



Northfield Senior Center

**active,  
connected,  
engaged**

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# Center News

FOR ACTIVE OLDER ADULTS



## STEP AHEAD BY GERRY GENGENBACH

We had a great turnout at the Senior Center for the 4<sup>th</sup> of July picnic on the patio this year. About 130 hungry folks lined up for great food, lively music, warm sunshine and engaging conversations. Thank you to those who planned, prepared, decorated, set-up, cooked, served, and cleaned up! It was a fun 4<sup>th</sup> of July – except for one problem. It wasn't on the 4<sup>th</sup>, it was on the 3<sup>rd</sup> of July! WHY? Why did we celebrate the 4<sup>th</sup> of July on the 3<sup>rd</sup> of July?

The simple answer is that the Senior Center was closed on the 4<sup>th</sup>, a national holiday. So we celebrated a day early. But maybe there is more to it. Could there be a deeper reason?

I think we celebrated the 4<sup>th</sup> on the 3<sup>rd</sup> because **THE NORTHFIELD SENIOR CENTER IS A STEP AHEAD!** Compared to most other senior centers the NSC is **OUT IN FRONT AND A STEP AHEAD!**

From the beginning the planners of this amazing Center were A STEP AHEAD of what others were thinking. They insisted that the new center must include the Wellness Center with a warm water pool and a fitness room! They were A STEP AHEAD of most senior centers. That's our tradition.

Our Senior Center is A STEP AHEAD in another way. We have a philosophy of SELF-RULE. We are not part of city government, school district or another agency. We elect our volunteer Board of Directors from our membership. We expect them to be responsible to our own mission and purpose. It means our board and committees work hard to serve our members. This is SELF-RULE and it is A STEP AHEAD of how most others senior centers do it. Finally, we are A STEP AHEAD by being SELF-SUPPORTING! We pay our membership fees and our program fees. We vol-

unteer at the Used-A-Bit Shoppe and the Popcorn Wagon. We receive grants from the endowment fund, the United Way, and a few other outside sources for specific projects. And every year we STEP UP and STEP OUT with THE ANNUAL FUND DRIVE to fill the final 10% gap between regular income and expenses. Our goal for 2015 is to raise \$70,000 by the end of the year. Help us stay A STEP AHEAD with your contribution. You received the letter and envelope, or you can pick one up at the reception desk. Return it as soon as possible. Thank you for your STEP AHEAD contribution!



P.S. And think about making this year the year you become a SUSTAINING MEMBER in support of the Senior Center. You make a monthly gift and have it automatically charged to your credit card or transferred from your bank account. It's very simple and convenient. And it keeps you A STEP AHEAD!!! Thanks.

## GALLERY NEWS

### TWO PAINTERS: BILL STROMAYER AND MARY BOYLEN

August 10 - Sept 20

Opening Reception: Tues, Aug 18, 5 - 7pm

Our next gallery exhibit will feature the paintings of two now-local artists. Mary Boylen has long had an interest in a variety of creative endeavors, but only honed in on watercolor painting about ten years ago, when she took a class in it from Marilyn Keating. Mary compliments Keating for teaching her to turn every “oops” into something worthwhile. Her passion for watercolor painting, especially of flowers, had been ignited.



Before moving to Northfield Bill Stromayer lived and worked in Chicago as a commercial artist. He worked at Kling Studio, whose clients included General Electric, Dobs Hats, Hart Shafner Marx and Morton Salt. At this studio, Bill was a co-developer of the Morton Salt girl. Bill has been painting equestrian subjects since the 1980's.

## OPPORTUNITIES TO HELP IN THE COMMUNITY



Meals on Wheels – the Senior Center provides volunteers to deliver meals during the last week in August every year. Can you help on any of the days August 23 – August 29, from 12 noon to 1pm? A brief commitment, that will bring you joy in meeting interesting people and helping others. For more info, or to volunteer, contact Patsy Dew, 664-3708, [patsydew@nscmn.org](mailto:patsydew@nscmn.org).



Popcorn Wagon - Think of what fun you could have on a summer's day selling popcorn on Bridge Square. You could pick one of our usual shifts (just 3 hours long, any weekday), or help out for one of the Big Events going on downtown such as the mini-Vintage Band festival on August 1 or the Defeat of Jesse James Days in September. If you would like to find out more about being a popcorn wagon volunteer please contact Gail Noren at 664-3735 or [gailnoren@nscmn.org](mailto:gailnoren@nscmn.org)

## VOLUNTEERS

## THE GLOVE

By: Bud Gustafson

The glove is really nothing special to look at. Originally brown in color but now about half gray in the areas of most frequent contact with the ball. I notice it's still fairly dark in the pocket, but that doesn't mean I seldom caught anything. It's just that it's a baseball glove I used primarily for softball, and a softball was too large to nestle in. I confess, I can only guess the glove's age, but I think it was probably purchased in the early forties, so it's highly possible it's observing a golden anniversary this year. I most likely ordered it from a Sears or Monkey Ward catalog which was my usual shopping method in those days. Cost was most likely in the five dollar area as I can't imagine myself paying more than that for what was definitely a luxury item. Whenever there was a choice I tended to go for the cheaper model, a habit I embrace till this day. Even so the glove has some impressive inscriptions such as "Professional Model" on the inner side of the thumb, "League Champion" on the little finger, and "Top Grain Cowhide" at the base of the palm. Of course, I inscribed my name in ink on the back strap and more recently my older son added his name on the back of the webbing, so I suppose it qualifies as a family heirloom

now. I should maybe leave instructions in my will so there isn't a family squabble over it when I go to that big ballpark on high (I am not referring to Denver).

I've been a lifetime sports fan so when I was a young lad in country school I looked forward to the possibility of playing team sports in high school. But as luck would have it, my high school years coincided with World War II, and when I asked my dad if I could go out for sports, he said if it was exercise I craved, plenty would be provided at home on the farm. Also, at that time, both gasoline and tires were being rationed as they were needed for the war effort and travel to practice and games would not be considered an essential use. Plus, to be completely honest, I knew my help was needed with the farm work so I never really made an issue of my disappointment. It may sound a little corny now, but I know at the time I considered helping supply food for our country the most patriotic thing I could do.

In the early fifties, a recreational softball league was formed in Cannon Falls, and teams were organized from the city and surrounding area. The games were played at night and scheduled so that farmers were able to participate after chores, so my brother and I signed up.

There were usually about eight teams in the league, maybe a couple from Cannon itself and the others from outlying communities. It was strictly for fun; there were no tryouts, anyone who wanted to play could, regardless of ability or lack of it. The first team we played for was mostly a collection of young fellows from the Randolph area. I started out playing in the outfield, but a few games into the season our manager was having trouble finding anyone who could pitch the ball over the plate.

Finally, in what must have been a move born of desperation, I was asked to give it a try. Believe it or not my control was very good. I was able to consistently put the ball right over the heart of the old platter so to speak. At first my teammates were elated. No more enduring the frustration of standing around watching as run after run was walked around the bases. But it wasn't long before elation turned into exhaustion. Did I say my team was elated? Well, the opposing batters were ecstatic. The ball was over the plate alright, but with absolutely nothing on it. Bats were swinging and balls were rapidly leaving the area. As for me, I thought it was great. Players, who moments before were bored, listless, and getting chilled in the

Continued on pg. 7

## LITERARY ART:

### A MOMENT IN TIME

*A Moment in Time* was initiated in the September, 2013 issue of this newsletter. It was created to serve as a forum for our members' writings: short stories, memoir, poems or essays. If you have something to submit, please send it to me at [patsydew@nscmn.org](mailto:patsydew@nscmn.org), or put it in my staff mail box. If you have a great moment to tell about, and would like help writing it, give me a call, 664-3708.

- Patsy Dew





## CLASSES AND TALKS

**Please pre-register** for all classes, programs and trips.

Sign up deadlines will be published with each, if there is one. You may register by phone (507-664-3700), on line through our website (click on Sign Ups +), or in person at The Center.

### THE MAGIC OF MAKING MUSIC - PLAYSHOP

Tues, Aug 18  
10-11:30a

Discover the magic of making music and learn why it is like a Superfood for your Brain. In this interactive "Playshop" you will explore mind strengthening and memory enhancing exercises by reading, listening to, and playing rhythms and familiar melodies. A background or knowledge of music or music reading is not required. Wendy Russell, a Nationally Certified Teacher of Music through the Music Teachers National Association, is a local teacher who has developed and taught music and piano classes and lessons to students of all ages and abilities.

Teacher: Wendy Russell  
Cost: \$9m/\$12nm  
(Plat. equiv, no fee)

### RECREATIONAL MUSIC MAKING FOR ADULT BEGINNERS

Tues. Sept. 15 - Oct 13  
10-11a

Group piano lessons for adult beginners. You're never too old to learn and enjoy playing music. Enjoy effective brain exercises while learning to read music and play piano.

Teacher: Wendy Russell  
Cost: \$30m/\$40nm



### OWLS LEARN AND LUNCH: WHAT LURKS BELOW? - POND LIFE

Wed, Aug. 12  
10:30-11:30a

Amber Brossard will present a program on the many different kinds of mysterious creatures that hide beneath the surface of ponds. OWLS (Older Wiser Livelier Seniors) programs feature an expert presenting on a topic dealing with the nature and environment of this area. Lunch following the program will be on your own in the Sunshine Café and is not included in the price.

Cost: \$6

### SALAD IN A JAR Tues. Aug. 18 2-3p

Here is a simple way to make a week's worth of delicious and healthy lunches that take advantage of fresh local summer produce. Learn the trick to layering fresh fruits and/or vegetables, protein and dressing into mason jars that require just a shake and a fork to eat. These salads keep for several days in the refrigerator. Get a packet of recipes and have the opportunity to make your own salad in a jar. Class limited to 10 people so please preregister.

Cost for supplies: \$6



### DRAWING AND COLOR

Thursdays, 1-3p  
Aug 20 - Sept 10  
(4 sessions)

This class is a great follow-up to previous drawing classes, but would also be fun for people who have done some drawing (any level) and want to move into enhancing drawings by adding color through varied media and techniques. We will start with line drawings, and then enhance the drawings with permanent ink, watercolor and watercolor pencils. Materials list available on our website or at the Front Desk.

Teacher: Kate Douglas  
Cost: \$48m/\$62nm  
(Plat equiv, no fee)

### ALMUT FURCERT TRUE ENCOUNTERS: MARTIN BUBER'S "I AND THOU"

Wed. Sep 23 7-8:30p

A collaborative talk between the Senior Center and CVEC. The Talk will be held at the Senior Center in room 106.

#### \*PLATINUM EQUIVALENT MEMBERS

Class fees are included for Platinum members. Silver Sneakers and Silver & Fit PLUS members are considered "Platinum" members. Silver & Fit PLUS members have paid an additional \$160 annual fee to upgrade their membership to the Platinum equivalent.

**ORGANIZE MY WINDOWS  
COMPUTER**

Tu/Th Aug 4/6  
9:30-11:30a

OR

**ORGANIZE MY MAC  
COMPUTER**

M/W Aug 3/5  
9:30-11:30a

This course will explain how to use a Microsoft Windows/Mac OS X operating system to attain this goal. The course will cover the following basic computer organization, how to view stored content, USB flash drives, creation of folders, shortcuts, and backup strategies. The course uses the Windows 8/Mac X operating system, but the content will be useful for people using Windows 7/Mac X or other Windows/Mac operating systems. Students must bring a USB flash drive (thumb drive). (2 Sessions)  
Prerequisite: Word Processing Basics or equivalent

**1/2 Price  
Cost: \$10 m/\$12.50 nm**

**INTERMEDIATE IPAD/  
IPHONE**

Mon. Aug 10  
9:30-11:30a

This class will move us beyond the basics into productivity suites [iWork], iCloud syncing, APPs for travel and specialized projects, health APPs, photo editing/taking, etc. It will be a time to explore the multiple uses the iPad/iPhone can have to make our lives more productive [and even more fun!]. We will primarily work with the iPad, but generally most APPs will work the same on both devices. Please bring your own iPad or iPhone with you to class. (1 Session)

**1/2 price Cost:  
\$10 m; \$12.50nm**

**INTRO TO THE  
INTERNET AND EMAIL**

Tu/Th Aug 11/13  
9:30-11:30a

The course deals with the following: searching the internet, sending and receiving email, sending and opening email attachments, using Contacts (Address Book), and security. The course will use Mozilla Firefox and Google's Gmail. Students

can choose to work on a computer set to be a Macintosh machine or a Windows 8 machine.

(2 Sessions)  
Prerequisite: Organize My Computer or equivalent

**1/2 price Cost:  
\$10 m; \$12.50nm**

**INTERMEDIATE  
INTERNET& EMAIL**

Tu/Th Aug 18/20;  
9:30-11:30a

The course will discuss these topics: tabs, bookmarks, and searching strategies. Email topics covered will include creating and using group addresses and attachments. Cutting, copying, pasting, and printing techniques will be shown for both email and web browsing. The course will use Mozilla Firefox and Google Gmail. Students can choose to work on a computer set to behave like a Macintosh OS X computer or a computer set to behave like a Windows 8 computer. (2 Sessions)

Prerequisite: Intro to the Internet and Email or equivalent

**1/2 price Cost:  
\$10 m; \$12.50nm**

**CLASSES AND  
TALKS**

**COMPUTER CLASS-  
REGISTRATION  
DEADLINE:**

Noon, Wednesday, the week before the class begins.

The early deadline is needed to allow adequate course

**Welcome to these new members**

William Salzman, Loretta Boyum, Patricia Gangloff, Susan Redalen, Judy Sanchez, Stanley Finkelson, G. Thomas Buettell, Robert & Sandra Nyvall, Candace Wilkinson, Michael & Judy Cunningham, Jacquelin Dunn, Kay Brittingham, Kim Fuhrmann, Bob & Michele Thompson

**NEW MEMBERS**

## TRAVEL NEWS

Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up deadline receive a full refund. Cancellations after that date receive a full refund **IF a replacement can be found.**

### FUTURE TRIPS!

Holiday Lunch at the King's Room, St Olaf College  
TBA Nov/Dec



### OVERNIGHT IN DULUTH

Fri/Sat, Dec 11&12  
Time: TBA

Get in a holiday spirit with a fun-filled overnight trip to Duluth. The trip will include:

Grant House at Rush City for coffee and a tour of this historic inn; Lunch at Tycoons in Duluth with members of the ballet troupe and tour of the Old City Jail (lunch on your own); Overnight stay at Barker's Island Inn; box dinner and walking tour of the Bentleyville Christmas Lights; The Manhattan Nutcracker presented by the Minnesota Ballet; Breakfast at Barkers Island Inn; Christmas Tea and tour of Fairlawn Mansion Museum; A stop for coffee and a snack (on your own) at Everyday Joe Coffee in North Branch

The TOTAL COST of this trip (4 meals, transportation, tours and tickets and lodging) depends on the number of people sharing a room. Each room has two queen size beds.

- 1 person/room \$280
- 2 people/room \$224 for each person
- 3 people/room \$ 209.50 for each person
- 4 people/room \$202 for each person

**Cost: \$202 - \$280**

**Sign up deadline:  
Aug. 17**



### NATIONAL FARMER'S BANK AND STATE SCHOOL ORPHANAGE MUSEUM OWATONNA, MINNESOTA Thurs, Sept 24 9:30A - 4:30P

Steele County has two national historical sites in Owatonna: the bank, designed by Louis Sullivan, and Minnesota's only state-run orphanage. National Farmer's Bank is one of the premier pieces of "Prairie School Architecture" in America. Guided tours will be offered at both buildings which are listed on the National Register of Historic Places. We can make a short stop to visit Costas Candies before we continue for lunch at The Kernel Restaurant. Lunch will be on your own.

**Cost: \$39**

**Sign up deadline:  
Sept. 18**



### CEMETERY STORIES NORTHFIELD HISTORY SOCIETY

Sat. Oct. 10  
5:00-7:00P

Mark your calendar so you remember to join us for this annual event sponsored by the Northfield Historical Society which takes place this year at Oaklawn Cemetery. We'll see and hear lively ghost characters tell us about their importance and impact to Northfield. We'll take a school bus from the Senior Center and return for a special program as well as coffee and cookies.

**Cost: \$10**

**Sign up deadline:  
Sept. 30**

### "GLENSHEEN" MINNESOTA HISTORY THEATRE, ST PAUL

Thurs. Oct. 15  
8:45A- 3:00P

This production is about a murder which occurred at the great Glensheen Mansion on Lake Superior in Duluth! The story is most intriguing, the nature of the investigation is complex and the suspects exhibit some rather bizarre behavior. Glensheen is a musical mystery thriller with a satirical edge. After the show we'll have lunch at the Granite City Brewery in Eagan. Lunch is on your own.

**Cost: \$51**

**Sign up deadline:  
Sept. 9**

## A MOMENT IN TIME, CONT

Continued from pg. 3  
cool night air, were now running, leaping and diving in aerobic attempts to knock down line drives, catch up with towering flies, and trying to cut off hot grounders. Everyone was getting in on the action, very few pitches were actually getting through to my catcher, but occasionally he would get involved in a close play at the plate. Truth be told, not too many balls had a low enough trajectory to be flagged down by the infielders, but they

got their share of exercise helping relay throws from the outfield. The outfielders were by now playing somewhere just beyond the lighted area. Nevertheless, you may be surprised to learn, we actually won our share of games. Most of the other pitchers were not that great either, and we had some guys on our team that could give that old apple a ride too.

Nowadays, I get a kick out of watching ball-

games on television when the manager will yank the pitcher out for giving up a run or two. It takes me back to a game in the good old Cannon softball league when our team won a seven-inning game by the score of twenty-seven to twenty-six and both pitchers went the distance. Possibly you've been at a ballgame when an abusive fan hollers at the opposing pitcher, "Throw it and duck, you bum!" It may sound like an insult to you, but for me those many years ago, it was the secret to my survival.

From Antonia Glen, this poem:

### writing

A moment flutters down to a page  
colorful feelings outlined in words  
sharing their dance with me  
over and over we dance  
until my steps change  
I twirl away  
etching the moment in stone  
only to spot  
the next moment fluttering down to a page

### AUGUST MOVIES

- August 3: God's Pocket** (2014): Philip Seymour Hoffman, Christina Hendricks, and John Turturro
- August 10: If I Stay** (2014): Chloe Grace Moretz and Jamie Blackley
- August 17: Foxcatcher** (2014): Steve Carell, Channing Tatum, and Mark Ruffalo
- August 24: The Face of Love** (2013:) Annette Bening and Ed Harris
- August 31: Still Mine** (2012): James Cromwell and Genevieve Bujold

### BOOK CLUB

2nd Friday of every month at 10:30AM

**August 14: RUNNING THE RIFT**  
by: Naomi Benaron

All are welcome

### GROUP ACTIVITIES

# Minutes of the June 25 Board Meeting

## BOARD OF DIRECTORS

**Directors present:** Nancy Ashmore, Bernard Borene, Gerry Gengenbach, Bill Gruszewski, Elizabeth Olson, Duane Everson, Greg Smith, Jerry Gehler, Dan VanTassel, Phil Winter, Tom Brawley, Beth Endert  
**Absent:** Bob Craig, Marvin Kormann, Richard Jackson, Michelle Remold  
**Staff present:** Lynne Pederson, Patsy Dew, Jackie Johnson

### CALL TO ORDER

The meeting was called to order by Gerry Gengenbach at 3:10pm

**Action:** The agenda was approved as well as the minutes from the May 28<sup>th</sup> Board Meeting.

### REPORTS

#### Review and approval of Financial Reports

Bill Gruszewski presented the Financial Reports. The treasurer's report showed that the center is in good financial shape.

#### Finance Committee

Bill Gruszewski presented. The committee discussed switching the staff's 401k plans to an IRA, given some new fee increases. The suggestion was made that the

options be looked into. The paperwork for the audit is being started. A new company is being used this year, so there are more documents they are requesting.

#### Facilities Committee

Gerry Gengenbach reported. Staff computers have been replaced with new ones. The committee is looking at various ways to utilize the backyard. There are more fans being added the Fitness Room, though the number of fans needed and where they will be placed is still being determined. Blue Water has been working on the exhaust fans over the pool and any roof repairs that are needed will be made. The stained ceiling tiles in the Fitness Room have been replaced.

#### Membership Committee

Nancy Ashmore reported. The Center is on this year's Northfield Garden Tour, which means that about 150 people will enter the building July 11-12 to view the garden. Betsy Spethmann has delivered a branding, marketing, and communications strategy accompanied by a set of action plan options for the Center. Signs from the DJJD float have been put up in the Used A Bit Shoppe to reinforce the connection with the center.

#### Advancement Committee

Beth Endert reported. The Annual Fund Drive kick-off will be July 3 at the "4th on the 3rd" picnic. The picnic will start at 12:00 and entertainment at 1:00. A donor and volunteer recognition/appreciation event will be planned for September 18, 5:00 to 7:00pm. The date has since been set for Sept. 25.

#### Executive Director Report

Lynne Pederson reported. There was a discussion about changing the employee benefit plan. There was a motion made by Tom Brawley to replace the existing 401k plan – rolling it over into a new plan, giving Lynne and the Executive Committee power to implement the change. Elizabeth Olson seconded the motion. Motion passed.

### OLD BUSINESS

#### Staff Computer Upgrade

The computer upgrade cost \$4,600. The upgrade is complete.

#### Marketing Plan

The marketing plans are progressing with our consultant's leadership.

#### "Celebrate Northfield"

Discussion about the possibility of having a one day event to call attention to a recent promotional news

article on Northfield's special assets as a great place to live. A committee will pursue more details regarding this possible event.

#### July 4<sup>th</sup> on the 3<sup>rd</sup> Picnic

The picnic will be the kick-off for the Fund Drive, which will run July-December.

#### Future Issues

Discussed the possibility to receive grants for special projects such as new doors for the bathrooms, Fitness Room, Locker Rooms, and Pool doors.

### NEW BUSINESS

#### Volunteer/Donor Appreciation

The Donor/Volunteer Appreciation event will be on Sept. 18 from 5-7pm.

#### Northfield Garden Tour

The Northfield Garden Tour will be on July 11&12 from 10a-4p. The Senior Center Patio will be included.

#### Patio

The patio is still being worked on and is a work in progress.

### ADJOURNMENT

The meeting adjourned at 4:50pm.



The Sunshine Café is open 11-1, Monday through Friday. If you haven't tried it, please check us out. We have a full meal of the day as well as soups, sandwich and salad bar options. People often ask if you have to be an NSC member to come and the answer is we are open to all. We are able to offer the full meal at a discounted price if you are over 60 and complete our registration.

Once a month we celebrate birthday in the cafe. Again this is open to all and diners that have a birthday during the current month will be honored and given a small gift. In August our birthday celebration is on Wednesday, 8-26. That day we will have "Marion's Concertina" playing for us beginning at 10:45-11:30.

## SUNSHINE CAFE EVENTS



## NEWS

### WEEKLY UPDATES

Did you know that we send out weekly email updates about Center news? If you have not seen these in your email, and would like to receive them, just let Patsy Dew know (patsydew@nscmn.org).

### JOB OPENING - POPCORN WAGON COORDINATOR

100 hours over the summer months. Open immediately. Will train. Contact Patsy Dew, patsydew@nscmn.org or 507-664-3708.

### POOL CLEANING

The pool will NOT be closed this August for cleaning. Due to the wonderful maintenance and cleaning schedule that we are currently on, there is no dire need to close the pool for cleaning. (Listen for resounding cheers from the swimmers).

If you have questions or concerns please contact Craig Swenson.

## ICE CREAM SOCIAL AND MUSIC FEST

Fri, Aug 28, 6:30- 8:30P

Join us in the beautiful gardens of the Center for ice cream sundaes and toe-tapping music from Neil Rowley and band. Bring your friends and family for a celebration of what summer is all about!



Cost: \$5



### ANNOUNCING THE ANNUAL MELODRAMA:

The Blazing Guns at Roaring Gulch, Or...the Perfumed Badge. Performance dates: Nov 20, 21, 22. With a pair of identical twins, mistaken identities, a female sheriff, and long red underwear, this promises to be a lot of fun. If you would like to be considered for the cast, please let Patsy know (patsydew@nscmn.org).



Jayne Bongers  
CHIS

### Advantage Care Hearing Center

Faribault  
Farmington  
Cannon Falls  
Zumbrota

507.412.9813

advantagecarehearingcenter.com

**DONORS****Thank you to these June Donors**

Steven & Karen Alger, Evelyn Burry, Don & Mary Crook, Carroll Felicetta, Diane Felicetta, Marie Gery, James Glover, John Jarvis, Barbara Jenkins, Hanard Lien, Russ & Lynn Margulies, Anne Schulz, Carol Selter, Gary & Ruthe Sherman, Dorothy Swanson, Erika Tallman, Elizabeth Truman, Lonna Tschann, Blanche White, Frank & Ann Wright, Daniel & Karen Christ, Zora Dowell, Richard & Lois Goetz, Mary Hoff, Gordon & Corinne Simonson, Joan Stoesz, Alyce Nelson, Carlyle & Barbara Aldrich, Jim & Norma Driver, Beth Endert, David & Joey Appleyard, Solveig Bailey, Warren & Karen Broughton, Mary Brown, William & Charlotte Carlson, Tom DeWolfe & Eileen Cooper, Larry & JoAnn Edwardsen, Chris Ellison, Gerry & Carol Gengenbach, Marie Gery, Bonnie Gretz, Georgene Johnson, Jackie Johnson, Julie Klassen, Marv & Rose Kormann, Harriet Menard, Mary Olander, Elizabeth Olson, Charles & Lynne Pederson, Ken & Roberta Persons, Gordon & Emelda Rasmussen, Bardwell & Charlotte Smith, Margaret Stary, Ted & Marge Vessey, Linda Wagenbach, Judy Broske, Bart & Susan de Malignon, Winnie Drentlaw, Malcolm & Jacquelyn Gimse, Doug & Sue Ims, Alice Nasby, Elizabeth Williams, Calvin & Donna Kuhnau, Bradley & Barbara Anderson, Harold Paulson, Bert & Bernie Reese

**NATIONAL  
SENIOR  
GAMES****NATIONAL SENIOR GAMES**

Twelve players from Northfield table tennis joined 10,000 senior athletes in competition in twenty different sports. Players competed in their respective age groups.

Stu Sinykin won 8<sup>th</sup> place in singles and 6<sup>th</sup> place in doubles. Yuan Lang won a silver medal in women's doubles, Judeen Brown won 4<sup>th</sup> place in women's doubles and Paul Stohl won a bronze medal in mixed doubles.

Also competing were Armand Boehme, Don Diehl, Rex Harris, Darryl Hill, Roger Kuznia, Neil Lutske, Russ Margulies and Jon Olson, who also competed in pickleball.

**THANK  
YOU**

Three Links Foundation wants to say thanks to all who contributed used shoes and all kinds of footwear to our Shoe Drive through the Used a Bit shop. We are recycling the footwear to third world countries where they are refurbished and cleaned and used by individuals to sell in their local markets so that they may make a living to feed their families.

If you have any questions about the event or our Foundation please call Ruth Dahl at 664-8867.

**A HUGE THANK YOU !****NSC STAFF  
DIRECTORY**

**Director / 664-3701**  
Lynne Pederson

**Assistant  
Director / 664-3708**  
Patsy Dew

**Bookkeeper / 664-3705**  
Kathy Bjerke

**Membership  
Coordinator / 664-3704**  
Jackie Johnson

**Fitness  
Manager / 664-3702**  
Craig Swenson

**Program  
Coordinator / 664-3707**  
Chris Ellison

**Administrative  
Coordinator / 664-3703**  
Michelle Remold

**Used A Bit  
Shope / 645-1399**  
Kristi Casson

**Dining Site & Popcorn  
Wagon Mgr / 664-3735**  
Gail Noren

**Evening/Weekend  
Receptionists / 664-3700**  
Janice Kasa, Barb  
Henwood, Ruth  
Johnson-Wirth,  
Pat Sunquist, Beth  
Endert



# MEMORY CARE

We specialize in memory care at Three Links

*Stop in for a tour of The Cottages & Cottage on Forest*

Providing 24-hour supervision & companionship in a home-like setting, offering assistance and encouragement, in an environment that preserves dignity, respect and acceptance.

*We're here for you. Call (507) 664-8824*

*A Three Links community*

*www.threelinks.org*



## PROFESSIONAL DRIVE DENTAL GROUP

New Patients Welcome

Jerome Appeldoorn, DDS

Becky Johnson, DDS

John Noack, DDS

Brian Kraby, DDS

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## Bridge Chamber Music Festival 2015

**Festival Concert I • Thursday, August 20 • 7:30pm**

Urness Recital Hall, St. Olaf College • Cellist Arek Tesarczyk, pianist Claudia Chen, clarinetist Scott Anderson perform works by de Falla, Prokofiev, Brahms

**Jazz Concert I • Friday, August 21 • 7:30pm**

Carleton College Concert Hall • Pianist Laura Caviani and saxophonist David Milne explore the relationship between jazz and classical works

**Young Artist Recital • Sunday, August 23 • 2:00pm**

Studio A, Skifter Hall, St. Olaf College • Talented young musicians from southern Minnesota perform solo and chamber music

**Jazz Concert II • Monday, August 24 • 7:30pm**

The Grand Event Center • David Hagedorn and Friends perform a wide variety of jazz standards

**Festival Concert II • Tuesday, August 25 • 7:30pm**

Urness Recital Hall, St. Olaf College • The Glorious Revolution Baroque Ensemble performs music by Bach, WindWorks performs a quintet by Klughardt and the Artaria String Quartet performs works by Bartok and Syler

**Festival Concert III • Thursday, August 27 • 7:30pm**

Carleton College Concert Hall • The Bridge Chamber Players perform works by Alberto Ginastera and Franck, and Intersections performs works by Peter Hamlin and Justin Merritt



**Tickets for concerts are \$5, available at the door.**  
**bridgechamberfestival.org • 507-786-3535**

This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.





# Northfield Senior Center

1651 Jefferson Parkway  
Northfield, MN 55057

<http://www.northfieldseniorcenter.org/>



This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

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Friday & Saturday: 7am-6 pm  
Sunday: 9 am-4 pm

### FITNESS CENTER & POOL HOURS

Monday-Thursday: 6 am-8 pm  
Friday & Saturday: 6am-6 pm  
Sunday: 9am - 4pm

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Thursdays: 10 am-7 pm



### OLD JEWELRY NEEDED!

We will use it for a special treasure chest display for the Donor/Volunteer Appreciation Party in September and it will be part of a sale in the fall to benefit the Annual Fund Drive!

If you have jewelry you are willing to donate, please drop it off at the Senior Center Reception Desk before September 19<sup>th</sup>.

**GOLD! SILVER! RUBIES! COSTUME JEWELRY! IT ALL HELPS!**

Thank you for your donation!