



FiftyNorth Report

OCTOBER 2025

by Carla Johnson, Interim Director's Report



If you attended the opening reception for our current gallery exhibit, Echoes and Shadows, you experienced the extraordinary talent within our FiftyNorth community. Whether expressed through visual art or the spoken word, creativity abounds—and we are grateful to be surrounded by it. This inspiring side-by-side exhibit will remain on display through the end of October. Please take some time to enjoy it at your leisure.

As always, writing newsletter content weeks before our Board of Directors meets is a challenge, since their work continues to move forward. This month, the Board's highest priorities include:

- **Executive Director Search** – The position is posted. Applications are coming in. The Search Committee will soon begin interviews.
- **Lease Negotiations with the City of Northfield** – Thank you to those who have attended City Council work sessions, spoken at meetings, or reached out to Council members directly to share what FiftyNorth means to you. Your voices matter. There will be another opportunity on October 7, when the Council will consider a new lease for FiftyNorth and the other NCRC tenants.
- **Financial Strength and Stability** – With the completion of the 2024 audit, filing of our tax return, ongoing discussions about an endowment, and preparation of the 2026 budget, we remain focused on a healthy financial future for our programs. REMEMBER: you strengthen our financial position each time you check in at the front desk or kiosk

REPORT cont. P2➔

INSIDE THE REPORT

- Events 1-4
- Fitness 5, 6
- Wellness 7
- Art Classes 8, 9
- Life Long Learning..... 10, 11
- Member Services 12
- Grief Support Group..... 12
- Volunteering..... 13
- Connection Collection..... 13
- Travel 14
- Spirit Wear Sale 15
- Book Group..... 16
- AARP Smart Driving 16
- Groups Calendar..... 16
- Chimes, Seasoned Singers & Troubadours Fall startup 17
- Donors/New Members 18
- Contact Information..... 20

EVENTS AT FIFTYNORTH



CLASSICAL AND FLAMENCO GUITARIST

RANDALL FERGUSON
Saturday, November 1
2:00-3:30pm

**Pre-register:
Details p. 3**

Classical and Flamenco guitarist Randall Ferguson will present a program on the history and evolution of the guitar, from the stately court music of Renaissance Europe to the exciting, syncopated dance rhythms of Spanish Flamenco. He will be playing antique and modern instruments dating from 1785,

1835, 1854, 1900, 1917, and 1932 to present, including classical and Flamenco guitars, Renaissance and Baroque lutes, banjo, mandolin and ukulele. Please join us for a wonderful afternoon of string music! Bach to Beatles!

Capacity: 70

Cost: Free Will Donations appreciated

Space: Room 103/105

EVENTS cont. p2➔



Save the Dates!

EVENTS

- Band Concert:**
October 6 - 4pm
- Pictures with Pets:**
October 13
- Choreopoem Performance:**
October 13 & 15
- Meet the Mayor:**
October 15 12pm
- Nosferatu: Silent Movie**
October 30 7pm
- A Christmas Carol auditions:**
October 29 10-12pm
- Randall Ferguson in Concert:**
Saturday, Nov. 1 2pm

by Carla Johnson, Interim Director

— continued



and then select the class or activity you're attending. Insurance reimbursement only happens when you complete this step. If you need assistance, please ask our receptionist—they're happy to help!

■ **Membership and Renewal** – Later this month we will complete our review of membership fees and program costs in preparation for renewals and new enrollments. We know that insurance changes may affect some members, and our goal is to create a membership structure that supports the programs you want while remaining affordable. More to come in early November.

Throughout this newsletter, you'll find opportunities to stay active, engaged, and connected—whether through social events, classes, or wellness programs. There truly is something for everyone, and we are so glad to be part of your life. ■

Events at FiftyNorth

IMPORTANT: Advance registration is requested to assist us in preparation of seating and refreshments. Please register to reserve your spot.

Phone: **507-664-3700** Website: www.fiftynorth.org



FIFTYNORTH BAND CONCERT Monday, October 6 4:00-5:00pm



Come one, come all to the FiftyNorth Band Fall Concert. There will be sweet efforts from the clarinets, a new Tango from South America, a march or two, maybe elephants and panthers, and definitely jazz! Weather permitting, we will be outdoors. Treats and a good time will be had by all!

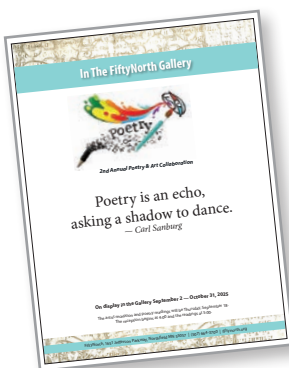
Space: Patio or rooms 103 & 105

Cost: Free

Pre-registration is requested.

In the FiftyNorth Gallery through October

"ECHOES & SHADOWS" Art & Poetry Collaboration



ECHOES & SHADOW
GUIDEBOOK



Twenty-five years ago in 2000, Beverly Voldseth, a member of Northfield Women Poets, lived in Goodhue. Marie Marvin had purchased the former Carnegie Library in Zumbrota and was turning it into a center for the arts. These two friends sat down and pondered: *What can we do to combine poetry and art into a celebration for both?*

Together they nurtured this idea and watched it grow year after year. Zumbrota, the Twin Cities, Red Wing, Northfield, and others now offer opportunities for artists and poets to work together and present their work.

Twenty-five years later, the reality of art with poetry continues, is strong, and gives both poet and artist the opportunity to expand their art and craft as words and images lead to a gift for each other and for the community at large to share and appreciate. — *Marie Gery*

■ Poems and artwork are on exhibit side by side in the Art Gallery at FiftyNorth through October 31st. The Artist & Poet Reception and Poetry Reading was held in September.

To view the complete collection of Art & Poetry, view the Guidebook online: fiftynorth.org/activities/art-gallery/ or scan the QR code.



HOW TO USE A QR CODE WITH A SMARTPHONE: Open your camera app and point it at the QR code. A link or notification will pop up—tap it to access this website.



Events at FiftyNorth

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PICTURES WITH YOUR PET
Monday, October 13
9:00-4:00pm



*Appointments are required to guarantee your spot. We look forward to seeing you and your best friend!

Capture a beautiful, lasting memory with the most important member of your family—your pet! Join us for our Pictures with Your Pet event, Dan Rogness, local photographer will be on hand to take high-quality portraits of you and your animal companion. This is a fantastic opportunity to get a unique photo for the holidays, a special occasion, or simply to celebrate your bond. We welcome all types of pets, from dogs and cats to birds and reptiles.

To ensure everyone has a safe and enjoyable experience, we kindly ask that all pets be on a leash, in a carrier, or otherwise contained. We'll have backdrops to make your photo extra special.

■ You will receive a 5" X 7" photo, an 8" X 10" photo and an electronic copy so you can print your own photos.

Space: Room 102
Cost: \$10



CHOREOPOEM PERFORMANCE (St Olaf Campus)
Monday and Wednesday

October 13 or 15
7:00-8:00pm

Space: Kelsey Theater in the Theater Building on the St. Olaf Campus

Come see Staging Care, an eye-opening, heart-melting live performance based on real stories from older adults in Northfield and across Minnesota. This ethnographic performance uses movement, poetry, and storytelling to center the realities, perspectives, and priorities of older adults.

Some of our very own FiftyNorth members participated in storytelling sessions with St. Olaf students. Their stories were compiled and will be weaved into this live performance by the students.

Cost: Free



Welcome Mayor Zweifel

MEET AND GREET WITH MAYOR ERICA ZWEIFEL
Wednesday, October 15
12:00-1:00pm
Location: Lobby coffee table

You're invited to a special meet and greet with Mayor Erica Zweifel. This is an excellent opportunity to speak directly with the mayor, share your thoughts, and learn more about the city's future.

Whether you're curious about upcoming projects, want to discuss local issues, or just want to say hello, the mayor looks forward to connecting with members of the community. We hope to see you there!

Events at FiftyNorth

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NOSFERATU: A SYMPHONY OF HORROR - A SILENT MOVIE

Thursday, October 30

7:00-9:00pm

NOTE: check the website for the full chilling description

Pre-registration Requested

1922 • Horror/Fantasy • 1hr 21m

—Carol Donelan, Professor of Cinema and Media Studies at Carleton College, will offer brief introductory remarks on the thematic and stylistic significance of the film in the context of 1920s German Expressionism.

Nosferatu: A Symphony of Horror (1922) is a silent German Expressionist film directed by F.W. Murnau, starring Max Schreck as the vampire Count Orlok. It is an unauthorized adaptation of Bram Stoker's *Dracula*. "Nosferatu" is renowned for its use of distorted visuals, eerie lighting, and unsettling shadows, which contribute to its dreamlike and nightmarish chilling atmosphere, and terrifying portrayal of the vampire.. It is a landmark film that introduced many of the conventions of the vampire genre and remains a chilling and influential work of art.

Capacity: 30

Cost: \$5 – Includes the movie, popcorn and pop

Space: Room 103

READER'S THEATER - A CHRISTMAS CAROL AUDITIONS

Wednesday, October 29

10:00-12:00pm

We are holding Auditions for a Reader's Theater version of the classic tale "A Christmas Carol" by Charles Dickens.

Scheduling as follows:

- Rehearsals will begin on November 3 and run every Monday and Wednesday from 9:30 to 11:30am through November 26.
- Dress Rehearsals will be on December 1, 2, 3, and 4 from 9:00am to 12:00pm.
- Performances will be Friday, December 5 at 7:00pm and Saturday, December 6 at 2:00pm.

Director: Sylvia Langworthy

Space: Room 103





FiftyNorth
Where Active Adults Gather.



flahertys
northfield lanes

BOWLING Club

FOR SENIORS 50+



Join us for this great program available every Friday starting at 1:30pm!

- Bowling is great exercise
- Have fun with friends
- Make new friends
- FREE coffee
- Space to play cards
- No long term commitment
- Wheelchair accessible



1700 MN-3, Northfield, MN 55057
507.645.8322 • info@FlahertysNorthfieldLanes.com

Every Friday: 1:30pm (non-competitive)

Cost: \$10 per person includes 3 games and shoes paid to Flahertys

A FiftyNorth group lead will have the sign-in sheet.



FITNESS NEWS

SESSION-BASED CLASSES – PRE-REGISTRATION IS REQUIRED



MEDICAL QIGONG FOR CHRONIC PAIN AND INFLAMMATION

Thursdays, October 2, 9, 16, 23, 30, November 6, 13, 20

12:00-12:45pm

Learn how to better manage your pain and inflammation with regular practice of these powerful, centuries old self-care movements. We'll practice a routine of eight core movements each class and break down the key distinctions of one or two of them each class so you can learn the details you need to practice on your own. Suitable for anyone who wants to move with more ease and vitality relative to your current ability. (8 sessions)

Instructor: Rob Gersky

Capacity: 20

Cost: \$80 Nonmember, \$64 Member, \$0 Fitness Plus/Platinum

Space: Room 102

2025 IN-PERSON LAND BASED FITNESS CLASSES (updated September)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	EXPRESS STRENGTH (6:15-6:45)		EXPRESS STRENGTH (6:15-6:45)			
6:30 AM						
7:00 AM	CARDIO DANCE AND DRUMSTICKS (7-7:45)	HATHA YOGA (7-7:45)	YOGA STRETCH (7-7:45)	HATHA YOGA (7-7:45)		
7:30 AM						
8:00 AM	CORE AND MORE (8:30-9)	STRENGTH AND STRETCH (8-9)	CORE AND MORE (8:30-9)	STRENGTH AND STRETCH (8-9)	CORE AND MORE (8:30-9)	STRENGTH AND DANCE FUSION (8-9)
8:30 AM						
9:00 AM	YOGA STRETCH (9:15-10:15)	BEGINNING YOGA (VINAYASA) (9:15-10:15)	SOUND BATH AND MEDITATION (9:15-10:15)	SLO FLO YOGA (9:15-10:15)	CIRCUIT TRAINING (9:30-10:30) NO open use	BEGINNING HATHA YOGA (9:15-10:15)
9:30 AM						
10:00 AM						
10:30 AM	SILVER SNEAKERS (10:30-11:30)	GENTLE CHAIR YOGA (10:30- 11:30)	SILVER SNEAKERS (10:30-11:30)	GENTLE CHAIR YOGA (10:30-11:30)	SILVER SNEAKERS (10:30-11:30)	TABLE TENNIS (10:30-3:45)
11:00 AM						
11:30 AM						
12:00 PM	SILVER SNEAKERS BALANCE (12-12:45)	SILVER&FIT (12-12:45)	SILVER SNEAKERS BALANCE (12-12:45)	SILVER&FIT (12-12:45)	FOLK DANCE FUSION (11:45-12:45)	
12:30 PM						
1:00 PM			INTERMEDIATE LINE DANCING (1-2)		HOLD	
1:30 PM	TABLE TENNIS (1:30-3)	TABLE TENNIS (1:30-3:30)	SEATED CHAIR LINE DANCING (2:15-3)	TABLE TENNIS (1:30-3:30)	SOMATICS (2:15-3:15) Prerequisite: Intro to Somatics	
2:00 PM						
2:30 PM						
3:00 PM						
3:30 PM	TAI CHI FLOW (3:30-4)		TAI CHI FLOW (3:30-4)	TAP DANCE FUSION (3:45-4:45)	TAI CHI FLOW (3:30-4)	
4:00 PM	AFTERNOON QI TIME (4:15-4:45)	EASY LINE DANCING (4-4:45)	AFTERNOON QI TIME (4:15-4:45)		AFTERNOON QI TIME (4:15-4:45)	
4:30 PM						
5:00 PM				NORDIC WALKING GROUP (5-5:45)		
5:30 PM	TABLE TENNIS (5:30-7:30)	HEALTHFINDERS ZUMBA WITH MARIBEL (6-7) - FREE TAI CHI FOR STRENGTH (7-7:45) ROOM 103	HEALTHFINDERS BOXING (5:30-6:45) Sign up with HealthFinders	HEALTHFINDERS ZUMBA WITH MARIBEL (6-7) - FREE	INTENSITY KEY: PINK: High Intensity BLUE: Mid-range PURPLE: Gentle GOLD: No Open Use	
6:00 PM						
6:30 PM						
7:30 PM						

VIRTUAL LAND BASED FITNESS CLASSES



INTENSITY KEY:
PINK – High Intensity
BLUE – Mid-range
PURPLE - Gentle

2025 VIRTUAL LAND BASED FITNESS CLASSES (updated October)

AVAILABLE THRU ZOOM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00 AM	EXPRESS STRENGTH (6:15-6:45)		EXPRESS STRENGTH (6:15-6:45)				
6:30 AM							
7:00 AM			STRENGTH AND CARDIO (7-7:45)		MOBILITY AND STRETCH (7-7:45)		
7:30 AM							
8:00 AM	BOOTCAMP (8-9)	STRENGTH TRAINING (8-9)	STRENGTH AND STRETCH (8-9)	CARDIO KICKBOXING (8-9)	STRENGTH TRAINING (8-9)	STRENGTH AND STRETCH (8-9)	STRONG NATION (8-9)
8:30 AM	CORE AND MORE (8:30-9)			CORE AND MORE (8:30-9)			CORE AND MORE (8:30-9)
9:00 AM	YOGA STRETCH (9:15-10:15)	BEGINNING YOGA (VINYASA) (9:15-10:15)			SLO FLO YOGA (9:15-10:15)	BEGINNING HATHA YOGA (9:15-10:15)	
9:30 AM							
10:00 AM							
10:30 AM	SILVER SNEAKERS (10:30-11:30)	GENTLE CHAIR YOGA (10:30-11:30)		SILVER SNEAKERS (10:30-11:30)	GENTLE CHAIR YOGA (10:30-11:30)	SILVER SNEAKERS (10:30-11:30)	
11:00 AM							
11:30 AM							
12:00 PM	SILVER SNEAKERS BALANCE (12-12:45)	SILVER&FIT (12-12:45)		SILVER SNEAKERS BALANCE (12-12:45)	SILVER&FIT (12-12:45)		
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							

AQUA FITNESS



COLOR KEY:
GREEN: Class
GOLD: Group Activity (Open Swim allowed)
BLUE: Open Swim

2025 AQUA FITNESS CLASSES

2025 AQUA FITNESS (updated September)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM	OPEN SWIM 6-7AM	OPEN SWIM 6-6:45AM	OPEN SWIM 6-7AM	OPEN SWIM 6-6:45AM	OPEN SWIM 6-7AM	
6:30 AM						
7:00 AM	AQUA SUNRISERS 7:15-8AM	EARLY BIRD AQUA 7:00-7:45AM	AQUA SUNRISERS 7:15-8AM	EARLY BIRD AQUA 7:00-7:45AM	AQUA SUNRISERS 7:15-8AM	OPEN SWIM
7:30 AM						
8:00 AM	SS AQUA AGELESS 8:15-9:00AM	AQUA YOGA 8:00-9:00AM	SS AQUA AGELESS 8:15-9:00AM	AQUA YOGA 8:00-9:00AM	SS AQUA AGELESS 8:15-9:00AM	OPEN SWIM
8:30 AM						
9:00 AM	S&F AQUA FIT 'N TONE 9:15-10:00AM	OPEN SWIM	S&F AQUA FIT 'N TONE 9:15-10:00AM	OPEN SWIM	S&F AQUA FIT 'N TONE 9:15-10:00AM	AQUAFIT 9:00-9:45AM
9:30 AM						
10:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM
11:00 AM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM
12:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	FAMILY SWIM 12-2PM AGE 3+
12:30 PM						
1:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	
1:30 PM						
2:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM
2:30 PM						
3:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM
3:30 PM						
4:00 PM	WATER VOLLEYBALL 4-5:45PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	WATER VOLLEYBALL 4-5:45PM	
4:30 PM						
5:00 PM		AQUA FUSION 5-5:45PM	OPEN SWIM	AQUA FUSION 5-5:45PM		
5:30 PM						
6:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	
6:30 PM						
7:00 PM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	
7:30 PM						
7:45 PM						



Online: FiftyNorth.org/classes **In Person:** FiftyNorth front desk

CLASS CANCELLATION POLICY:

We ask that you give us at least 24 hours notice if you need to cancel. If we are able to fill your spot with someone on the waiting list, you will receive 100% refund. If we are unable to fill your spot or if you are a no show you will forfeit your registration fee.



NEUROLOGICAL DISORDERS
Wednesday, October 8
9:00-11:00am

Up to 1 billion people, nearly one in six of the

world's population suffer from neurological disorders, from Alzheimer's, and Parkinson's disease, strokes, Multiple Sclerosis and epilepsy to migraine, brain injuries and neuro-infections. Dr. Marcy Kramer will discuss the various neurological disorders that affect our society, what are the warning signs, symptoms, and treatments for the various neurological disorders.

Instructor: Marcy Kramer

Capacity: 25

Cost: \$20 nonmember, \$16 member, \$0 Platinum

Space: Room 106



HAND ARTHRITIS
Wednesday, October 15
9:00-10:00am

Learn about the common types of hand arthritis and how they affect daily activities like gripping, writing, and buttoning clothes.

NH+C's occupational therapist who specializes in hand therapy teaches you:

- How to recognize symptoms like joint pain, stiffness, and swelling
- Simple, practical strategies to manage discomfort and maintain hand function
- Helpful exercises, assistive tools, and lifestyle tips to support independence and improve quality of life

The session is designed to be informative, supportive, and easy to follow, with time for questions and shared experiences.

Instructor: Northfield Hospital and Clinics

Capacity: 20

Cost: \$10 nonmember, \$8 member, \$0 platinum

Space: Room 103



INFLAMMATION
JOINT PAIN

REDUCE THE PAIN!
Thursday, October 30
6:00-7:00pm

For those who experience inflammation and joint pain, who find their quality of life decreasing and pain medication increasing. This seminar with Dr. Noel Aldrich will describe the specific causes of inflammation, and the ways nutrition, whole foods, and herbs can reduce pain and help you return to an active lifestyle

Instructor: Dr. Noel Aldrich

Capacity: 30

Cost: \$10 nonmember, \$8 member, \$0 platinum

Space: Room 103



HAND ARTHRITIS

ART CLASSES

Pre-register for all classes:
Phone: 507-664-3700

Online: FiftyNorth.org/classes
In Person: FiftyNorth front desk

CLASS CANCELLATION POLICY FOR LIFE LONG LEARNING AND ART CLASSES:

We know your time is valuable, and ours is too. Out of respect for our staff, instructors and other clients, we ask that you give us at least 24 hours notice if you need to cancel. If we are able to fill your spot with someone on the waiting list, you will receive 100% refund. If we are unable to fill your spot or if you are a no show you will forfeit your registration fee.



SHARE YOUR STORY: STORYTELLING WORKSHOP

Fridays, October 3, 10, 17, 24
10:00-11:00am

Everyone has life stories. Sharing stories can make our hearts bigger. This workshop of four sessions will teach The Moth storytelling method. "The Moth is a nonprofit organization that celebrates the commonality and diversity of human experience through the art and craft of true, personal storytelling." The workshop will also teach you how to overcome your fear of speaking publicly.

You will learn how to choose the story you want to tell and how to have stakes in your story, explaining why this story is important to you. You will practice a great first line that grabs attention. How to avoid meandering in your story is learned through sharing with everyone in the group. Perhaps best of all, you will overcome your nervousness. At the end you will be able to share your story by telling it to an audience, not reading it. This is our goal – sharing our stories publicly and have fun!

Wendy Manuel has taught public speaking, participated in speaking contests and spoke publicly in a wide variety of circumstances – sales, lobbying, and preaching. She is a believer that storytelling makes us human and able to relate to one another.

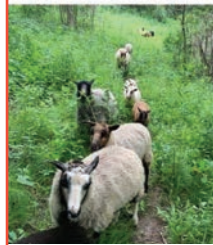
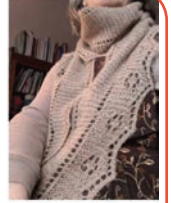
(4 sessions)

Instructor: Wendy Manuel

Capacity: 3 minimum, 8 maximum

Space: Room 106

Cost: \$60 nonmember, \$48 member, \$0 Platinum



CAT'S PAW LACE SCARF

Wednesdays, October 22, November 5
10:00-12:00pm

In this 2-session class you will knit a long narrow scarf in garter stitch with a simple lace edging that can be modified according to your skill level. We'll use a yummy fingering-weight Shetland yarn from [Curlee Acres](https://CurleeAcres.com) ([curleeacres.com](https://CurleeAcres.com)), a small sheep farm in western Wisconsin. The yarns are all-natural colors, not dyed. The instructor will supply the yarn, and students will have a variety of colors to choose from. Students need to bring needles (US 9, 16" circular or 9" single-point needles, preferably bamboo). All classes are two hours, from 10:00 am to 12:00 pm. There will be homework between classes.

Skill level: Students need to know how to knit and purl. Knowledge of lace knitting is not required.

Techniques to be learned:

- How to read a knitting chart
- How to knit lace on garter-stitch background
- How to block lace

(2 sessions)

Instructor: Diane Pearsall

Capacity: 4 minimum, 10 maximum

Cost: \$97 nonmember, \$83 member, \$37 Platinum

QR code to Curlee Acres:



HOW TO USE A QR CODE WITH A SMARTPHONE: Open your camera app and point it at the QR code. A link or notification will pop up—tap it to access this website.

ART CLASSES – CONTINUED

Pre-register for all classes:
Phone: 507-664-3700

Online: FiftyNorth.org/classes
In Person: FiftyNorth front desk



ACRYLIC & COLLAGE FLOWER VASE

Tuesday, October 28
1:00-4:00pm

Design an abstract flower vase on canvas using papers and acrylic paint. From an eye-catching focal point to bold, colorful, flowing lines, your creation will be anything but dull. Learn to create movement, balance and asymmetrical shapes as your artwork evolves.

Materials provided. You can bring magazines, newsprint, decorative papers, ribbon, lace, crafting supplies, if you wish.

Read about Maker Creator: Artist Brenda Bogart Shares Her Inspiring Collage Art — dvd Interior Design - Deborah von Donopp

Source: dvd Interior Design, <https://share.google/yRZeITPcr0i2MitD1>



Instructor: Martha Amundson
Capacity: 5 minimum, 15 maximum
Space: Room 105
Cost: \$53 nonmember, \$38 member, \$10 Platinum
Registration deadline: October 21

WEST AFRICAN DRUM CLASS

Tuesdays,
November 4, 11, 18, 25
4:00-5:00pm

Join David Miller in exploring the rhythms and stories of West Africa! You will learn some common drum patterns (and maybe a song!) from the nations of Ghana, Ivory Coast, and Guinea, played on djembes and other West African percussion instruments. Instruments will be provided.
 (4 sessions)

Instructor: David Miller
Capacity: 12 Maximum, 4 Minimum
Cost: \$50 Nonmember, \$40 Member, \$0 Platinum
Space: Rooms 102 and 106



METAL CANDLE HOLDERS, SPOONS AND BOWLS

Mondays, October 20, 27
10:00-12:00pm

Registration deadline: October 13

or

METAL CANDLE HOLDERS, SPOONS AND BOWLS

Mondays, November 3, 10
10:00-12:00pm

Registration deadline: October 27

In this series of two, two-hour classes, you will learn the basics of forming light-gauge sheet metal (zinc & copper) using various hammers and blocks (anvils). The first item will be a simple candle holder with a zinc base and a copper sleeve. Second, you will make dishes from either copper or zinc. These may be round bowls, shallow trays or variations of these shapes. Finally, you will make a spoon similar to one designed by Alexander Calder. (Calder was most famous for his mobiles made from wire and sheet metal. He once said: I think best in wire.)

This class will be limited to six enrollees so that each participant will have their own tools and space to work. During the classes, you will be expected to wear safety glasses and hearing protection. Foam earplugs are available; if you prefer muff-type ear protection you should bring your own. A small selection of safety glasses will be available; if you have your own, please bring them. If you normally wear glasses, they are probably adequate, unless the lenses are very small.

Come prepared to have fun taking out your frustrations pounding on a piece of metal and making some interesting items to keep and use.

If you have questions, please contact the instructor Dave Peterson at 815-341-1548 (text or voice).
 (2 sessions each)

Instructor: Dave Peterson
Capacity: Maximum: 6, Minimum: 2
Cost: Nonmember \$150, Member: \$110, Platinum: \$10
Space: Room 102
Registration deadlines: SEE ABOVE

LIFE LONG LEARNING CLASSES

CLASS CANCELLATION POLICY FOR LIFE LONG LEARNING AND ART CLASSES:

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Phone: 507-664-3700 **In Person:** FiftyNorth front desk

Photo of bead molds



BEADS & GLASS: A JOURNEY TO THE HEART OF CZECH CRAFT

Thursday, October 16
1:00-2:30pm

This presentation offers a behind-the-scenes look at the bead and glassmaking traditions of Jablonec nad Nisou, a historic center of Czech artisan production. Through original photos and video captured during a recent visit to local workshops and factories, attendees will learn about traditional techniques including lampworking, hand pressing, and early machine production.

The talk also includes a hands-on component: guests can explore sample beads in various stages of production, examine a button mold, and view examples of finished jewelry made with Czech glass. Ideal for crafters, artists, and anyone curious about the history and process behind handmade beads.

Instructor: Andrea Turini
Capacity: 8 minimum, 30 maximum
Space: Room 103
Cost: \$27 nonmember, \$12 member, \$0 platinum

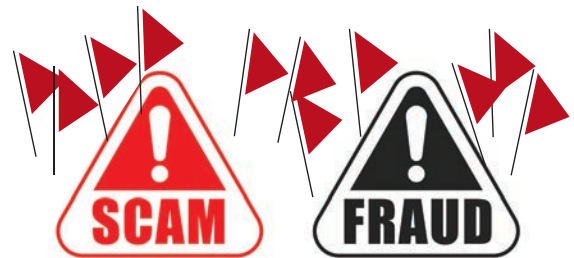


CARING TRANSITIONS Senior Relocation, Downsizing, Estate Sales

Friday, October 17
1:30-2:30pm

Caring Transitions is excited to present "The Art of Swedish Death Cleaning: Mastering Downsizing and Decluttering." We will explore the mindful approach to decluttering developed in Sweden, focused on simplifying life by clearing out unnecessary belongings. The practice arises from Swedish author Margareta Magnusson in her book, *The Gentle Art of Swedish Death Cleaning: How to Free Yourself and Your Family From a Lifetime of Clutter*. This presentation offers practical strategies for seniors and their families to downsize with intention, ensuring a more organized, stress-free living environment while easing the future burden on loved ones.

Presenter: Caring Transitions
Capacity: 35
Cost: Free
Space: Room 103



11 RED FLAGS TO SPOT SCAMS

Tuesday, October 21
1:00-2:00pm

Help protect yourself from financial exploitation. Educate yourself about how to identify and recognize the clues that may indicate you are in contact with a fraudster and learn how to protect yourself and those you care about.

Key topics include:

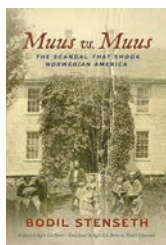
- See the prevalence and impact of scams in the U.S.
- Explore examples of common scams.
- Gain specific tips to help avoid falling victim.

Presenter: Jason LaVoi – Thrivent Financial
Capacity: 20
Cost: Free
Space: Room 102

LIFE LONG LEARNING CLASSES

Pre-register for all classes:
Phone: 507-664-3700

Online: FiftyNorth.org/classes
In Person: FiftyNorth front desk



MUUS vs. MUUS
Wednesday, October 22
1:00-2:00pm

Muus vs. Muus: The Scandal that Shook Norwegian-America chronicles the dramatic marital conflict between Ms. Oline Muus and her husband, Bernt Julius Muus, founder of St. Olaf

College, and the first pastor called to Holden Church in Goodhue County. It became a public media storm in both America and in Norway when Oline filed a lawsuit against her husband after she learned that her father's estate had been settled years earlier and Pastor Muus had withheld her inheritance.

The legal battle that ensued sparked intense debate on both sides of the Atlantic. Muus vs. Muus is a unique study of religion, gender, and power in Norwegian-American immigrant communities.

Torild Homstad is a translator and retired Norwegian teacher and administrator at the University of Oslo International Summer School. She will talk about Muus vs. Muus, and her work as co-translator from the original Norwegian edition.

Presenter: Torild Homstad

Capacity: 50

Cost: \$10 Nonmember, \$8 Member, \$0 Platinum

Space: Room 103

Registration deadline: October 17

ADVANCE CARE PLANNING OPEN HOUSE

Tuesday, October 28
1:30-3:00pm

Don't leave anything to chance! Planning is key. Who will advocate for you if you become physically or mentally unable to speak or make healthcare decisions? Do something now! Start, review, complete, and distribute your Advance Care Directive.

Join Barbara Krause and other trained facilitators in community service from the End of Life Choices Collective (EOLCC) as they answer your questions and offer confidential assistance with this legal document. There is no formal presentation. Drop in @ FiftyNorth any time during our 90-minute Open House. Bring a friend! Materials available on-site. Free and open to all.

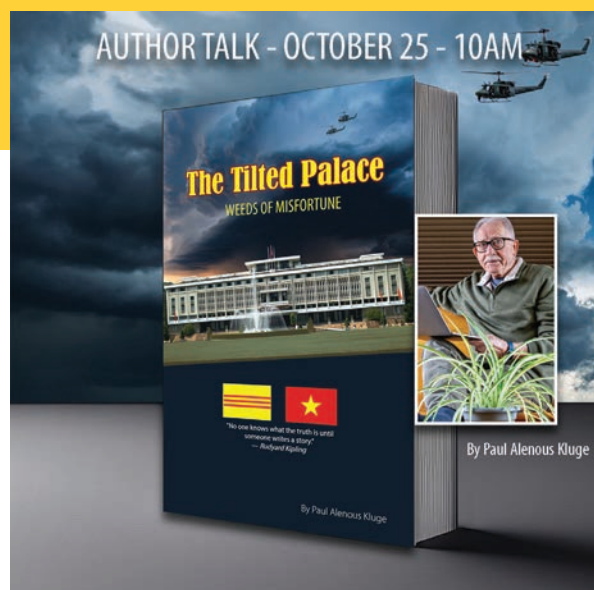
Questions? Mary Carlsen, mscarlsen1@gmail.com or Barbara Krause, barbara@inthethickofthings.com

Presenters: End of Life Choices Collective (EOLCC)

Capacity: 25

Cost: Free

Space: Room 103



AUTHOR TALK: THE TILTED PALACE

Paul Alenous Kluge

Saturday, Oct 25

10:00-11:00am

"The Tilted Palace is the big one, my purpose in writing the Vietnam Re-Visits trilogy," author Paul Kluge tells us. "As a novel, the characters' story is the sugar that helps the medicine, the truth, be consumed. Veteran brothers and sisters can find a certain peace here and others an understanding."

Ken Welch, author and seven-year Vietnam War intelligence officer puts it this way. The Tilted Palace is "... the real history of the Vietnam War and its lasting effects on Vietnam veterans ... how the enemy was destroyed but the communists got the country anyway."

Books will be available following the Talk for \$15, cash or check.

Author: Paul Alenous Kluge

Capacity: 25

Cost: Free

Space: Room 103



CPR AND FIRST AID

Tuesday, November 4
9:00-12:00pm

Students will receive expert training in First Aid and Basic Life Support CPR (adult) including Automatic External Defibrillator (AED). This 3-hour class includes instruction, demonstrations and hands-on activities and culminates in the students earning an American Heart Card. It is appropriate training for Certified Nurse Assistants, healthcare workers, childcare workers, teachers, instructors, and volunteers.

Instructor: Jon Bolster

Capacity: 10

Cost: \$72 nonmember, \$65 member

Space: room 104

MEMBER SERVICES


**FLU VACCINE CLINIC -
RICE COUNTY PUBLIC HEALTH**
**Tuesday, October 7
9:30-11:00am**
Location: Room 102

Provided by Rice County Public Health
If you are on Medicare (Part B) or Medical Assistance (Medicaid), bring your program card to the clinic and Public Health will bill Medicare or Medical Assistance for you.

NEW GRIEF SUPPORT GROUP
2nd Tue every month
October 14
1:00-2:30pm

Join with others in a safe, confidential, and supportive environment for afternoon coffee and an opportunity to make connections, share personal stories and coping strategies with others experiencing grief. Anyone ages 18+ dealing with the loss of a loved one is welcome to attend.

Register by Friday, October 10
Presented by: Three Rivers Community Action and Minnesota Hospice

Capacity: 20

Cost: FREE

Space: Room 102

**MAKING SENSE OF MEDICARE -
MEDICARE ASSISTANCE WITH AGENT OF ALL CARRIERS**
Wednesday, October 8, 12:00-3:00pm

then

Mondays, Wednesdays, Thursdays, Fridays
October 15 – December 5
9:30-3:00pm
Medicare's Annual Enrollment Period

October 15 - December 7

Whether new to Medicare or questioning your current plan, receive assistance from licensed local and independent insurance agent Sandra Robertson.

Space: FiftyNorth Gallery Link area, or Consult Room

Available for help with:

~Multiple Plan options/multiple carriers to fit your needs and budget.

~Plan analysis and review

~Assistance in enrolling when eligible

~No cost or obligation

Stop by or call for appointment.

Sandra Robertson, licensed Insurance Agent, # 20381956

Phone: 952-484-5723

sandra@sigbrokers.com

RICE COUNTY VETERANS SERVICES
Office hours Thursdays 9am-3pm

Call for an appointment: 507-332-6117

Suite YW 110 (youth wing) North side of the NCRC building. - Enter through the Community Action Center entrance

FAMILY SERVICE CAREGIVING CONSULTANT

Every Thursday • 10:30-11:30am

and Every other Thursday

October 9, 23 • 2:00-3:00pm

Location: Consult Room

Call Kathy Voss for an appointment

Certified Caregiving Consultant

Family Service Rochester

507-218-3275
www.familyservicerochester.org
CAREGIVER SUPPORT GROUP
1st or 2nd Thursday of the month
1:30-3:30pm
October 9, November 6, December 4

Join our monthly Caregiver Support group at FiftyNorth.

Learn, share, listen, laugh and gain strength and understanding alongside other care partners. Kathy Voss, Caregiver Support Specialist, facilitates the discussion.

Facilitator: Kathy Voss, Caregiver Support Specialist

Capacity: 20 **Cost:** Free

Space: Generally Room 103, but check the schedule

TECH SUPPORT
2nd Tuesday of the month
9:30-11:30am

Richard DeBeau, longtime FiftyNorth member will be available to assist members who have questions about their computers, laptops, cell phones, iPads, cameras, or similar devices. He has twenty years of experience building computers as a hobby and have installed Windows and Linux systems on his home computers. He has limited experience with Apple desktop computers. If Richard is not able to solve a problem, he will have suggestions for finding help.

Consultant: Richard DeBeau

Space: Generally Room 104, but check the schedule

**THREE RIVERS COMMUNITY ACTION
OLDER ADULT SERVICES SPECIALIST**
3rd Wednesday of the month
12:30-2:30pm
Location: Consult Room

Come in and meet Sarah Kuball, a Three Rivers Community Action Older Adult Services Specialist. Older Adult Services assist individuals aged 60 and older and their families with information, referrals, and resources that allow persons to remain healthy and independent in their homes and communities.

VOLUNTEER



LEAVES FOR THE ROSES BUSHES

"The Buds" are in need of about 15 bags of leaves to cover the roses beds for winter. Please drop off bagged leaves near the rose beds. We will prepare them after a heavy frost.

- Thank you!

Patty Ciernia: patty.ciernia@fiftynorth.org



VOLUNTEERS

VOLUNTEER OF THE MONTH

Thank you, Ron & Nancy Glodfelty



We'd like to honor Ron and Nancy Glodfelty for their long-time, exceptional, volunteer service in the community of Northfield and at the FiftyNorth popcorn wagon. The dynamic duo is always willing to pop and serve popcorn. They go above and beyond when asked to help out.

Please read about their volunteer experiences and what inspires them to give their time and talents to the community.



We have lived in Northfield for over 40 years. We have volunteered for Jaycees, Special Olympics, and now FiftyNorth. We enjoy volunteering at the popcorn wagon because of its history and the FiftyNorth family but most of all we enjoy seeing old friends and making new friends. We love to promote FiftyNorth anytime we can and the popcorn is DELICIOUS!

— Ron and Nancy Glodfelty



OCTOBER'S COLLECTION CONNECTION ■ CORINNE SIMONSON



HANDCRAFTED COMFORT: A COZY HAT & MITTEN COLLECTION

With the weather turning cooler, it's time to think about breaking out the winter duds. Corinne Simonson is sharing her collection of handmade hats and mittens, where cozy meets classic style. Each piece is lovingly made and designed to provide comfort for chilly days.

Corinne's collection is on display in the lobby glass case.

Every year Corinne adorns the mitten tree at FiftyNorth with her hats and mittens that are donated to the local elementary schools. The children wrap themselves in the comfort of handmade artistry and the cold weather adventures begin!

TRAVEL

In the event you have to cancel out of a trip after the registration deadline, you will not receive a refund, unless someone is able to go in your place. If you are not on the bus within 10 minutes of the departure time on the return trip home, you will be responsible for finding your own ride back to FiftyNorth. If you wish to go on a trip and find that it is out of your price range, please inquire in the office about a scholarship.

NOTE: *Trip leaders are unable to provide assistance to anyone that has limited mobility or that uses a wheelchair. Please arrange to have a friend or PCA pay/register to go with and assist you. Please indicate on your registration form if you need seating in a handicap section.



TRIP - JACK-O-LANTERN SPECTACULAR AT THE MINNESOTA ZOO

Tuesday, OCTOBER 21
4:30-9:00pm

Stroll through a glowing trail of thousands of artist-carved pumpkins during this enchanting after-hours experience at the Minnesota Zoo. Back by popular demand, the Jack-O-Lantern Spectacular features larger-than-life displays, seasonal sounds, and festive food and beverages—all surrounded by the magic of the natural world.

The display is on a ½ mile paved zoo trail. Wheelchairs are available to use. Electric scooters are available to rent for \$30.

Trip Lead: Norma Monroe

Capacity: 31

Cost: \$75

Registration deadline: October 20



TRIP - ROLLIKING WINTER CARNIVAL AT THE MINNESOTA HISTORY THEATER

Sunday, November 23
12:30-7:00pm

When Saint Paul city architect Clarence "Cap" Wigington is tasked with designing a glorious ice palace for the Winter Carnival, he and his wife Viola get much more than they bargained for when the magic of the Carnival enters their lives. With a gust of icy wind, Viola and Cap are whisked away into the realm of King Boreas and find themselves at the center of the epic myth that drives the festival. In this magical land of the North Wind, historical figures from the Carnival's long and storied history are seeking a new King to bring back the magic and see in Cap's brilliance the leader they've been hoping for. Meanwhile, jealous Fire Lord Vulcanus and his right-hand woman Klondike Kate see in Viola an opportunity to disrupt the winter king and end the festival once and for all. In a journey through both myth and history, they meet Minnesota figures from 19th-century amateur poets to champion snowmobile racers, all of whom helped make the Winter Carnival a lasting and marvelous tradition. As the realm discovers the magic in creativity and community, Cap and Viola melt the ice that has formed between them, and the power of the Winter Carnival is ignited once again.

We'll be stopping to eat after the play.
The meal will be on your own.

Trip Leader: Norma Monroe

Capacity: 31

Cost: \$97

Registration deadline: October 20



TRIP - HANDEL'S MESSIAH, ORDWAY THEATRE, ST. PAUL

Sunday, December 21
12:30-6:30pm

"For unto us a child is born, unto us a son is given." (Is. 9:6) One of many passages throughout Messiah that transforms our hearts in unforgettable melodies and brings us back to that which is sacred during the holidays.

The concert will be three hours long and take place on the winter solstice. That's the downside. The upside is that the Ordway Theater is on Rice Park which will be beautifully decorated for the holidays. So, we may just be able to hold off re-boarding the bus, to give our group a chance to stretch your legs strolling through the park.

Trip Leader: Bob Sullivan

Capacity: 30

Cost: \$100

Location: Ordway Theatre in St. Paul

Registration deadline: November 21

FiftyNorth Spirit Wear is back and the sale is open through October!

Please contact Larson's Printing with questions prior to placing an order, as we do not accept returns or exchanges on custom items ordered through the online store. Larson's Printing is open Monday-Friday from 9am-5pm and located at 207 Water St S in Northfield.



















You can now purchase you items online in 3 easy steps:

- 1) Scan the QR code or go online to <https://larsonsprinting.itemorder.com> and enter sale coed: FIFTYOCT25
- 2) Choose you items and add them to your cart
- 3) Securely checkout with your credit card

Online Store Deadline: Sunday November 2nd, 2025 (11:59 pm CST)

Questions? Rachel Czarnecki at 507-645-7238 or email rachel@larsonsprinting.com



<p>Ladies Cotton Essential Tee LPC61</p>  <p>6 Colors</p> <p>\$17.00</p>	<p>Cotton Essential Tee PC61</p>  <p>7 Colors</p> <p>\$17.00</p>	<p>Core Blend Tee PC55</p>  <p>6 Colors</p> <p>\$17.00</p>	<p>Ladies Long Sleeve Cotton Tee LPC54LS</p>  <p>7 Colors</p> <p>\$22.00</p>	<p>Long Sleeve Cotton Tee PC54LS</p>  <p>6 Colors</p> <p>\$22.00</p>	<p>Long Sleeve Core Blend Tee PC55LS</p>  <p>4 Colors</p> <p>\$22.00</p>
<p>Mid Weight Fleece Crewneck Sweatshirt PC78</p>  <p>9 Colors</p> <p>\$25.00</p>	<p>Mid Weight Fleece Hooded Sweatshirt PC78H</p>  <p>11 Colors</p> <p>\$30.00</p>	<p>Mid Weight Women's Fleece Hooded Sweatshirt LPC78H</p>  <p>6 Colors</p> <p>\$35.00</p>	<p>Mid Weight Ladies Fleece Full-Zip Hooded Sweatshirt LPC78ZH</p>  <p>6 Colors</p> <p>\$37.00</p>	<p>Mid Weight Fleece Full-Zip Hooded Sweatshirt PC78ZH</p>  <p>8 Colors</p> <p>\$37.00</p>	<p>Ladies Sport-Wick Stretch 1/4-Zip Pullover LST850</p>  <p>9 Colors</p> <p>\$37.00</p>
<p>Sport-Wick Stretch 1/4-Zip Pullover ST850</p>  <p>7 Colors</p> <p>\$37.00</p>	<p>Port Authority Cotton Canvas Tote BG424</p>  <p>5 Colors</p> <p>\$15.00</p>	<p>Port Authority Essential Zip Tote BG410</p>  <p>8 Colors</p> <p>\$17.00</p>	<p>Port Authority Gym Bag BG970</p>  <p>5 Colors</p> <p>\$30.00</p>	<p>Port Authority Garment-Washed Cap PWU</p>  <p>5 Colors</p> <p>\$20.00</p>	<p>Richardson Mesh Back Trucker Cap R112</p>  <p>7 Colors</p> <p>\$25.00</p>

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Services

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AARP Smart Driving 4-hour Course

Tuesday, October 14

1:00-5:00pm

AARP Smart Driving 4-hour Course

Thursday, November 13

9:00-1:00pm

AARP Smart Driving 4-hour Course

Tuesday, December 2

1:00-5:00pm

AARP SMART DRIVING COURSES

Location: Room 103

These courses are designed for the driver over age 50 to help discover how roads, cars, and you may have changed since you started driving. Learn eight driving strategies to make you a safer driver. Completion of this AARP Driver Safety course qualifies each student over age 55 (sometimes 50) a certificate redeemable for a discount on auto insurance premiums. Once you take this first-time course, you will then need to take a refresher course every 3 years to continue the discount. Please check with your insurance agent for age qualifications and renewal details. The cost of this class includes fees paid to AARP for the course.

NOTE: Please arrive 10-15 minutes early to complete registration forms before class begins.

FEES:

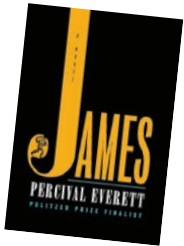
- \$32 non-AARP Members,
- \$27 AARP Members; AARP Members please register in person or by phone (you will need your AARP member number)
- \$0 AARP United HealthCare Medicare supplemental plan Members (does NOT include Advantage plans); Those with an AARP United HealthCare Medicare supplemental plan must register in person (you will need to bring your insurance card to register, and to class)

OCTOBER GROUP CALENDAR

GROUP ACTIVITIES	Day	Time	Location
ARTS / CRAFT - Art Club	Wednesdays, 2nd & 4th	1:30-3:30pm	Room 105
ARTS / CRAFT - Hook, Yarn & Needle	Tuesdays	1:00-3:00pm	Room 105
ARTS / CRAFT - Knitting Group	Fridays	10:00am-12:00pm	Room 105
ARTS / CRAFT - Photography Group	Fridays, 4th	9:30-11:30am	Room 106
CARDS - "Chat" Bridge	Wednesdays	9:30-12:00pm	Room 104
CARDS - 500	Fridays	12:30-4:00pm	Room 104
CARDS - Cribbage	Thursdays	12:45-4:00pm	Room 106
CARDS - Double Deck Pinochle	Mondays	12:15-4:00pm	Room 104
CARDS - Duplicate Bridge	Tuesdays	12:30-4:00pm	Room 104
CARDS - Euchre	Tuesdays	12:30-4:00pm	Room 106
CARDS - Sanctioned Duplicate Bridge	Thursdays	12:00-4:00pm	Room 104
CARDS - Social Bridge	Wednesdays	12:30-4:00pm	Room 104
GAMES - American Mahjonn	Fridays	1:00-3:00pm	Room 106
GAMES - BINGO	Mondays, 3rd	1:00-2:00pm	Room 103
MISC - Book Club	Fridays, 2nd	10:30-12:00pm	Room 102
MISC - History Group	Fridays	10:30-12:00pm	Room 104
MUSIC - Chime Choir	Thursdays	9:30-10:45am	Room 103
MUSIC - Troubadours Men's Choir	Tuesdays	10:00-11:30am	Room 103
MUSIC - Ukulele Orchestra and Assorted Strings	Wednesdays, 1st, 3rd, 5th	1:00-3:00pm	Room 103
MUSIC - The Band Practice	Mondays	4:00-5:00pm	Room 103
MUSIC - Seasoned Singers	Varies	Late afternoon	Room 103
FITNESS GROUPS			
Table Tennis	Mon, Tue, Thur, Sat	Check Schedule	Fitness Studio
Nordic Walking	Thursdays	5:00-5:45pm	Courtyard
Water Volleyball	Mondays & Fridays	4:00-5:45pm	Pool
Softball Practice	Thursdays	10:00am-12:00pm	Sechler Park
Pedalers & Walkers	Mondays & Wednesdays	Mornings	Varies
Walking Group	Mondays	9:00-10:00am	Carleton Arb
Senior Bowling Club	Fridays	1:30-3:30pm	Flahertys

GROUPS@FIFTYNORTH

BOOK GROUP



The Book Club meets the 2nd Friday of the month at 10:30.
Questions: call Katherine Collman at (507) 645-1357.

OCTOBER 2025
JAMES by Percival Everett



NOVEMBER 2025
THE QUIET LIBRARIAN
by Allen Eskens

BINGO!

MONDAY,
OCTOBER 20
1:00pm-2:00pm

Room: 103
\$1 Group fee applies



HISTORY GROUP
meets every Friday at
10:30-12pm in room 104.



PHOTOGRAPHY GROUP
meets the 4th Friday of the
month 9:30-11:30am in
room 106.

MUSIC GROUPS



Looking for new members!

2025 TROUBADOURS FALL AND HOLIDAY SCHEDULE

The Troubadours feature a senior mens four-part choir of tenors, leads, baritone and bass singers who perform throughout the Northfield area.

Rehearsal DAY: TUESDAYS
Troubadours 10:00am - 11:30am
(9 rehearsals)

Oct 14, 21, 28, Nov. 4, 11, 18, 25, December. 2, 9
Concert: December 16, 4:00pm

Interested? Have questions?
Contact Donna May at 507-649-7399
dmay@churchofsaintagnes.org or simply show up at the first rehearsal and try us out!



HO! HO! HO! OH NO! NO! NO!
IT'S TIME TO THINK OF THE WINTER HOLIDAYS!!

Seasoned Singers prepare for FiftyNorth's Holiday Celebration

Enjoy singing without having to commit to an entire year of numerous rehearsals and performances? The Seasoned Singers, directed by Donna May, is a group of women who meet "seasonally" at FiftyNorth to perform at various events. Our December concert is scheduled for **Tuesday, December 16 at 4:00PM.**

The Troubadours will join us as part of FiftyNorth's Holiday Celebration. We rehearse on Tuesdays from 4:00pm - 5:30pm starting on October 14 in Rm 103. All women are welcome who can match pitch and read a score. No formal audition is required. You do not have to be a member of FiftyNorth to participate, so don't hesitate to bring a friend. There is a small fee of \$10 to cover the cost of music.

Interested? Have questions?
Contact Donna May at 507-649-7399
dmay@churchofsaintagnes.org or simply show up at the first rehearsal and try us out!

Rehearsals: Tuesdays, 4:00pm - 5:30pm
Oct 14, 21, 28, Nov. 4, 11, 18, 25, December. 2, 9
Concert: December 16, 4:00pm

AUGUST DONORS & NEW MEMBERS

Our sincere gratitude to all who
have donated. — *thank you!*

Karen Achberger
David Appleyard
Nancy Ashmore & Kenneth
Wedding
Bernard & Mary Auge
Lois Bakko
Clayton & Linda Bliese
George & Catherine Brophy
Judy Broske
Warren & Karen Broughton
Mary Brown
Carl Caskey
Bernice Christensen
Donavon Pautzke &
Jeanne Cloud
Karen Collins
Richard & Katherine
Collman
Eileen Cooper
Florence Dacey
Neil & Marilyn Deden
Gary & Connie DeGrote
Thalia Duffield
Larry & JoAnn Edwardsen
Chris Ellison
Beth Endert
Jeanne Estrem
Debbie Faust
Kathleen Feldbrugge
Bryan & Rebecca Finley
Barbara Frame
Stephanie Frey
Marie Gery
Mac & Jacquelyn Gimse
Dorothy Hammer
Barbara Hanson

Kay Lee Henderson
Pat Higgins
Tim & Carolyn Hogan
Gail Hoxie-Setterstrom
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Ruth Johnson-Wirth
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Patricia Jorstad
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Gary & Arlene Kruse
Laurie Kuehn
Tim & Karla Kuisle
Charles Kyte
Myron Lanoue
Donna Limback-Reyelts
Tom & Nancy Loesch
Lucy Lou
John Dedzej & Wendy
Manuel
Ted Suss & Janet Marti
Janell Martin
Janet Mathews
James & Angie Mayr
Mike & Ann McGovern
Elaine Meyers
Neil Lutsky & Irene
Montenegro
Leonard & Barbara
Moore
Carol Ann Nelson
Pat Nelson
Marilynn Neuville
Michael & Mary Nitz
Susan Oftedahl

Elizabeth Olson
Jane Persons
Patricia Remes
Don & Clare Roos
Lee & Kitty Runzheimer
Carol Rutz
Jerry Sackmaster
Robert & Durene Sathre
Anne Sovik
Kenneth & Sharon
Steinhouse
Sharon Stoeck
Pete & Mary Stolley
Bobbi Strangfeld
Janette Stromley
Ronald & Barbara
Swartwoudt
Martha Swedin
Craig Swenson
Allan & Nancy Swenson
Making Waves Swim School
Judith Tarabek
Julie Thorsheim
Pam Toepper
Janis Truax
Arlene Tuma
Dale & Rose Turnacliff
Anne Ulmer
Dan VanValkenburg
Alan Wadleigh
Linda Wagenbach
Patricia Warner
JoAnn Wellbrock
Michael & Letti Zenner

AUGUST NEW MEMBERS

GLAD YOU'RE HERE!

Welcome!

Norman Butler & Diane Burry,
Susan Carlson,
Heather Cole,
Neil & Joy Dornbusch,
Kay Driver,
Timothy Galegher,
Mary Larsen,
Kim Lee,
Allan Rekward,
Donna Schweim,
Betty Zenk



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Financial guidance that goes beyond the numbers

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Jason LaVoi, FIC, BFA™
Financial Advisor
507-339-2747 | jason.lavoi@thrivent.com
Connect with me: [f](#) [in](#)



Scan to
learn more.

thrivent

31122DK R5-25

Winter Gear Drive to Support the Northfield Community Action Center

September 15 — October 15

- Accepting all coat sizes: children to adult
- Coats, hats, gloves and scarves are welcome

Must be clean

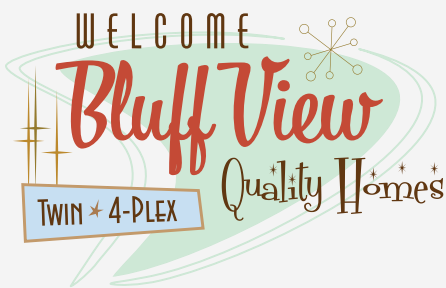
No tears of holes

Zippers must work

**Bring your outerwear to FiftyNorth. There is a
drop-off box in the lobby.**

Thank you!

CUSTOM SINGLE FAMILY HOMES FROM THE 600's



From \$459,900

Model Home Address:
414 Ford Street

Open House: Friday–Sunday, 1–4pm



22 Heavily Wooded Lots!

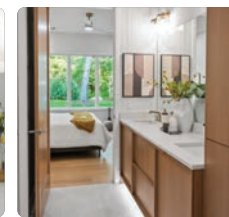
Steps from downtown & both colleges

Model Home Address:

600 Kraewood Drive

Open House:

Friday–Sunday, 1–4pm



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■ **Operations and Membership Manager:**

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507-664-3703 | elaine.meyers@fiftynorth.org

■ **Program Coordinator: Lifelong Learning/
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Patty Ciernia
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■ **Program Coordinator: Arts/Volunteer**

Michelle Brant
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■ **Used-A-Bit Shoppe Manager:**

Fermin Notario Ponce
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