



Northfield Senior Center

active,  
connected,  
engaged

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# Center News

FOR ACTIVE OLDER ADULTS



## Reinvention by Patsy Dew

I recently attended the 70<sup>th</sup> birthday party of a close friend. It was a grand affair, with many friends and family gathered, live music, and fabulous food. Most memorable was the toast her son gave, praising her for being able to reinvent herself through the various phases of her life: from student to hippie to parent to artist, and now at 70, a model and ballroom dancer.

I started thinking about transitions in life, and how we adjust to change. Some of those are easy, with guideposts already established. For example, going from 2<sup>nd</sup> grade to 3<sup>rd</sup> grade, after a summer of kickball, was a cinch. The teacher knew the order of the curriculum, and I just had to take the next step. Leaving home, finding a job, falling in love...those were a bit more complicated, but exciting at the same time. (Like my friend, I like

doing new things, learning new skills.) For all of us, each new phase asks for a bit of reinvention. The office worker who retires looks for something other than working at a computer to satisfy his or her need to be useful. There is logic to the term “empty nester” every parent with grown children understands: there is a little void that needs to be filled after the kids move on.

Celebration of the New Year is our society’s way of crystalizing this transitional nature of life. The New Year encourages self-examination, and asks, “How are you going to reinvent yourself now?” It doesn’t need to be a total reinvention. You could just think about what minor adjustments you might make that would suit your current place in life. This is a great time to think, what new things would I like to try, to learn, or to do?

I encourage you to keep that in mind as you read this newsletter and the enclosed program guide. There are new wellness classes to consider: Self Defense for Women, Fall Prevention, History and Mysteries of Yogo. You might want to explore acrylic painting, join a card playing group, write a story for our newsletter’s Moment in Time column. Or perhaps your 2016 self needs to attend a musical, learn about trains, swim a lap, try a Zumba class, volunteer in the Dining Café or Used a Bit Shoppe.

One thing I have in mind, is to tell my son to get a copy of the speech my friend’s son gave, so he has it on hand for my 70<sup>th</sup> (which won’t happen in 2016, but pretty soon after that...). I may not be a model by then, but who knows what I might become?

## GALLERY NEWS

### OPENING RECEPTION

**TUES, JAN 12  
4 - 6 PM**



**Riki Kölbl Nelson,  
Wine Cellar Doors  
January 5 - February 6**

Riki Kölbl Nelson grew up in Austria and moved to the United States as a young adult. The artwork in this exhibit is part of her journey to her native country. She writes, “On my last visit to my father’s home village in the wine district of Lower Austria I took a series of photos in the wine cellar street that runs at a right angle from the main street. The cellars, owned by families for generations, are lined up side by side (as do the houses on the main street). Narrow steps lead up to the vineyards above, whereas the cellar floor slants down into the earth below. The wine is stored in large barrels and often tasted with family members and visitors in the entrance area, where benches and a table are set up.

My art work is based on photos of the doors to these wine cellars, including the one belonging to one of my cousins. I use acrylic paints and mediums, as well as photocopy collages to capture the patterns and textures. Exploring this theme gives me the pleasure of calling up fond memories of visits spanning many years.”

## NEWS



### **HELP SHAPE THE FUTURE OF THE NORTHFIELD SENIOR CENTER!**

#### **SENIOR CENTER BOARD NOMINATIONS NEEDED!**

The Board of Directors of Northfield Senior Citizens, Inc. is currently accepting nominations for 3 new Directors. The Board consists of 15 members who oversee the Northfield Senior Center. Responsibilities include a monthly board meeting and service on one of the Board Committees. Each board member is elected to one three-year term, and is eligible to serve two consecutive terms. Current members Nancy Ashmore, Phil Winter and Gerry Gengenbach have reached the end of their second terms. Elections will be held at the Annual Meeting on Thursday, April 28, 2016. For more information contact the Nominating Committee, Duane Everson and Bob Craig, or any Board Member. Thank you for considering this important work.

#### **NORTHFIELD ACT ON ALZHEIMER’S**

The Northfield ACT on Alzheimer’s committee met in August, 2013, for a forum called “Community Conversations on Improving Outcomes for People with Alzheimer’s Disease.” Representatives from Three Links, Rice County Social Services, and the Northfield Senior Center became lead partners in the undertaking to make Northfield a “Dementia Friendly Community. As the grant that made this project possible is drawing to a close the committee continues to work toward increasing awareness of the signs of Alzheimer’s, to improve the coordination and communication of services for caretakers and care receivers and to work with the medical community to develop a pathway of service for patients dealing with this disease. As a part of this grant, the Center will be housing an “Alzheimer’s Library” with books that will be available to be checked out in early 2016.

### IOWA POLITICS

By: Marie Gery

Thursday evening began with dinner  
 Dinner at the new hog containment facility  
 One million dollars of cement  
 Computerized feed and water  
 Misterters and heat lamps  
 Open sides for warm weather  
 Every six months  
 Home for twenty-four hundred hogs  
 Wean to finish  
 From three weeks to two hundred eighty pounds  
 No mud no sun no playtime  
 Eat drink get fat

Farmers – hog, corn, soybean  
 Fraternity garbed in seed cap and Hawkeye jacket  
 Assembled at tables  
 Dinner was free  
 Ya didn't wanna miss that, no sirreee  
 Pig presence appeared in pulled pork sandwiches-  
 Jonathan Swift would have loved this  
 Conversation limited to pigs and politics  
 Pigs losing quickly

Iowa fills with candidates  
 At the moment mostly Republican  
 Democrats gave this bastion of conservatism a quick shot  
 Moved on to more fruitful pastures  
 Politics and bridge shared Trump, Trump, Trump  
 One farmer offered, "There are more pigs in Iowa than people."  
 From somewhere down the table someone replied  
 "Seems as though Donald is talking to the wrong audience"

### RECORDER GROUP

**Mondays, Starting in January, 9:30 - 10:30a**

Calling all who play the recorder to join a newly organized group that will meet every Monday starting the first Monday in January from 9:30 to 10:30 in the Service Room. You may contact Elizabeth Olson 507.301.3396 with any questions. Bring any music you may have as well as a music stand, if you have one.

### BOOK GROUP

**Book for January:  
DREAMERS by Eileen  
Truax**

If you haven't tried the Sunshine Café at the Northfield Senior Center, add it to your New Year's resolutions. The Café is open Monday-Friday from 11-1, no reservations required. Every day we offer a plate special as well as featured soups, salads, and sandwiches. If you don't see something there that sparks your interest just talk to the cook about building a sandwich to your specifications.

The café will be honoring January birthdays on Thursday, January 7. Entertainment will be the Northfield Senior Center Chime Choir who will begin entertaining us at 10:45.

## A MOMENT IN TIME

*A Moment in Time* was initiated in the September, 2013 issue of this newsletter. It was created to serve as a forum for our members' writings: short stories, memoir, poems or essays. If you have something to submit, please send it to me at [patsydew@nscmn.org](mailto:patsydew@nscmn.org), or put it in my staff mail box. If you have a great moment to tell about, and would like help writing it, give me a call, 664-3708.

- Patsy Dew



## GROUP ACTIVITIES



### SUNSHINE CAFÉ

**OPEN 11 - 1**

## CLASSES AND TALKS



Elaine M. Schaffner is a professional oil and watercolor painter. She is certified in the specialized “Art is 4 Every1®” method of teaching which allows students with no previous drawing or painting experience to complete an acrylic painting of a subject of their choice in just a few short weeks. She is a former state of Massachusetts Visual Art Educator and a lifelong artist who is passionate about sharing her love of painting and drawing with all.

**Please pre-register** for all classes, programs and trips.

Sign up deadlines will be published with each, if there is one. You may register by phone (507-664-3700), on line through our website (click on Sign Ups +), or in person at The Center.

### ACRYLIC PAINTING CLASS BEGINNER/ INTERMEDIATE

Join instructor/artist Elaine Schaffner on Thursday mornings from 9:30-11:30 for six weeks. She has completed the “Art is 4 Every1®” certification to teach acrylic painting classes. This specialized method of teaching allows students with no previous drawing or painting experience to complete a painting as they learn fundamental color mixing, composition and how to “see” as an artist and allows intermediate painters to grow and improve as artists.

**Teacher: Elaine Schaffner**

**Cost: \$108 nm/\$84 m + \$20 materials fee\* (for new students)  
Plat Equiv - \$20**

**\*Continuing students can pay \$8 materials fee for additional canvas panel & paint bottle refills.**

**\*Material fee includes two 11”x14” canvas boards, individual acrylic paint set, eight brushes and a palette knife**

### THE STORY OF ANNA DICKIE OLESON: POLITICAL PIONEER Fri, Jan. 15, 1:00p

Northfield history researcher Susan Hvistendahl will present this program on one of Minnesota’s most fascinating political figures. In 1922, just two years after the 19th Amendment gave women the right to vote, Anna Dickie Olesen became the country’s first woman endorsed by a major party in a U.S. Senate race. She criss-crossed Minnesota in a Ford Sedan delivering fiery speeches about her goal to represent the common people. In 1929, at the Democratic National Convention, she was mentioned as possible candidate for Vice President of the United States. In a year where a female is vying to make political history, learn about one of Northfield’s own pioneers.

**Fee: \$4**

### HELP WITH E-READERS Tues, Jan 12, 10 - 11 am

Northfield Public Library staff will be on-site from 10-11 am to show you how to download library e-books. In order to secure your 20 minute spot call the Senior Center at . . . . or stop by the front desk at the Senior Center. Space is limited so sign up is recommended. Deadline for sign up is Monday Jan. 11 by 10:00 A.M.

Questions? Call the Senior Center (507-664-3700) or the library (507-645-6606).

Please bring with you:

1. ONLY wireless devices that are fully charged
2. A current Northfield Public Library card.
3. KINDLE device users- Please know your Amazon account login.
4. Something to take notes on.

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### DOODLE THE DAY AWAY Thurs, Jan 21, 6-8p

A doodle is a drawing made while a person’s attention is otherwise occupied. We have all doodled especially when bored. Doodling can actually help a person’s ability to focus by expending just enough brain energy to keep one from daydreaming. Shona Brooks, doodler extraordinaire for the Eclectic Goat, will guide us through the fun of doodling and expand our horizons on what we are capable of doodling. Refreshments will be served

**Fee: \$10**

**ADULT SOCIAL  
BALLROOM & LATIN  
DANCE: BEGINNER  
LEVEL 1**

Sat, 12:10 - 12:55 pm

From the classics (Fred Astaire & Ginger Rogers) to the modern day (Dancing with the Stars), ballroom dancing fascinates all ages! Looking for a fun form of fitness? No rhythm? Two left feet? No partner? This class is for you! This introduction to the popular social dances gives you the basics in Swing, Salsa, Waltz, Tango and more. You'll have a great time and learn to dance along the way!

**ADULT SOCIAL  
BALLROOM & LATIN  
DANCE: BEGINNER  
LEVEL 2**

Sat, 1 - 1:45 pm

Beginner Level 2 continues your knowledge and strengthens your social dance skills in Swing, Salsa, Waltz, Tango and more.

**Instructor: Andrea  
Mirenda**

**SESSION I:  
Jan 9 - Feb 27, 2016**

**SESSION II:  
Apr 2 - May 21, 2016**

**Cost/session: \$96 non-member/\$86.40 NSC or NAG member**

\*When signing up for these ballroom classes, use special form located on the registration table.

**FALL PREVENTION**

Thur. Jan. 7, 14, 21, 28,  
& Feb 4, 11  
1 -2 p

Help lower your risk of falling by attending the Fall Prevention Workshop. The class meets once a week for 6 weeks. Each week you will work on balance drills, strengthen your muscles, increase your range of motion and learn tips to improve your balance.

**Fee: \$42m/ \$54nm/ Plat.  
Equiv-\$5**

**Instructor: Kaethe Boyer**



**SELF DEFENSE CLASS  
FOR WOMEN**

Wed. Jan. 6, 13, 20, 27  
8-9a

The program focuses on the physical and technical aspects for conflict resolution, which include the techniques of blocking, striking, kicking, throwing, joint manipulation and grappling. This is a practical course designed for students with little or no experience in martial arts or self-defense to learn the basic skills to protect themselves and their love ones if ever needed.

**Fee: \$30m/ \$40nm  
Instructor: Sebastian  
Bursat**

**COMPUTER  
CLASSES  
WINDOWS 10**

T/Th Jan. 5/7; 9:30-11:30a  
Cost: \$20 m/ \$25 nm  
Instructor: Jim Finholt

**INTRO TO COMPUTERS/  
MAC**

M/W Jan 11/13; 9:30-11:30a  
Instructor: Judy Cederberg  
Cost: \$20m/25nm

**INTRO TO COMPUTERS/  
WIN**

T/Th Jan 12/14 ; 9:30-11:30a  
Instructor: Jim Finholt  
Cost: \$20m/25nm

**WORD PROCESSING  
BASICS/MAC**

W/F Jan 20/22; 9:30-11:30a  
Cost: \$20m/\$25nm  
Instructor: Barb Henwood

**WORD PROCESSING  
BASICS/WIN**

T/Th Jan 19/21; 9:30-11:30a  
Cost: \$20m/25nm  
Instructor: Lee Klimish

**ORGANIZE MY MAC  
COMPUTER**

M/W Jan 25/27; 9:30-11:30a  
Cost: \$20m/25nm  
Instructor: Jim Finholt

**ORGANIZE MY WIN  
COMPUTER**

T/Th Jan 26/28; 9:30-11:30a  
Cost: \$20m/25nm  
Instructor: Jim Finholt

**CLASSES AND  
TALKS**

For a complete discription of the computer classes, see the Fall Program Guide, pg. 12-13 or see the "Computer Center" on our website.

## TRAVEL NEWS

### FUTURE TRIPS!

Calendar Girls, Park Square Theater- June 26

St. Paul Saints Baseball Game July 12

South Pacific, Guthrie Theater - Aug. 3

Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up date receive a full refund. Cancellations after that date receive a full refund **IF a replacement can be found.** Note that our trips require a minimum of 20 persons for each outing.



**TRANSPORT MUSEUM, ROUNDHOUSE AND TRAIN DEPOT ST PAUL, MN**  
Wed. Jan. 20  
Time: 9a -3p

Join us for an unique tour of St Paul's Transportation structures: the Minnesota Transport Museum, the Jackson Street Roundhouse and the St Paul Depot. We'll stop for lunch on your own at Kristo's (at the Depot).

**Cost: \$45**  
**Sign up by: Jan. 15**

**"A CHORUS LINE"**  
**ORDWAY THEATER, ST PAUL**  
Wed, Feb 24  
11:30 a - 4:30p

This iconic musical tells the story of a group of dancers auditioning to be part of a Broadway show. Only eight of 23 hopefuls will be successful. They all struggle for their once-in-a-lifetime chance to dance on the big stage. Classic songs like "Singular Sensation," "One" and "What I Did for Love" are part of its musical numbers. Join us for this Twin Cities production of this Broadway musical!

**Cost: \$96**  
**Sign up by: Dec. 30**

**MUSEUM OF AMERICAN PATTERN GLASS AND LUNCH AT MEDITERRANEAN CRUISE CAFE**  
Fri. March 11  
8:30a- 3p

This unusual museum is dedicated to preserving decorated American pattern glass in the United States. The collection primarily spans the years from the 1880's to the 1920's. After the tour of the glass museum, we have lunch at the Mediterranean Cruise Café which serves Mediterranean, Middle Eastern and American cuisine. The restaurant is also well known for its unique belly dancing entertainment. You can order off the menu. Lunch is on your own.

**Cost: \$29**  
**Sign up by: Mar 1**



**"FIDDLER ON THE ROOF"**  
**BLOOMINGTON CENTER FOR THE ARTS**  
Sat. April 23  
Time: 12:30 - 5p

"Fiddler on the Roof" has been called "One of the most glowing creations in the history of musical theater." Set in Imperial Russia in 1905, this heartwarming story is centered around the father of five daughters, and his attempts to maintain his religion and cultural traditions.

**Cost: \$53**  
**Sign up by: Mar. 30**

**MINNESOTA ORCHESTRA HALL: CIRQUE DE LA SYMPHONIE**  
Sun, May 22  
12:45 - 5:00p

If the Minnesota Orchestra ran away and joined the circus, this is what it would look like: on stage with the orchestra, the circus will be all around them and flying over their heads- aerialists, acrobats, contortionists, jugglers and strongmen making astounding feats look easy. The perfect show for the whole family – it's the magic of the big top brought to the concert hall.

**Cost: \$82**  
**Sign up by: April 4**

# Minutes of the December 3 Board Meeting

## BOARD OF DIRECTORS

**Directors present:** Nancy Ashmore, Bernard Borene, Tom Brawley, Gerry Gengenbach, Bill Gruszewski, Marvin Kormann, Greg Smith, Richard Jackson, Dan VanTassel, Phil Winter, Bob Craig, Jerry Gehler

**Absent:** Elizabeth Olson, Duane Everson

**Staff present:** Lynne Pederson

**Others:** Michelle Remold

### CALL TO ORDER

The meeting was called to order by Gerry Gengenbach at 3:03pm

**Action:** Minutes from the October Board Meeting were accepted with a change to the misprinted anticipated expenses.

### REPORTS

#### Review and approval of Financial Reports

Bill Gruszewski reported. Cash, checking and savings have remained steady. Endowment fund is up from last month. We should finish the year within 1% of what the budget was expect to be this year. Sales of the Used A Bit were down in October of this year compared to October of last year. Popcorn Wagon made more this year than it made in 2014.

#### Finance Committee

Bill Gruszewski presented. Motion made that Legacy Gifts received under \$5,000 that don't have a designation will be added to the General Fund. The motion was seconded by Phil Winter. The motion was carried. There was a draft of the audit that was received and it was gone through with the auditor. Finance Committee was satisfied with the audit. The resolution to accept the audit was motioned. The motion was seconded. Motion was carried.

#### Facilities Committee

Marv Kormann reported. Looking into tankless water heaters and the pool lift is fixed. Audio loop is being looked at for plays and such. The building inventory is complete. The space study is complete and the Computer Lab will be turned into a multi-purpose room, as well as a Computer Lab. The shades have been changed in the Fitness Room.

#### Membership Committee

Nancy Ashmore reported. Nancy is gearing up to talk with the Zoning Board again regarding a new sign outside the center, with hopes that it will be ready to go by spring. The marketing information about copywriting has been

collected and a look at costs associated with outside printing costs.

#### Advancement Committee

Beth Endert reported. A second Fund Drive Letter was mailed. The Elf on the Shelf will be coming back prior to the Holiday Party.

#### Executive Director Report

Lynne Pederson reported. Applied for Aging Mastery Grant from the National Council on Aging to fund educational classes and will know if we received it by the end of December. Thefts in the building seem to have stopped. Melodrama was again successful. Michelle resigned from her position as Administrative Coordinator due to classes and having to do a practicum.

#### OLD BUSINESS

##### Budget

The budget has had changes made. Motion made to approve the budget for 2016 and the motion was seconded. The motion was passed and the budget was approved.

### NEW BUSINESS

#### Strategic Plan

Have each committee look at parts of the strategic plan and decide what they would like their committee to work on for the upcoming years.

#### Nominating Committee

Some people will be leaving the board and are looking for nominations and volunteers to serve on the board. Officers will also be elected at this time.

**January 8<sup>th</sup> Meeting** will include the staff appreciation.

### ADJOURNMENT

The meeting adjourned at 4:32pm.

## DONORS

## Thank you to these November Donors

Mark & Judy Code, Jean Larson, David Roth, Paul Noah & Beret Griffith, Calvin & Donna Kuhnau, Kari Nelson, Joan Paulson, Eve Webster, Patricia Kangas, Marianne Neitzel, Joan Stoesz, Pat Sunquist, Anne Ulmer, Judy Beckers, Charles Jacobson, Elizabeth Truman, Frank & Evelyn Gates, Charles Jacobson, William & Callista Meyer, Harley Tate, Dorothy Thibodeau, David & Joey Appleyard, Solveig Bailey, William Beery, Warren & Karen Broughton, Mary Brown, William & Charlotte Carlson, Eileen Cooper, Thomas DeWolfe, Larry & JoAnn Edwardsen, Chris Ellison, Gerry & Carol Gengenbach, Marie Gery, Bonnie Gretz, Georgene Johnson, Jackie Johnson, Julie Klassen, Marv & Rose Kormann, Harriet Menard, Mary Olander, Elizabeth Olson, Charles & Lynne Pederson, Ken & Roberta Persons, Gordon & Emelda Rasmussen, Bardwell & Charlotte Smith, Margaret Sary, Linda Wagenbach, Jean Brandt, Jerry & Liz Hankins, Myrtle Ringlien, Pam Roberts, Bryce & Molly Skaar, Myron & Carol Solid, Gary & Connie DeGrote, William & Marjorie Gruszewski, Nancy Parkos, T. D. Anderson, Roxanne Baumann, Alice Hall, Douglas & Patricia Kriesel, Tom Oleson, Judy Broske, Zora Dowell, Winnie Drentlaw, Jerry & Diane Gehler, Malcolm & Jacquelyn Gimse, James Glover, Doug & Sue Ims, Carol Johnson, Robert & Elaine Kadow, Hanard Lien, John & Sharon Micklo, Alyce Nelson, Laura Olson, Elizabeth Williams, Arliss Boyum, Samuel & Margy Deel, Beth Endert, M. Virginia Epps, Bunny Lantz, Jon Olson, Carolyn Jennings, Ken Madole, James & Cordelia Stenstrom, Duane & Sally Boyle, Dorothy Hammer, D Knight & D Peterson, Judy Matson, Pat Lamb, Ruth McCarty

## Welcome to these new members

### MEMBERSHIP

Marvin David, Bebe Diehl, Jeanette Johnson, Lorie Kjergaard, Paul Skluzacek, Elisabeth Colb, Steven Bakke, Florence Dacey, Rita Planten, Richard Gronning, Sigrid Gronning, Karen Johnson, Leona Owens, Michael Johnson, Mary Cleland, Edward Bacon McKinley, Gracia Gimse Mckinley, Katherine Owre, Inge Prevost

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### NSC STAFF DIRECTORY

**Director / 664-3701**  
Lynne Pederson

**Assistant Director / 664-3708**  
Patsy Dew

**Bookkeeper / 664-3705**  
Kathy Bjerke

**Membership Coordinator / 664-3704**  
Jackie Johnson

**Fitness Manager / 664-3702**  
Craig Swenson

**Program Coordinator / 664-3707**  
Chris Ellison

**Administrative Coordinator / 664-3703**  
Michelle Remold

**Used A Bit Shoppe / 645-1399**  
Kristi Casson

**Dining Site & Popcorn Wagon Mgr / 664-3735**  
Gail Noren

**Evening/Weekend Receptionists / 664-3700**  
Janice Kasa, Barb Henwood, Ruth Johnson-Wirth, Pat Sunquist, Beth Endert



Newly Remodeled!



# MEMORY CARE

*Three Links*

## Cottage East & West

Providing 24-hour supervision and companionship in a home-like setting. Each Cottage is the home for ten residents which offers assistance and encouragement in an environment that preserves dignity, respect and acceptance. A welcoming place for family and friends! **Stop in to see the newly remodeled Cottage East!**

For more information or to schedule a tour, call (507) 664-8845 [www.threelinks.org](http://www.threelinks.org)



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[www.NorthfieldHospital.org/OFC](http://www.NorthfieldHospital.org/OFC)

1381 Jefferson Road, Northfield

Offices in Northfield, Lakeville and Farmington

## Advantage Care Hearing Center

Faribault Farmington Cannon Falls Zumbrota

507.412.9813



Jayne Bongers, CHIS

### My Services include:

- Hearing evaluations
- Hearing aid sales
- Repair
- Hearing aid cleaning
- Batteries and supplies

[advantagecarehearingcenter.com](http://advantagecarehearingcenter.com)



One way to support the Center

SHOP AT THE

**Used a Bit Shoppe!**

624 Water St. S

( In the River Park Mall )

Open Mon - Sat, 10am - 5pm,

Thurs, 10am - 7pm



# Northfield Senior Center

1651 Jefferson Parkway  
Northfield, MN 55057

<http://www.northfieldseniorcenter.org/>



This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

Non-Profit Org.  
U.S. Postage Paid  
Permit 31  
Northfield, MN  
55057

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### CENTER LOBBY & FITNESS CENTER HOURS

Monday-Thursday: 6am-8pm  
Friday & Saturday: 6am-6pm  
Sunday: 9am-8pm

### POOL HOURS

Monday-Thursday: 6 am-8pm  
Friday & Saturday: 6am-6pm  
Sunday: 5:30pm - 8pm

### USED A BIT SHOPPE 507-645-1399

624 Water St. / River Mall  
Monday-Saturday: 10 am-5 pm  
Thursdays: 10 am-7 pm



### THE PEOPLE COULD FLY

Sylvia Langworthy is directing a group of Sr Center members in a reader's theater performance of the African American Folktale, *The People Could Fly*. This will be performed at the Community Celebration of Martin Luther King Day, held annually at Arcadia School (1719 Cannon Rd), this year on January 15 at 7:00 pm. The cast includes Marie Gery, Elizabeth Olson, Paul Kluge, Brynda McCoy, Willis McCoy, Bob Bruce, Lin Bruce, Marcia Jacobs, Orpah Johnson and Patsy Dew. We may also be adding a performance of this piece at the Center on Monday, January 18, Martin Luther King Day.