



Northfield Senior Center

**active,
connected,
engaged**

Gallery.....2
News.....3, 11-12
Classes and Talks4-6
Group Activities.....7
Trips.....8-9
Volunteer.....8
Moment in Time.....10
Board of Directors....13

Center News

FOR ACTIVE OLDER ADULTS



Summertime Blossoms

by Patsy Dew

Suddenly it's summer! Growing up in southern Michigan, I was accustomed to a gradual and long season called Spring, which eased us into the warm, humid summertime. Here there is a dramatic change from winter to summer, with an unpredictable "spring" in between. Of course, I do like drama, and delight in the surprises my gardens bring. As my father once said, plants in Minnesota know that they have to move from sprout to blossom in a very short time.

The other aspect I love about summer in Minnesota is the "blossoming" of community. We find again that we have neighbors! Pale people emerge

from their houses, take leisurely walks and stop to talk with each other. Organizations plan fun outdoor activities: Riverwalk Market Fair on Saturdays; the Community Band concerts in June; and this year the Vintage Band Festival (July 28 – 31).

In the spirit of summer The Center will be partaking of these special community events. As part of our 40th Anniversary Celebrations, we'll be handing out free popcorn at the June 30th Community Band Concert on Bridge Square. The Sr Center will be the honored Friend of the Market at Riverwalk Market Fair on Saturday, July 16, 9am – 1pm. There will be a

slide show about the Center, brochures, pictures, performances, exercise equipment, and members who can share. If you'd like to help out at Riverwalk, let me know (patsydew@nscnm.org). On July 31 the Sr Center will be bringing one of the Vintage bands indoors for our Annual Fund Drive Kick Off. This is a swing band called "Swing 'n' a Miss" and the event will be lots of fun!

I hope you will mark your calendars and join us for these Summertime Specials.

Forty and Fabulous! (1976 - 2016)

Our 40th anniversary celebration continues:

June 30 - Free popcorn on Bridge Square for the community during the Band concert

July 16 – We will be the "Friend of the Market" at the Riverwalk Market Fair

Watch for a fun capstone event in the fall. Details being worked out.



The Alliance Church at the corner of Woodley and Division streets was for sale in 1976. The CAC, Church Women United, and seniors came to the City Council to ask them to purchase the empty building and parsonage for a CAC/Senior center.

GALLERY

**Current Exhibit: Continues through July 10
Jan Eckhart, Poster Art and Dick Zawacki, Wood Carvings**

**Upcoming Exhibit:
Peter Seitz, Paintings, Calligraphy, Designs
July 11 - August 14**

Peter Seitz had a long career as a graphic designer and educator, starting with a position with I.M.Pei Architects in Manhattan, followed by two years of teaching at the Maryland Institute of Art in Baltimore. Peter moved to Minnesota and was the Design Curator and Editor at the Walker Art Center from 1965 to 1969. In 1970 he started InterDesign, an interdisciplinary design firm bringing together Architecture, Graphic Design, Landscape Architecture and Computers. An early but major project, the Minnesota Zoo validated this concept and many big design projects sustained this company for fifteen years. In 1980 he founded Seitz Yamamoto Moss, a company that designed projects for Fortune 500 corporations, non-profits and institutions in the US and Japan. Peter taught at the Minneapolis College of Art and Design from 1971 to 2002.

Since retiring, Peter has studied other art forms, such as calligraphy, botanical painting, and most recently iconography. He feels that one key to his happiness throughout his long life has been a willingness to change, and an interest in learning new skills.

**OPENING
RECEPTION**

**TUES, JULY 19
5 - 7 PM**



Glass Baubles by Gerie Thelen. See pg 2 for class she is teaching on making these baubles.



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4th on the 1st PICNIC

Friday, July 1, 11am - 1pm
FOOD, MUSIC, FRIVOLITY

MENU

Hot Dogs
Baked Beans
Potato Salad
Brownies
Lemonade or Iced Tea

Cost: \$5.50
or SEMCAC prices for age 60 and over

Purchase tickets at the Front Desk

NEWS



The Senior Center will be closed on Monday,
July 4

Pool News

Due to Cleaning and Maintenance the Pool will be closed for a couple of weeks in August. Presently the tentative dates are Aug 12th through Sept 1st.

Open Swim is reserved for all types of activities: water therapy, water exercises, and even lap swimming. Each person is there to get their workouts in and to have a good time. We are a center that welcomes individuals of all sorts of ages and abilities. Please be respectful of all others using our pool.



Please Check In

Even if you are not on one of the programs that pays you to exercise, the Sr Center NEEDS to know how many people are participating here, and what activities they value. This information helps gain grant support, and helps with decisions about future programming. For example, if 20 people attend a class, but our system says only 7 were there, that class may be canceled in the future.

CLASSES AND TALKS

Please pre-register for all classes, programs and trips.

Sign up deadlines will be published with each, if there is one. You may register by phone (507-664-3700), on line through our website (click on Title), or in person at The Center.

ADDITIONAL AQUA YOGA CLASS ADDED BEGINNING JULY 5

AQUA YOGA

Every Tue
8:00 to 9:00am

Enjoy ways to relax and work your muscles in the same manner as a land yoga class, but instead in a 89 degree pool. You will use various equipment to help maintain the best poses and stability while you are in the water.

*During this time frame only lap swimming and Aqua Yoga are able to be in the pool.

Cost: \$7m, \$9nm
Instructor: Marie Fredrickson

GLASS BAUBLES

Tuesday, July 12
1:00pm to 2:30pm

Here is a fused glass class that lets your imagination see endless possibilities by creating baubles. These glass baubles can be turned into jewelry pendants, magnets, key chains or added to a picture frame.....let your imagination go wild with ideas!

Cost: \$19 mem / \$22 non-mem / Plat equiv - \$8
Fee includes \$8 for materials & firing
Instructor: Gerie Thelen

AARP SMART DRIVING CLASSES

These courses are designed for the driver over age 50 to help discover how roads, cars, and you may have changed since you started driving. Learn eight driving strategies to make you a safer driver. Completion of this AARP Driver Safety course qualifies each student over age 55 (sometimes 50) a certificate redeemable for a discount on auto insurance premium. First timers must take the 8-hour course then a refresher course every 3 years to continue the discount. Please check with your insurance agent for age qualifications and renewal details. The cost of this class includes fees paid to AARP for the course.

Fees: \$22 AARP Members, \$27 non-AARP Members
AARP Members please register in person or by phone (you will need your AARP member number).

AARP SMART DRIVING 4-HOUR REFRESHER COURSE

Monday, July 18
5:30pm to 9:30pm

AARP, 8-HOUR SMART DRIVING CLASS

Tue/Wed, Aug 2, 3
5:30pm to 9:30pm

Happening in September

APPROACHING WINTER: A DANCE WORK ABOUT AGING

September 8 at 11:30am, * and 9th at 7pm

Wagner-Bundgaard Studio 1
St. Olaf College Dittmann Center
Free to the public

The activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

Approaching Winter: A dance work about aging is a poignant solo dance rich with movement metaphors relating to the journey of a woman, who is also a dancer, confronting the signs of aging.

*The performance on the 8th is just for the Sr Center and Arcadia high school.

GRANDPARENTS ENCOURAGING COMPUTER SKILLS

Wed, July 6

2-3pm: Presentation/Demo 3 - 4:30pm: Q & A

Do your grandchildren seem to have an aptitude for tech-stuff? You can help them turn that interest into a marketable skill. You will learn how to help your grandchildren go beyond using “Apps” to understanding how-the-heck those “Apps” are built.

This class will give you:

- 1) hands-on experience of assembling a complete Raspberry Pi computer system that might encourage mechanically-minded grandchildren
- 2) examples of creating computer games and art-work using the Scratch programming language.
- 3) plenty of time for Q & A

For you, a non-stressful introduction to understanding what might excite a grandchild to become interested in tech toys and games. If you like logic and can overcome the frustration of the unforgiving nature of computers or computer programs, this session will be fun.

Caveat: This is not a class aimed to solve any problems you may be currently having with technology.

Instructor: Larry Walsh (retired IBM Systems Engineer/Manager, who has advised the Center and CAC on their technology as a volunteer for 12 years)

No fee; please pre-register so Larry knows how many to plan for.

MEMORY CAFÉ

The Memory Café will meet the third Wednesday of each month at 1:30 p.m. in the Northfield Senior Center Sunshine Café.

The Café is open to anyone who is experiencing early stages of dementia and their care partner from Northfield and other surrounding communities. It is not necessary to be a member of the Senior Center.

The Café will be planned and facilitated by Breanna Wheeler. Breanna has a Master degree in Public Affairs with many years working with the older adult population. Currently she is working with the Northfield Act on Alzheimer’s group, is a board member for the Minnesota Gerontology Society, and for many years was the Activity Director for the long term care unit at Northfield Hospital.

Contact information: Lynne Pederson, Director, Northfield Senior Center 664-3701, lynnepederson@nscmn.org; Breanna Wheeler, wheeler434@umn.edu

CLASSES AND TALKS



Raspberry Pi computer - costs \$37 and is the size of a credit card



COMPUTER CLASSES

Registration Deadline for all computer classes is NOON, WEDNESDAY, the week before the class begins.



For a complete discription of the computer classes, see the Summer Program Guide, pg. 10-11 or see the "Computer Center" on our website.

[INTRO TO COMPUTERS/ MAC](#)

Mon/Wed, July 11, 13
9:30 to 11:30am

This introductory course covers general computer concepts, and introduces the use of the mouse and keyboard, and simple word processing. The course will use a text book. Students are asked to pick up a free, loaner copy at the Reception Desk prior to the start of the course.

Prerequisite: none
Cost: \$20m/25nm/\$0plat. equiv

Instructor: Judy Cederberg

[INTRO TO COMPUTERS/ WIN](#)

Tue/Thu, July 12, 14
9:30 to 11:30am

This introductory course covers general computer concepts and use of the mouse and keyboard, and simple word processing. The course will use a text book. Students are asked to pick up a free, loaner copy at the Reception Desk prior to the start of the course.

Prerequisite: none
Cost: \$20m/ \$25nm/\$0 plat. equiv

Instructor: Jim Finholt

[WORD PROCESSING BASICS/WINDOWS](#)

Tue/Thu, July 19, 21
9:30 to 11:30am

This course reviews and applies the concepts introduced in the course, Intro to Computers.

(2 Sessions)

Prerequisite: Intro to Computers/Win or equivalent
Cost: \$20m/\$25nm/\$0 plat. equiv.

Instructor Lee Klimisch

[WORD PROCESSING BASICS/MAC](#)

Wed/Fri, July 20, 22
9:30 to 11:30am

This course reviews and applies the concepts introduced in the course, Intro to Computers.

Prerequisite: Intro to Computers/Mac or equivalent
Cost: \$20m/ \$25nm/ \$0plat. equiv

Instructor: Barb Henwood

[ORGANIZE MY MAC COMPUTER](#)

Mon/Wed, July 25, 27
9:30 to 11:30am

(An introduction to the *Macintosh* Operating System)

A typical computer may contain thousands of documents and pictures and it is essential to have a good way to organize these items. This course will explain how to attain this goal while using a Macintosh computer.

Prerequisite: Word Processing Basics or equivalent
Cost: \$20m/ \$25nm/ \$0 plat. equiv

Instructor: Jim Finholt

[ORGANIZE MY WINDOWS COMPUTER](#)

Tue/Thu, July 26, 28
9:30 to 11:30am

(An introduction to the *Windows* Operating Systems)

A typical computer may

contain thousands of documents and pictures and it is essential to have a good way to organize these items. This course will explain how to use a *Microsoft Windows* operating system to attain this goal.

Prerequisite: Word Processing Basics or equivalent
Cost: \$20m/\$25nm/ \$0 plat. equiv.

Instructor: Jim Finholt

[INTRO TO IPAD/IPHONE](#)

Mon/Wed, August 1, 3
9:30 to 11:30am

This introductory course is for absolute beginners of iPad and iPhones. In this class you will get to know your iPad/iPhone.

Prerequisite: none
Cost: \$20m/ \$25nm/ \$0 Plat. Equiv.

Instructor: John Severson

[INTRO TO THE INTERNET AND EMAIL](#)

Tue/Thu, August 2, 4
9:30am to 11:30am

This course deals with: searching the internet, sending and receiving email, sending and opening email attachments, using Contacts (Address Book), and security. Prerequisite: Organize My Computer or equivalent
Cost: \$20m/ \$25nm/ \$0 Plat. Equiv.

Teacher: Jim Finholt

NSC SOFTBALL 2016!

Mondays & Thursdays, 9-11 a.m.
Sechler Field #2
Begins May 2, ends September 1

The Northfield Senior Center is sponsoring coed Senior Softball again this year. Have fun with friends old and new as you get good exercise twice a week. There is no fee. Everyone is welcome! On some Mondays and/or Thursdays, games (home or away) may be scheduled with other nearby senior teams.

BOOK CLUB

Book Club – The book club meets the second Friday of each month (July 8) at 10:30 am.

July: CAPE ANN by Faith Sullivan
Aug: DEADWAKE by Erik Larson

For more information, call Katherine Collman, 645-1357

POPCORN AND A MOVIE

2016 July Movies

July 4: Closed

July 11: Theory of Everything, nominated Best Picture in 2015

July 18: Concussion (NEW), starring Will Smith

July 25: Fireflies in the Garden (NEW), 2014
Drama

Paper Crafting

Meets at 1:30 on the first and third Mondays of every month No meeting July 4.


July 18 will be a red, white, and blue project day..

All people who like working with paper are welcome attend.

NEW MEMBER WELCOME

COFFEE HOUR

First Wed of every month
9:00 to 10:00am



July happenings at the Café

The Café will be closed on Monday, July 4.

SEMCAC will be catering “The 4th on the 1st” Picnic on the Patio. The dining room will be open for people who choose to eat indoors. Please see page 3 for menu, pricing and ticket information. Greg Smith and Friends will provide musical entertainment.

Wednesday July 13th Marion’s Concertina will be playing old time and country music for our Birthday Dinner. We will be serving BBQ Meat Balls, Baked Potatoes, Italian Green Beans, Rhubarb Muffins, and Birthday Cake.

GROUP ACTIVITIES

SUNSHINE CAFE

OPEN 11 - 1





Shakespeare in Winona, co-sponsored with the CVEC

Both trips will include meeting with the actors over a box dinner for questions and discussion. The Great River Shakespeare Festival (grsf.org) will begin its 13th Season under the leadership of Artistic Director, Doug Scholz-Carlson, known to many in Northfield, where he began his career. Cost of the trip to each play is \$80; cost for both is \$150.

[As You Like It](#)

Wed, July 6,
11:15 am - 8 pm

Shakespeare's beloved comedy reveals the liberating power of love. *As You Like It* overthrows the traditional rules of romance and allows us to witness how bewildering and how utterly pleasurable life can be. Rosalind, one of Shakespeare's great women, joins a cast of brilliant comic characters lost in the delightful madness of the Forest of Arden. Artistic Director Doug Scholz-Carlson directs this play filled with some of Shakespeare's best known songs.

Cost: \$80 [SIGN UP ONLINE](#) or in person at the Center.

[Julius Caesar](#)

Wed, July 13,
11:15 am - 8 pm

A fast-moving thriller about the struggle for democracy, Julius Caesar explores power, loyalty, and tragic idealism through the friendship of great men. Shakespeare's tense drama of high politics is both epic and intimate, with powerful speeches in public squares and whispered conspiracies in back rooms and dark hallways. James Edmondson (*King Lear*, *Hamlet*, *Much Ado About Nothing*) directs this tale of political intrigue that resonates today.

Cost: \$80 [SIGN UP ONLINE](#) or in person at the Center.

Thursday's Table On July 21 we are helping provide volunteers for these jobs:

- Table Set-up (2:30 - 3:30pm)
- Room Set-Up (3-5pm)
- Food Prep (3 -5 pm)
- Servers in Kitchen (4:45-6:30)
- Table cleaners and Resetters(4:45-6:45pm)
- Dining Room Cleaning Crew (6:15 - 7:30pm)

If you can help, let Patsy Dew know, patsydew@nscmn.org

Pool Monitoring In the summer we have more Open Swim time, so we need more pool monitors. Contact Craig Swenson, craigswenson@nscmn.org

Popcorn Wagon Help sell popcorn on Bridge Square. Meet lots of interesting people and serve as Northfield ambassador as well, letting out-of-towners know where the James gang robbed the bank, and where they can get ice cream or a cup of coffee. Contact Lesley Weirich, lesleyweirich@nscmn.org

Gardening Crew Work in the gardens in our courtyard, planting, weeding and harvesting. Contact Chris Ellison, chrisellison@nscmn.org

Work Crew contact Gerry Gengenbach, gengenbach@gmail.com

Hosting Vintage Band Festival Players

The Vintage Band Festival will return to Northfield this summer, July 28-31, and there is an opportunity to provide homestays for the participants, both international and national. You would need to transport the band members to their daily commitment and pick them up in the evening. Also, they will need breakfast in the morning. If you are interested, please contact Garda Kahn, 507-645-9170.

VOLUNTEER

Summertime Volunteers

The Center offers many ways that you can serve and have fun at the same time. The bonus in the summertime is that many of these are outside activities.



BASEBALL GAME - ST PAUL SAINTS

CHS Field, St Paul
Tuesday, July 12
5:00 - 11:30 pm

It's a night game – under the lights – to see the St Paul Saints play in their new stadium against the Sioux Falls Canaries. We have wonderful seats above the home dugout. The Saints have a reputation for outlandish promotions and offer a new level of fun during the game. Pablo Picasso, their live pig mascot, is the only one in baseball. They also have other characters appearing at the game. Join us for an evening of sport and fun!
Cost: \$40
Sign up deadline: July 6

SOUTH PACIFIC
Guthrie Theater,
Minneapolis
Wednesday, 3 August
10:15 am - 5 pm

This is a sweeping musical romance – one of the most celebrated and lauded in American theater. It's set in an island paradise during World War II and tells the story of two couples and how their happiness is threatened by the dangers of war and prejudices of their times. Lunch is on own at the Level 5 restaurant (casual). Reservations will be made in advance for the group; you may eat alone or with others of your choice, You could bring your own lunch to eat outdoors in the park next to the theater, if you wish. Please indicate on your registration if you wish to do so.

Cost: \$82
Sign up deadline: July 6

MINNESOTA LYNX GAME

Sunday, Aug. 28
4:00 -10:00 pm

Enjoy the on-court excitement of the winningest pro team in Minnesota- the 3-time WNBA Champions, Minnesota Lynx! Watch these world class women athletes play and see what makes them so successful.

Cost:\$59
Sign up deadline: Aug 6

FALL COLOR TRIP TO WINONA

Wednesday, Sept 28
8:30am- 6pm

Cruise along the river with a wildlife guide to see birds along the shore. Lunch will be on your own then we will tour the Minnesota Museum of Marine Art home to major works by Picasso, Van Gogh, Monet, Gauguin, Cézanne, Constable, O'Keeffe, Cassatt, Homer, Wyeth, and many more. The MMAM is truly a hidden gem!

Cost:\$55
Sign up deadline: Sept 21

TRIPS



Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up date receive a full refund. Cancellations after that date receive a full refund **IF a replacement can be found**. Note that our trips require a minimum of 20 persons for each outing.

**A MOMENT
IN TIME**
HISTORY OF THE
NORTHFIELD SENIOR
CENTER
by Marie Gery



“HEY! WE HAVE TO DO SOMETHING!”

Bits and Pieces about the Beginnings of the Senior Center 1960-1975

1960. Apparently, recreation was unorganized and needed to be tidied, so the City of Northfield hired the first Recreation Director. Faye Miller, the new director, took a look at the demographics and began regular monthly programs for senior citizens. There was no definite place to meet so meetings took place in churches. These were sponsored by the City Recreation Board and the Senior Citizen Advisory Committee. In **1965**, Trinity Lutheran Church became the first permanent place for the monthly meetings. Once a month was not enough. Soon a drop-in center for seniors opened at 19 Bridge Square. Card players met at the Odd Fellows Hall.

Three years later, in **1968**, Dorothy Headley, Molly Woehrlin, and Mary Lou Street wrote a grant to The United Way for funds to hire a Volunteer Coordinator. The grant was funded and First UCC Church provided space in the former Parish House at Third and Washington for an office and for the Clothes Closet. Rent was \$1.00 a year. If ever there was a triumvirate that moved mountains, Dorothy, Molly, and Mary Lou were exactly

that. Knowing Molly you know that determination is part of her DNA.

By **1969**, the mustard seed planted in 1960 had grown into a large tree. The grant from the United Way, written in 1968, allowed hiring Mary Wood as volunteer coordinator. Mary was hired part time, but as with most part time positions, I'm thinking part time pay, full time work. This new organization, The Community Center and the Clothes Closet were both located in the former First UCC Parish House at Third and Washington Streets.

In **1970**, recently married and with a contract to teach in the Northfield Public School System, I arrived in Northfield. This same year Meals-on-Wheels began. MOW was sponsored by the Northfield Hospital, then on Second Street, and ran on the wheels of volunteers from Church Women United and the now Community Action Center. With “Action” added to the name, possibility expanded. A new idea began to form. Since students from both colleges acted as Big Brothers or Big Sisters to students in the Northfield Schools, what about pairing college students with senior citizens. Thought, planning, a little time, and in **1972**, a new program, “Keeping in Touch,” matched college students with senior citizens.

True, many needs of seniors were being met, but there was more to learn. In **1973** a questionnaire sent out to all Northfield senior citizens asked point blank, “What do you need?” Three major needs showed up again and again. First, transportation. Second, a senior center. And third, a dining program similar to the one in the Northfield School System. Good answers. Now what?

1974. Back to the drawing board. Brainstorm. Take out the typewriter, and start another grant proposal. This one went to SEMAAA, Southeastern Minnesota Area Agency on Aging, for an Older Americans Act Grant to cover transportation and a Coordinator for Senior Citizens. The grant writers experienced success. Funds were awarded and in **1975**, Elaine Thurston was hired as the first Senior Services Coordinator. Judy Mason was her assistant, and Renee Logan came on board as secretary. Half time positions, but we've already discussed these.

So ends Chapter-the-First of the Pre-history of the Northfield Senior Center. Chapter-the-Next will include stories from Mary Wood and Molly Woehrlin along with other tidbits of interest.

Marie Gery

AGING MASTERY PROGRAM

The Northfield Senior Center received a grant from the National Council on Aging to enable us to offer a cutting-edge 10-week health and wellness series called the Aging Mastery Program. The Senior Center worked in cooperation with the Northfield Hospital to present this series.

Why is this Aging Mastery Program (AMP) important? Life expectancy has increased dramatically over the past 50 years, yet people are generally unprepared for this increased longevity. Current

retirees will have twice as many healthy years in retirement as their grandparents did. The program incorporates evidence-informed materials, local expert speakers, group discussion, peer support, and small rewards to give participants the skills and tools they need to achieve measurable improvements in managing their health, remaining economically secure, and contributing actively in society. All program materials and resources align with the goal of empowering seniors to make small changes that produce big results in improving the quality of their longer lives.

This first series had 27 participants. Survey results showed that the attendees learned a great deal and enjoyed the classes. Some comments were: "The local presenters were top notch!" "This has been well worth the time and effort!" "Thank you for the opportunity to improve my health and my outlook. I enjoyed the interaction with others who are challenged by similar things."

This fall the AMP series will be run at the Family Health Medical Clinic in Lonsdale. The series will be offered again at the Northfield Senior Center in the fall of 2017.

NEWS



It is the 40th Anniversary of the Center this year. Coinciding with the theme, the 2016 Annual Fund Drive, **"Forty Forward"** is in step with the goal to raise \$70,000. With your generous donations, we made goal last year, and with your help **we can do it** this year. The money is used to support the fabulous programs offered at the Center, the dedicated staff that plan the programs, the talented instructors that teach the programs and so much more. Facility upgrades were made, automatic door openers were installed, new computers were purchased, and new shades were installed in the Studio. The **Kick-off for the Fund Drive will be on July 31**, with entertainment by *Swing and a Miss*, from the Vintage Band Festival. **Look for more details on the back cover.**

Answers to Medicare Questions and More

If you have questions about Medicare, supplemental insurance, or prescription drug coverage, a volunteer from the State Health Insurance Program (SHIP) can help you. Call the Senior Center for an appointment: 664-3700. A SHIP volunteer will contact you to arrange a time to meet.

7th Annual Table Tennis Tournament a Wonderful Success

Each spring since 2010 the Sr Center has sponsored an open table tennis tournament, inviting players of all ages in the state to participate. Each year participation in this tournament has grown. Our May 7, 2016 event was no exception. Here are some details about the participants in the 2016 tourney.

113 participants this year...Another increase in number of players!!!...

The father-son team from Duluth returned this year and the father won the gold medal in the U-800 singles event...

Thirteen year-old Michael Tran of Rochester won the gold medal for the open singles event and his eight year-old brother, Daniel, won the gold medal for the U-1400 singles event...As a team, they won the silver medal for the open doubles event...

Three Northfielders, Andrei Sivanich, Bob Benson, and David Wolf were in the winner's circle with medals...

This year's tournament included fifteen women players...

Table tennis teams from three colleges were represented: Carleton, St. Olaf, and the University of Minnesota...

Many players are now calling the Northfield Tournament their favorite tournament!!!...



2016 Northfield Table Tennis Tournament RESULTS...

Event	1st Place	2nd Place	3rd Place
Open Singles	Michael Tran	Benjamin Huynh	Nemera Weyessa
U-1400 Singles	Daniel Tran	Elise Hui	Shashi Sethi
U-800 Singles	Greg Mielke	Xiaodi Hu	Emily Feng
Open Doubles	John Hui & Kairong Liu	Daniel Tran & Michael Tran	Gaylord Aguila & David Hui
U-2400 Doubles	Jia Hwei Cheong & Xiaodi Hu	John Truelson & Tryg Truelson	Vidhan Chandra & Shashi Sethi
U-1400 Doubles	Tony Case & Andrei Sivanich	Andrew Hipps & Ajay Mehra	Bob Benson & David Wolf
Senior Singles	Norm Hopkins	Jim Gibson	Mark Stephenson

Northfield Senior Citizens, Inc.

Minutes: Northfield Senior Citizens, Inc. Board of Directors meeting, May 26, 2016.

Directors present: Mary Auge, Bernard Borene, Tom Brawley, Beth Endert, Duane Everson, Bill Gruszewski, Richard Jackson, Marvin Kormann, Elizabeth Olson, Jane Persons, Greg Smith, Dan VanTassel, Gordon Kelley

Absent: Colleen Press

Staff present: Lynne Pederson, Patsy Dew, Elaine Grism

1. CALL TO ORDER

The meeting was called to order by Gordon Kelley at 3:03 p.m.

Action: The agenda was approved.

Welcome to new board members

Action: Motion and second to approve the April 28 board minutes. Accepted as printed.

Election of Officers:

Nomination for vice president: motion to appoint Duane Evenson; seconded

Nomination for secretary: motion to appoint Beth Endert; seconded

2. REPORTS

Review and approval of Financial Reports

Bill Gruszewski reviewed the April financial statements.

Finance Committee

Bill Gruszewski reported.

Income is at 32.28% and expense is at 32.55% compared to projected 25%. We didn't receive a grant from United Way this year.

Advancement Committee

Dan Van Tassel reported. June 9th fund drive stuff-a-thon. Annual kick-off will be held July 31 with a swing band "Swing and a Miss".

Facilities Committee

Marv Korman reported. Installation of new water heaters is complete. Met with Reel Eyes; a company that creates media displays; nothing determined. Three new trees have been purchased and planted.

Membership Committee

Lynne Pederson reported. New sign should be installed in August before school starts. This will share messages with all businesses in the NCRC. A donation will pay for the cost of the sign. There will be a cost of \$6000 for the installation and electrical work. A motion was made for 50% of the installation and electrical costs be split 50/50 with the senior center and NCRC. Motion seconded.

Executive Director Report

Lynne Pederson reported. Orientation was held for new board members. Volunteer tax preparers will be thanked in an informal gathering on May 26. They brought in \$3000 in donations during the tax season. Three events will be planned in conjunction with the "40 Forward" events.

40 FORWARD COMMITTEE

Lynne, Gerry, Elizabeth,

Nancy, Patsy, Dale Sheldon, Bev Lubbers, Marie Gery. More members to be added.

OLD BUSINESS

The outdoor sign update was presented during the membership committee report. The "40 Forward" Committee has formed with more members to be added. The Table Tennis tournament was a huge success.

4. NEW BUSINESS

Motion was made to skip June board meeting; seconded. Discussion, sent to a vote 3 yes, 8 no. Motion didn't pass, but will be looked at again after the fund raising events.

Overview of upcoming meetings

Wed June 1 9am
New Member Coffee Hour

Thur June 9 8am
Advancement Committee
9am
Envelope stuffing for annual fund mailing (Lobby)

Tue June 14 9am
Facilities Committee

Wed June 15
July Newsletter information due to Patsy

Thur June 16 9:30am
Finance Committee

Next board meeting will be June 23, at 3 p.m.

5. ADJOURNMENT

The meeting was adjourned at 4:35 p.m.

BOARD OF DIRECTORS

DONORS

Thank you to these May Donors

David & Joey Appleyard, Nancy Ashmore & Kenneth Wedding, Bernard & Mary Auge, Solveig Bailey, Judy Broske, Warren & Karen Broughton, Mary Brown, William & Charlotte Carlson, Eileen Cooper, Thomas DeWolfe, Winnie Drentlaw, Larry & JoAnn Edwardsen, Chris Ellison & Gene Finger, Gerry & Carol Gengenbach, Marie Gery, Malcolm & Jacquelyn Gimse, Bonnie Gretz, Kenneth Grisim, Doug & Sue Ims, Georgene Johnson, Jackie Johnson, Julie Klassen, Paul & Anne Klinefelter, Marv & Rose Kormann, Mike & Ann McGovern, Harriet Menard, John & Sharon Micklo, Leone Larson & Tom Moen, Mary Olander, Elizabeth Olson, Charles & Lynne Pederson, Ken & Roberta Persons, Mary Raney, Gordon & Emelda Rasmussen, Dale & Peggy Sheldon, Bardwell & Charlotte Smith, Margaret Stary, Kenneth & Sharon Steinhouse, Dorothy Thibodeau, Linda Wagenbach, Elizabeth Williams

Membership

Welcome to these new members

Teresa G. Wolf, Thomas Spartz, Mike & Edie Piper, Pamila Stinar, Kenneth & Marlena Kirton, Julie Stulz, Rhonna Peterson, Kim Taylor, Darla DeLong, David Hamer, Mark Bazan, Codi Glasgow, Nancy Hollinger, Michael Phelps, Catherine Eisinger, Cleo Granneman, Barry & Nancy Rand

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Lynne Pederson

Assistant Director / 664-3708
Patsy Dew

Bookkeeper / 664-3700
Kathy Bjerke

Membership Coordinator / 664-3704
Jackie Johnson

Fitness Manager / 664-3702
Craig Swenson

Program Coordinator / 664-3707
Chris Ellison

Administrative Coordinator / 664-3703
Elaine Grisim

Used A Bit Shoppe / 645-1399
Kristi Casson

Dining Site / 664-3735
Roxann Berndt

Evening/Weekend Receptionists / 664-3700
Janice Kasa,
Barb Henwood,
Ruth Johnson-Wirth,
Pat Sunquist,
Beth Endert,
Sue Schweickert



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Becky Johnson, DDS

John Noack, DDS

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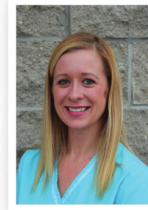
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Catie Barsness, RN
Manager

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Physicians & Surgeons

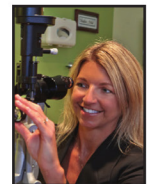


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Sunday: 9am-4pm

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Friday & Saturday: 6am-6pm
Sunday: 9am - 4pm

USED A BIT SHOPPE 507-645-1399

624 Water St. / River Mall
Monday-Saturday: 10 am-5 pm
Thursdays: 10 am-7 pm

We Can Do It!



In Air Conditioning at the Northfield Senior Center.

2016 Forty Forward Fund Drive Kick-off Event

Sunday, July 31

From the Vintage Band Festival
"Swing and a Miss" will play
for your listening and dancing
pleasure.

5:30 Hearty Appetizers

6:00 Band plays

Tickets: \$10.00 presale. \$15.00 at the door

**Come to eat. Come to listen. Come to dance.
Come to show your support for the "can do"
Northfield Senior Center!**