



Northfield Senior Center

**active,
connected,
engaged**

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**SENIOR CENTER
HOLIDAY CLOSINGS:**

SUN, DEC 24: 1PM
MON, DEC 25: CLOSED
SUN, DEC 31: 2PM
MON, JAN 1: CLOSED

Center News

FOR ACTIVE OLDER ADULTS



ANTICIPATION

by Lynne Pederson

Anticipation. This is a word to ponder. By definition it is: the act of looking forward; pleasurable: expectation; visualization of a future event or state.

It's December and I am anticipating the end of the year and the beginning of a new year. The Elf on the Shelf will be out December 13,14,15, causing mischief to raise money for the Annual Fund Drive. Contributions to the Annual Fund Drive are tax deductible and only support the daily operational expenses. Items like new furniture are supported by designated contributions. The Elf really is relentless but well-meaning in harassing people to give to the fund. To make the Elf happy all you have to do is put money in her jar, so she can ring the bell. Get that change from the dresser, checkbooks out, credit cards or deeds to the farm and bring it in on December 13, 14 or 15th to the Elf perched on her shelf. The Elf needs to raise \$22,000 to make goal by the end of the year. If you can't be at the Center on those days, you can

always make a contribution by mail or online at www.northfieldseniorcenter.org. 'Tis' the season to give, and the Northfield Senior Center is a great organization to give to. **HELP THE ELF MAKE THE GOAL.**



If you have been following the saga of my red couch you will be glad to know that it now resides with my son's family. Yes, it could be the family heirloom. In anticipation of the new arrivals, I have been "nesting". Bringing in new touches of color, moving items around to other rooms because I just know that they will not be right for the "new look". The new furniture arrived. It is a neutral off white couch, two oversize chairs, a remote control recliner for Charlie, and an

actual area rug that is not from the Used a Bit. Just what I wanted. Just what I have been anticipating. The room looks like it could be in a Home Décor magazine. But you know what? It is still the same room, in the same house, with the same people, and the same cat that sleeps on a beach towel on the new couch. It is almost a let-down that the change hasn't really changed anything in my life. The anticipation is the culprit. I had fun re-doing, and now that it is done, life is the same. I still have to do the laundry.

January starts a new year. As in any year, there will be changes to anticipate. Just as my story about the red couch conveys, anticipation about change is over rated. Changes will happen at the Center. But what's more important is to realize and recognize that what is at the core of the Center remains the same - the friends that you meet, the programs that you enjoy, and the purpose that the Center gives you will not change because that is the core of what the Center is all about.

GALLERY

Current Exhibit

Senior Open / Member Show and Capstone

Nov 27 - Dec 29

Works by Senior Center members. Capstone event featuring art from students who participated in our SEMAC grant funded classes with instructors Angie Ekern and Kathy Miller.



OPENING RECEPTION

TUES,
DECEMBER 5
4 - 6 PM

Upcoming Exhibit
Jan 2 - Feb 2
"Northfield Memories"
David Allen,
paintings

Artists' Reception
Tue, January 9
4-6pm

...See page 9 for website links for ticket ordering

Have You Purchased Your Tickets?
A Fund Raiser for the Northfield Senior Center

THE NORTHFIELD SENIOR CENTER PRESENTS

The Merchant of Menace
A Fractured Fairytale For All Ages

Thurs., December 21 7 pm
Fri., December 22 11 am & 7 pm
Tues., December 26 2 pm & 7 pm
Wed., December 27 2 pm

A holiday musical romp with a Pied Piper, seasonal songs, and a cow named Curdles!

Tickets \$8 at the Northfield Senior Center, 507-664-3700, or www.nscmn.org

This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

Arcadia School Theater, 1719 Cannon Rd

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thelegacyoffarmington.com

Follow us on

I would like to thank all the kind people that donated bags of leaves for the Senior Center rose gardens earlier this fall. The leaves will help the roses survive the cold winter weather! I can't wait to uncover them in the spring of 2018! Thank you!

Joe Endert



DIRECT YOUR DOLLARS

Remember to save your receipts when you shop for groceries at EconoFoods. Turn in your original receipts at the reception desk to be placed in the Direct your Dollars box.

Airport Service

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 RELAX AND ENJOY
 VACATION OR WORK



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mSP
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First Choice Shuttle

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Airport Direct and/or Shared Shuttle for all your destinations



PROFESSIONAL DRIVE
DENTAL
 GROUP

New Patients Welcome

Jerome Appeldoorn, DDS

Becky Johnson, DDS

John Noack, DDS

Brian Kraby, DDS

507-645-5264



[CPR AND FIRST AID AND AED TRAINING](#)

Tue, Dec 5

3:30 - 6:30pm

Become CPR and First Aid Certified

Fee: \$10 for Staff/Monitors, \$45/nm, \$30/m,
\$10/plat equiv

Instructor: TJ Heinrich

AARP SMART DRIVING CLASSES

These courses are designed for the driver over age 50 to help discover how roads, cars, and you may have changed since you started driving. The cost of this class includes fees paid to AARP for the course.

Fees: \$22 AARP Members, \$27 non-AARP Members

AARP Members please register in person or by phone (you will need your AARP member number).

[AARP SMART DRIVING 4-HOUR REFRESHER COURSE](#)

Mon, Dec 18

9am - 1pm



COMING IN JANUARY

Join Jessica Petok and her St Olaf students for up to three lectures and discussions from her Psychology class on the Aging Brain and Cognition. This will be a unique opportunity to sit in on an upper level college class and participate in discussions where we as older adults provide the most important perspective. Attendees will be offered the opportunity to access and read the materials assigned to the students though not required to do the readings.

[AGING BRAIN AND COGNITION - CAN WE "UNDO" AGING, AND SHOULD WE? \(TOPIC: ETHICS AND POLICIES\)](#)

Tue, Jan 9

11am - 12:30pm

Aging Brain and Cognition - Can we "undo" aging, and *should* we? (Topic: Ethics and Policies)

Capacity: 16

Fee: \$5/nm, \$5/m, \$0/plat equiv

[AGING BRAIN AND COGNITION - DOES 'OLDER' REALLY MEAN 'WISER'? \(TOPIC: SOCIAL COGNITION & WISDOM\)](#)

Tue, Jan 16

11am - 12:30pm

Aging Brain and Cognition - Does 'older' really mean 'wiser'? (Topic: Social Cognition & Wisdom)

Capacity: 16

Fee: \$5/nm, \$5/m, \$0/plat equiv

[AGING BRAIN AND COGNITION - HOW DO WE AGE SUCCESSFULLY? \(TOPIC: LIFESTYLE FACTORS OF SUCCESSFUL AGING\)](#)

Tue, Jan 23

11am - 12:30pm

Aging Brain and Cognition - How do we age successfully? (Topic: Lifestyle Factors of Successful Aging)

Capacity: 16

Fee: \$5/nm, \$5/m, \$0/plat equiv

[AGING BRAIN AND COGNITION - STUDENT PRESENTATIONS](#)

Tue, Jan 30

11am - 12:30pm

Presentations from Jessica Petok's St Olaf students Psychology class, Aging Brain and Cognition.

No Fee

ART CLASSES

COMING IN JANUARY

NOTES: These activities are made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

PLAYING WITH PURPOSE 1

Tue/Thu,
Jan 9,11,16,18,23,25
10am - 12pm

Whether you've never been in a play but always thought it might be fun, whether you've been in many plays and want to tune-up 'the actor's instrument', or whether you have no interest in acting but are still interested in staying young at heart and remaining in touch with your inner child, this is a course for you.

Capacity: 16
Fee: \$108/nm, \$84/m, \$0/plat equiv
Instructor: Philip Spensely

PLAYING WITH PURPOSE 2

Tue/Thu, Jan 30,
Feb 1,6,8,13,15
10am - 12pm

This course builds directly on Playing With Purpose 1 and is more focused on role playing, particularly how to create a role and to develop a character.

Capacity: 16
Fee: \$108/nm, \$84/m, \$0/plat equiv
Instructor: Philip Spensely

CREATIVE JOURNALING

Fri, Jan 12
10 - 11:30am

This class will provide creative writers several tools to guide them while journaling. Students will leave with new ideas for journaling styles and types.

Capacity: 10
Fee: \$13/nm, \$10/m, \$0/plat equiv
Instructor: Emily Urness

EXPLORING CREATIVE WRITING

Every Mon, Jan 22,29,
Feb 5,12,19
1 - 3pm

Ever want to try some creative writing, but don't know where to get started? This class is for you. Capacity: 8
Fee: \$90/nm, \$70/m, \$0/plat equiv

Instructor: Emily Urness

HUMOR WRITING

Wed, Jan 24
6 - 7:30pm

Everyone has a funny story. Learn how to tell it on the page. The aim of this class is to give students a foundation in a humor writing for further exploration after the class is done.

Capacity: 8
Fee: \$13/nm, \$10/m, \$0/plat equiv
Instructor: Emily Urness

JANUARY EVENT!

Three Short Plays: Peter and the Wolf, Little Red Riding Hood, Gunneywolf - Uppity Women of Shakespeare

Sun, Jan 14
2pm

Sylvia Langworthy & cast create a warm place on a cold afternoon.

No Fee

COMING IN JANUARY

[INTRO TO COMPUTERS/MAC](#)

Mon/Wed, Jan 8 & 10

9:30 - 11:30am

Instructor: Judy Cederberg[INTRO TO COMPUTERS/WIN](#)

Tue/Thu, Jan 9 & 11

9:30 - 11:30am

Instructor: Jim Finholt

These introductory courses are intended for people with no experience and those who feel they need some preparation for other Computer Center courses.

(2 Sessions)

Prerequisite: none

Cost: \$25/nm, \$20/m, \$0/plat equiv

[WORD PROCESSING BASICS/WINDOWS](#)

Tue/Thu, Jan 16 & 18

9:30 - 11:30am

Instructor Lee Klimisch[WORD PROCESSING BASICS/MAC](#)

Wed/Fri, Jan 17 & 19

9:30 - 11:30am

Instructor: Barb Henwood

These courses review and apply the concepts introduced in the course, *Intro to Computers*.

(2 Sessions)

Prerequisite: Intro to Computers/Win or equivalent

Cost: \$25/nm, \$20/m, \$0/plat equiv

[Organize My WINDOWS Computer](#)

Tue/Thu, Jan 23 & 25

9:30 - 11:30am

A typical computer may contain thousands of documents and pictures and it is essential to have a good way to organize these items. This course will explain how to use a *Microsoft Windows* operating system to attain this goal.

(2 Sessions)

Prerequisite: Word Processing Basics or equivalent

Cost: \$25/nm, \$20/m, \$0/plat equiv

Instructor: Jim Finholt[INTRO TO IPAD/IPHONE](#)

Mon/Wed, Jan 22 & 24

9:30 - 11:30am

This introductory course is for absolute beginners of iPad and iPhones. In this class you will get to know your iPad/iPhone.

(2 Sessions)

Prerequisite: none

Cost: \$25/nm, \$20/m, \$0/plat equiv

Instructor: John Severson[INTERMEDIATE IPAD/IPHONE](#)

Mon, Jan 29

9:30 - 11:30am

This class will move us beyond the basics into the expanded use of Siri, iCloud syncing, APPs for travel and specialized projects, health APPs, photo editing/taking, etc.

(1 Session)

Cost: \$15/nm, \$10/m, \$0/plat equiv

Register by Noon, Wed. Jan 24

Instructor: John Severson[INTRO TO THE INTERNET AND EMAIL](#)

Tue/Thu, Jan 30, Feb 1

9:30 - 11:30am

This course deals with the following topics: searching the internet, sending and receiving email, sending and opening email attachments, using Contacts (Address Book), and security.

(2 Sessions)

Prerequisite: Organize My Computer or equivalent

Cost: \$25/nm, \$20/m, \$0 plat equiv

Teacher: Judy Cederberg

Please see
FULL class
descriptions on
our website:
www.nscmn.org

Registration
Deadline for all
computer classes is
NOON, WEDNESDAY,
the week before the
class begins.

MEET THE INSTRUCTOR: KAREN WHITAKER

What are your hobbies?

My #1 hobby until very recently was anything and everything that had to do with my horses. It didn't matter if I was riding, grooming, mucking out the shed, or stacking hay for them. I loved all of it! However, our move to Northfield required me to say goodbye to that and find new ones. Now I love playing and walking my dog Pixie, watching movies with my husband Dennis, visiting our kids, painting landscapes (with acrylics), and especially exercising at 50 North!

What are your certifications?

I'm currently certified in Zumba Gold and Zumba Basic I

What are your goals?

Well, my ultimate goal is to be a grandma, but that's not up to me, so for right now, I'm concentrating on building this new career I find myself in!

What is your favorite quote?

"The air of heaven is that which blows between a horse's ears" - Arabian proverb

What classes do you teach here at the center?

Zumba Gold, Tuesdays from 4:30-5:15pm



Collaboration with Northfield Hospital and Therapy Services:

During the hours of 1 to 5 pm Monday through Friday, the far lap lane (west side of the pool) will be occupied at designated times for rehab services. We will have the schedule of those times posted in the pool area along with designated signs stating that the lane is being used. We thank you for your accommodations and we are grateful for our continued collaboration to offer rehab services at our facility. Thank you!

Senior Center Holiday Party

Friday, December 15, 3 - 5 pm

FUN
FOOD



MUSIC
FRIENDS

CHIME CHOIR
SEASONED SINGERS

THE BAND
TROUBADORS

You can Support Christmas Sharing

The Community Action Center Christmas Sharing program will provide over 800 children this year with toys home-made pajamas, books, mittens, gloves, hats and homemade quilts.

Each year, the Northfield Senior Center lobby Christmas tree starts as a "mitten tree". The tree is decorated with paper mittens. Written on the mittens is an age of a child that needs warm hats and mittens. Members support Christmas Sharing by taking a paper mitten from the tree and purchasing age appropriate mittens, hats, or gloves for the child. Warm mittens and gloves are emphasized. Homemade items are acceptable. You bring them to the Senior Center and we hang them on the tree. Items will be accepted until December 12.

Through the Community Action Center Christmas Sharing Program, there will be approximately 804 children from the Northfield School District served this season. This year Christmas Sharing will take place on December 13 and is held down the hall in Senior Center rooms 104-106 and 103-105. If you have not experienced Christmas Sharing, stop in a take a peek. The rooms are filled to the brim with toys, pajamas, quilts, etc. for families to choose from for their kids. If you would like to know more about Christmas Sharing please call the CAC at 664-3550.



Let's fill up the tree for the kids in need. Thank you.

**PUBLIC INFORMATION:
NORTHFIELD MUNICIPAL I.D.**

Imagine not being able to fill your prescription for a much-needed pain medication, or be able to buy over-the-counter flu medicine. Imagine not being able to cash a check at the bank, or get a refund on a pair of socks you bought at Target. These frustrating roadblocks are an everyday occurrence for residents of Northfield who don't have a photo I.D. card, because they don't drive or don't qualify for a state I.D. card.

The Northfield City Council will vote this December to create the Northfield Municipal I.D. program, an initiative that the Northfield Human Rights Commission has tagged as furthering equity and inclusiveness in our city.

What is the Northfield Municipal I.D.? An identification card issued by the City of Northfield that establishes residency and identity. At a minimum the I.D. displays the cardholder's photo, name, date of birth, signature, and dates of issuance and expiration. The card may also indicate if the cardholder is an organ donor, and provide medical and emergency contact information.

The I.D. does not confer legal status or driving and voting privileges.


Applicants will be screened carefully by the city, and charged a small fee for processing the card.

As well as practical uses, the card has personal value. The card says, "This is me. I live here." The cardholder will have a greater feel of belonging to the Northfield community, which a state I.D. cannot provide. Cardholders can face any situation with confidence, security and dignity.

**December Event
Cancellations**

**THE FOLLOWING EVENTS ARE CANCELLED
DUE TO CHRISTMAS SHARING - DEC 11,12,13**
Sunshine Cafe: Lite Lunch - Dec11,
CLOSED - December 12 & 13
Popcorn and a Movie: December 11
Euchre - December: 12
Hook Yarn & Needle: December 12

THE NORTHFIELD SENIOR CENTER PRESENTS



The Merchant of Menace
A Fractured Fairytale For All Ages

Thurs., December 21 7 pm
Fri., December 22 11 am & 7 pm
Tues., December 26 2 pm & 7 pm
Wed., December 27 2 pm

A holiday musical romp with a Pied Piper, seasonal songs, and a cow named Curdles!

Tickets \$8 at the Northfield Senior Center, 507-664-3700, or www.nscmn.org

This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

Arcadia School Theater, 1719 Cannon Rd

[The Merchant of Menace, Arcadia School Theater](#)
Thu, Dec 21
7pm

[The Merchant of Menace, Arcadia School Theater](#)
Fri, Dec 22
11am

[The Merchant of Menace, Arcadia School Theater](#)
Fri, Dec 22
7pm

[The Merchant of Menace, Arcadia School Theater](#)
Tue, Dec 26
2pm

[The Merchant of Menace, Arcadia School Theater](#)
Tue, Dec 26
7pm

[The Merchant of Menace, Arcadia School Theater](#)
Wed, Dec 27
2pm

These activities are made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

SUNSHINE CAFE



OPEN 11 - 1

DECEMBER HAPPENINGS AT THE SUNSHINE CAFE

- Dec 6 - Birthday Party & Concrete Cowboy
- Dec 12 & 13 - Café Closed for Christmas Sharing
- Dec 14 - Dave & Chad, Bingo at 12:15 - 1
- Dec 20 - Marion Concertina
- Dec 21 - Chime Choir at 11 / Site Council Mtg at 12:15
- Dec 22 - Christmas Lunch
- Dec 25 - CLOSED



BOOK CLUB 2nd Friday of the month at 10:30 a.m.

DEC 8 - Luncheon in The King's Room at St. Olaf. Car pooling is recommended. Call Katherine Collman for details. 645-1357

JAN - The Botany of Desire by Michael Pollen



New Drop-in Art Group! KINDNESS ROCKS

Wed mornings
8:30-10:30
~All are welcome~

For more information contact
Katie 664-3708

DECEMBER MOVIES MONDAYS AT 1 PM



Dec 4 LION (Back by popular demand). Five year old Saroo, accidentally gets stuck on a train traveling thousands of miles away from his home and family. Frightened and bewildered, he survives living on the streets, before ending up in an orphanage and adopted by an Australian couple. As an adult he sets out to find his lost mother and brother. 2016 118 mins.

Dec 11 NO MOVIE: CHRISTMAS SHARING

Dec 18 THE HOLLARS (Back by popular demand). Back in the house he grew up in, John Hollar is immediately swept up in the problems of his dysfunctional family, high school rival, and an over-eager ex-girlfriend. This film is a poignant look at the bonds of family and friendship. 2016

Dec 25 NO MOVIE: MERRY CHRISTMAS

Cheers to our Volunteers

The Used a Bit Shoppe retail store is operated by the NSC led by manager Kristi Casson. Volunteers prepare used household merchandise for resale. Other various volunteer positions include cashiering, hauling, and designing displays. You can also help customers find that perfect item! In September the Shoppe brought in net sales of \$2800. These proceeds directly support the Center. Thank you to the following amazing volunteers that run the Used a Bit Shoppe!

Many of these volunteers migrate south for the winter months so we are in GREAT need of volunteers to fill those spots, mostly on Fridays and Saturdays. Please consider volunteering at the Shoppe. It's a warm place to be in the cold winter months! For more information please call Katie at 664-3708 or email katiefelland@nscmn.org.

Kari Alberg	Jacqueline Gimse	Mercedes Maier	Jane Skluzacek
Janie Anderson	Elaine Haan	Carol Marshall	Rosella Skluzacek
Nancy Askay	Margaret Holter	Angie Matson	Paul Stohl
Donna Asker	Richard Jackson	Donna Maus	Ann Sullivan
Frank Berry	Beth Jamison	Jean McCabe	Kathy Tonolli
Diane Carpentier	Irene Jirik	Linda Ness	Judy Ulrich
Keith Casson	Orpah Johnson	Angie Nielsen	Donna Vanderhoof
Harriet Christy	Alice Kevern	Sandra Nyvall	Sue Vondrasek
Becka Coates	Marv Kormann	Sue Odette	Beverly Ward
Charles Condon	Calvin Kuhnau	Dorothy Pumper	Valencia Webber
Cathy Draves	Jean Larson	Terri Quint	Dolores Zessin
Winnie Drentlaw	Bev Lubbers	Susan Roosenraad	
Darlene Fitch	Bev Mahachek	Sue Schweickert	

DONORS

DONORS

Thank you to these September Donors

Karen Achberger, David & Joey Appleyard, Bernard & Mary Auge, Solveig Bailey, Robert & Teresa Ballentine, Dennis & Beth Berry, Rose Berthelsen, Bernard & Linda Borene, Tom & Mickey Brodin, Judy Broske, Warren & Karen Broughton, Mary Brown, James & Heather Cannaday, William & Charlotte Carlson, Eileen Cooper, Thomas DeWolfe, Zora Dowell, Winnie Drentlaw, Jim & Norma Driver, Eldon Eddy, Larry & JoAnn Edwardsen, Chris Ellison & Gene Finger, Carol Emery, Beth Endert, Ruth Eppen, Joyce Francis, Gerry & Carol Gengenbach, Marie Gery, Malcolm & Jacquelyn Gimse, James Glover, Richard & Lois Goetz, Bonnie Gretz, Elaine Grisim, Jim & Dorothy Hammer, Jerry & Liz Hankins, Northfield Hospital & Clinics, Doug & Sue Ims, Georgene Johnson, Jackie Johnson, Orpah Johnson, James Kessler, Julie Klassen, Marv & Rose Kormann, Gary Kruse, Mary Lilly, Janet Mathews, Mike & Ann McGovern, Gerhard & Karen Meidt, Harriet Menard, John & Sharon Micklo, Gene Moninger, Alice Nasby, Mary Olander, Elizabeth Olson, Nancy Partin, Charles & Lynne Pederson, Ken & Roberta Persons, Gordon & Emelda Rasmussen, Sue (Marion) Schweickert, Dale & Peggy Sheldon, Susan Sinning, Bardwell & Charlotte Smith, Margaret Stary, Kenneth & Sharon Steinhouse, Linda Wagenbach, Elizabeth Williams

TRAVEL NEWS NOVEMBER 2017

TRIPS

For full trip descriptions please check the Center's bulletin board, Program Guide or website.

Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up deadline receive a full refund. Cancellations after that deadline receive a full refund **IF a replacement can be found.** Note that our trips require a minimum of 20 persons for each outing.

FUTURE TRIPS!

•Old Log Theater:
Guys and Dolls
April 18, 2018

[TRIP: KING'S ROOM ST OLAF COLLEGE](#)

Thu, Dec 7
11:30

Join friends for the holiday luncheon at St. Olaf's King's Room. Since parking is a problem, either try to carpool or take the Hiawathaland Blue Route transit bus. You need to fill out a class registration slip and pay for this meal in advance. The cost includes a gratuity. Reservations are absolutely required. Cost: \$15
Register by: Dec 4

[TRIP: LIFE COULD BE A DREAM \(OLD LOG THEATER\)](#)

Wed, Jan 10
10:30am - 4:30pm

Return to Springfield High and meet the "Crooning Crabcakes," the boy group banned from the senior prom. The singing foursome is headed for fame and fortune by trying to win the local radio contest on Big Whopper Radio. Songs from this musical journey to the past include "Runaround Sue," "Tears on My Pillow," "Earth Angel," and "The Glory of Love."
Fee: \$80
Register by: Dec 22



[TRIP - NOISES OFF \(ARTISTRY THEATER, BLOOMINGTON CENTER FOR THE ARTS\)](#)

Sun, Feb 11
1 - 5:30pm

Laughs come in abundance in this hilarious play-within-a-play, inspired by the backstage antics of putting on an on-stage farce. Noises Off relishes in the sheer delight of just how ridiculous working in the theater can be, offering finely-tuned jokes and a sparkling ensemble cast that's sure to leave you laughing.
Fee: \$55
Register by: Jan 19

[TRIP: WABASHA TRIP AND EAGLE CENTER](#)

Thu, Mar 15
7:30am - 7pm

Enjoy a fun-filled day trip to Wabasha. We will visit the National Eagle Center, take a candy tasting tour, then head off to view tiffany stained glass at the Grace Memorial Episcopal Church and visit SVI Creative Design to see demonstrations of the creation of concrete lawn ornaments. The final two stops are to Lark Toys and dine at Lake House on Pepin. The trip includes coffee, lunch and dinner
Fee: \$90
Register by: Feb 27



Northfield Senior Citizens, Inc.

Minutes: Northfield Senior Citizens, Inc. Board of Directors meeting, October 26, 2017.

Directors present:

Bernard Borene, Tom Brawley, Beth Endert, Duane Everson, Richard Jackson, Gordon Kelley, Ken Lee, Jane Persons, Bob Tabery, Dan VanTassel

Absent: Mary Auge, Elizabeth Olson, Rita Olson, Lee Runzheimer, Yosh Soltis

Staff present: Lynne Pederson, Craig Swenson, Elaine Grisim

1. CALL TO ORDER

The meeting was called to order by Gordon Kelley at 3:01 p.m.

Action: The agenda was approved and seconded.

Action: Motion and 2nd to approve the August, 2017 board minutes as printed. Approved.

2. REPORTS

Review of Financial Reports

Tom Brawley reviewed the September financial statements.

Action: Motion and 2nd to approve the September financial statements. Approved.

Finance Committee

Tom Brawley reported. October 19 meeting minutes were reviewed. Income is at 79.57% and expense is at 77.79% compared to projected 75%. Expenses reflect three payrolls, and unbudgeted expense for Branding. The committee approved the contract with CliftonLarsonAllen to complete the 2018 audit and 990 report.

Advancement Committee

Beth Endert reported. October 5 meeting minutes were reviewed. The Sock Hop event was recapped. There was discussion and planning on the Fractured Fairy Tale fund raiser, and the Volunteer Recognition event this fall.

Facilities Committee

Lynne Pederson reported. 2018 projects in consideration are replacing the kitchen appliances, and refurbishing or replacing the benches in the women's locker room.

Membership Committee

Lynne Pederson reported. The committee discussed the featured stories in the Northfield News and the feedback we are getting from those articles.

Executive Director Report

Lynne Pederson reported. The renewal of a contract with the Northfield Hospital and Clinics Rehabilitation Services is being negotiated for the use of the pool. Chris Ellison is collaborating with St. Olaf professor Jess Petok to hold a J term class on aging at the Center; students will also volunteer at least 2 hours each week at the Center.

Action: Motion and 2nd to approve all committee reports. Approved.

3. OLD BUSINESS

Branding process update. Timeline to launch new name and logo was discussed.

4. NEW BUSINESS

Bernie Borene presented his intent to end his term on the board; this will be his last meeting. He will be moving to Portland OR at the end of the year.

Action: Motion and 2nd to combine November and December Board meetings to meet on Thursday, December 7. Approved.

5. ADJOURNMENT

The meeting was adjourned at 4:06 p.m.

BOARD OF DIRECTORS

2018 Membership Fees (3% annual increase)					
Membership Level	2017 Annual Cost	2017 Per month	2018 Annual Cost	2018 Monthly Cost	Fee for Classes No Increase
Affiliate (80+)	\$35	NA	\$35	NA	\$7
General	\$53	NA	\$54	NA	\$7
Fitness	\$279	\$26	\$287	\$27	\$7
Aqua	\$279	\$26	\$287	\$27	\$7
Gold	\$382	\$34	\$394	\$35	\$7
Platinum	\$537	\$47	\$553	\$48	No fee

This is the proposed membership fee increase for 2018. This will be recommended for approval at the December 7th board meeting and become effective January 1, 2018. If you have questions, please see Lynne Pederson.

MEMBERSHIP**Welcome to these new members**

June Schaplowsky, Gary & Sherry Freking, Lori Young, Carol Olsen, David Lockard, Patti Murry, Naomi Nohava, Ruth Godfrey

***** INSURANCE BASED MEMBERSHIPS *****

The Senior Center supports Silver Sneakers and Silver & Fit memberships from Medicare Supplemental policies.

All Silver Sneakers and Silver & Fit memberships automatically end on December 31st as they are based on your medical insurance. Because of the open enrollment period and insurance changes for next year, we need to be informed which insurance you have chosen for 2018. **You need to check the information you receive from your insurance company to make sure they are still offering the same activity program. We know some companies are changing their activity benefits. We need to know the change to process your 2018 membership.** List any other changes we need to be aware of.

When you get your insurance card for 2018 be sure to compare the ID and Group numbers with the 2017 card. If they have changed we need a copy of your new insurance card.

Silver & Fit Plus membership cost will increase to \$180 for 2018.

Thank you, Jackie Johnson, Membership Coordinator 507-664-3704

**NSC STAFF
DIRECTORY**

Director / 664-3701
Lynne Pederson
**Assistant Director/Fitness
Manager / 664-3702**
Craig Swenson
**Program
Coordinator / 664-3707**
Chris Ellison
**Program
Coordinator / 664-3708**
Katie Felland

**Used A Bit Shoppe
Manager / 645-1399**
Kristi Casson
Dining Site / 664-3735
Roxann Berndt
**Administration
Manager / 664-3703**
Elaine Grisim
**Membership
Coordinator / 664-3704**
Jackie Johnson

Bookkeeper / 664-3700
Kathy Bjerke
**Evening/Weekend
Receptionists / 664-3700**
Mary Brown,
Beth Endert,
Barb Henwood,
Ruth Johnson-Wirth,
Janice Kasa,
Pat Sunquist,
Sue Schweickert
Leslie Weirich



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FRONT DESK: 507-664-3700

CENTER LOBBY & FITNESS CENTER HOURS

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Friday & Saturday: 6am-6pm
Sunday: 9am-6pm

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Friday & Saturday: 6am-6pm
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Thursdays: 10 am-7 pm