Donna May, Don & Bonnie Pavek, Steven & Karen Alger, Beth Endert, Karl Fredrickson & Renate Kurth, Gordon & Marilyn Kelley, Beverly Lundeen, Dennis & Joy Otten, Bert & Bernie Reese, Gary & Ruthe Sherman, Paul Tarabek, Julie Borene, Jean Brandt, Dale and Linda Ness, Norris & Joyce Stephenson, James & Kristine Schmitz, Tom & Mickey Brodin, Ken & Reggie Fineran, Janet Gilbertson, Kathleen Rice & Greg Loek, David & Joey Appleyard, Solveig Bailey, Phil & Marlene Bauman, Warren & Karen Broughton, Mary Brown, William & Charlotte Carlson, Tom DeWolfe & Eileen Cooper, Larry & JoAnn Edwardsen, Chris Ellison, Gerry & Carol Gengenbach, Marie Gery, Bonnie Gretz, Gary & Andrea Iseminger, Carol Johnson, Georgene Johnson, Jackie Johnson, Marv & Rose Kormann, Katheryn Margolis, Harriet Menard, Mary Olander, Elizabeth Olson, Raymond & Mary Ozmun, Charles & Lynne Pederson, Ken & Roberta Persons, Gordon & Emelda Rasmussen, Richard Roth, Barbara Sawyer, Bardwell & Charlotte Smith, Thomas Sorenson, Margaret Stary, Ted & Marge Vessey, Linda Wagenbach, Dennis & Barb Altstaetter, Nancy Ashmore, Judith Dirks, Diane Felicetta, John Forsythe, Lana Hammer, Richard Jackson, Janet Mathews, Claire Pfau, Kenneth Praver, Barb Reindal, Arland & Mary Schwake, Paul & Joanne Stohl, Dorothy Swanson, Jill Trescott, James Haas & Kathy Bjerke, David & Jennifer Eaton, Ross & Sandra Griffin, Larry Jones, Norma Monroe, Laurel Pankow, Gordon & Emelda Rasmussen, Sheila Roehrick, Judy Broske, Lin McLaughlin & Bob Bruce, Winnie Drentlaw, Gene & Margaret Enders, Malcolm & Jacquelyn Gimse, Doug & Sue Ims, Northfield Retirement Center, Elizabeth Williams, Bradley & Barbara Anderson, Orrin DeLong, David & Donna Knudtson, Patricia Kangas, Richard & Raymonde Noer, Hanard Lien, John Munnings, Daryl Stokesbary, Pam Williams, Henry & Miriam Witman, William Johnson & Jennifer Cox Johnson, Bob & Pat Hohertz, Sue Norsted, Clare Roos, Tom Willis & Judy Saye-Willis, Leo & Colleen Skluzacek, Bernard Borene, Bill & Nancy Child, Cleve Crowningshield, Marie Enfield, Glenda Holz, Marsha Kitchel, Lee & Kitty Runzheimer, Chuck & Edie Thomas, Eve Webster, Richard Balke, Arliss Boyum, Helen Gangsei, June Hiza, Dennis & Beth Berry, Clayton & Linda Bliese, Richard & Joanne Dahlin, Paul Noah & Beret Griffith, David Roth, Emily Schmitz, John & Brenda Sielaff, Ron Curren, Terry & Norma Gilbertson, Maxine Halverson, Richard T Johnson, Neidra Krebs, Anne Mayer, Willard Nauman, Judith Pinc, Myrtle Ringlien, Pam Roberts, Elsie Sirek, Richard Falck, Arlene Kluver, Helen Larson, Thomas & Helen Rockey, Virgil Witte, Bruce & Jane Albers, Robert & Janie Anderson, Jeanette Gilbertson, Jerry & Liz Hankins, Dick & JoAnn Kleber, Anne Schulz, Dan & Erika Tallman, Mary L Williams

**WE DID IT! WE  
SURPASSED THE  
2014 ANNUAL  
FUND GOAL.  
THE TOTAL:  
\$65,156.**

**THANK YOU!**

### NSC STAFF DIRECTORY

**Director / 664-3701**  
Lynne Pederson

**Assistant  
Director / 664-3708**  
Patsy Dew

**Bookkeeper / 664-3705**  
Kathy Bjerke

**Membership  
Coordinator / 664-3704**  
Jackie Johnson

**Fitness  
Manager / 664-3702**  
Craig Swenson

**Program  
Coordinator / 664-3707**  
Chris Ellison

**Administrative  
Coordinator / 664-3703**  
Michelle Remold

**Used A Bit  
Shoppe / 645-1399**  
Kristi Casson

**Dining Site & Popcorn  
Wagon Mgr / 664-3735**  
Gail Noren

**Evening/Weekend  
Receptionists / 664-3700**  
Janice Kasa, Barb  
Henwood, Ruth  
Johnson-Wirth,  
Pat Sunquist, Beth  
Endert

## Welcome to these new members

Kathy Phillips, Orlin L Mandsager, Orlin & VaLoris Mandsager, Janis Ozmun, Sharol Nau, Cindy Kreis, Craig Redalen, Karl & Dao Hella, Ben Rumsey, Chris Valek CJ's Cottage, Dominique P Bly, Alice & Jim Carver, Lucy Kessler, Dan Wildes, Carolyn Olson, Jessy E Cole, John H Hagen, Gary Stansell, Brenda Harstad, Mary Kay Forland, Don & Clare Roos, Joann Folcik, MaryAnn Solomon, Deerek & Carolyn Melby, Malcolm Serfontein, Barbara Alice Carver, Tom J Harrington, Charles Mechura

FYI to all members who have memberships paid for by an insurance company. We need verification of insurance at the beginning of EACH YEAR.



## PROFESSIONAL DRIVE DENTAL GROUP

New Patients Welcome

Jerome Appeldoorn, DDS

Becky Johnson, DDS

John Noack, DDS

Brian Kraby, DDS

507-645-5264



*Three Links*  
HERE FOR YOU



Three Links, 815 Forest Ave., Northfield, MN 55057 • [www.threelinks.org](http://www.threelinks.org)

*Creating peace of mind for those we serve*

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- Transitional Care
- Memory Care
- Home Care
- Home Companion
- End of Life Care
- Adult Day Services
- Independent Living

**Call to arrange a tour!**  
**507.664.8800**



Visit us on Facebook!



One way to support the Center

SHOP AT THE

**Used a Bit Shoppe!**

624 Water St. S

( In the River Park Mall )

Open Mon - Sat, 10am - 5pm,

Thurs, 10am - 7pm





# Northfield Senior Center

1651 Jefferson Parkway  
Northfield, MN 55057

<http://www.northfieldseniorcenter.org/>



This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

Non-Profit Org.  
U.S. Postage Paid  
Permit 31  
Northfield, MN  
55057

**INDEPENDENT SENIOR LIVING**  
**THREE LINKS & PARK RIDGE APARTMENTS**  
 carefree | affordable | senior living

Call to arrange a tour today!

Call **(507) 664-8850** Visit [www.threelinks.org](http://www.threelinks.org)

FRONT DESK: 507-664-3700

### CENTER AND FITNESS CENTER HOURS

Monday-Thursday: 6 am-8 pm  
Friday & Saturday: 6am-6 pm  
Sunday: 9 am-8 pm

### POOL HOURS

Monday-Thursday: 6 am-8 pm  
Friday & Saturday: 6am-6 pm  
Sunday: 5:30pm-8 pm

### USED A BIT SHOPPE 507-645-1399

624 Water St. / River Mall  
Monday-Saturday: 10 am-5 pm  
Thursdays: 10 am-7 pm

Northfield Senior Center presents:

# Big Band Dance

FEATURING A REVIVAL OF  
The Buddy Koopmans Orchestra



**Saturday, February 28 • 7-9pm**  
**7:00-9:00pm**

At the Northfield Senior Center, 1651 Jefferson Pkwy, Northfield

An event for all ages  
Great music for dancing and listening



Northfield Senior Center  
Active, Connected, Engaged

\$10 Adults, \$5 Students at:  
[northfieldseniorcenter.org](http://northfieldseniorcenter.org),  
the Sr Center or at the door.