



Northfield Senior Center

**active,
connected,
engaged**

- A Moment in Time....3,7**
- Lifelong Learning4-5**
- Table Tennis.....5**
- New Members.....5**
- Trips.6**
- Volunteers.....6**
- Sunshine Cafe.....7**
- Group Activities.....7**
- Board News..... 8,9**
- Donor Thank you..... 10**
- Appreciation..... 10**



Summer Adventures

by Patsy Dew

Like the roses in our front garden summer seems to be an especially good time for personal “blossoming,” for trying new things. Spend any time at our Center and you will know how adventuresome and open to new ideas our members are. Just yesterday I had conversations with two people I’d never met, and by happenstance heard their stories of adventures planned for this summer.

Iwas eating lunch with a friend in the Sunshine Café when a man I’ve seen around the Center (usually playing cards) asked if he could join us. We talked about how long each of us had lived in Northfield, why

we’d moved here, etc., the usual first-time conversations. Then he shared that he was getting married this summer to a woman he had met through Match.com. His first wife had died a several years ago, and eventually he decided to try meeting another companion. It was fun to hear about how the online dating service worked, and how he and this woman had gotten to know each other over a couple of years’ time. And this summer, a wedding!

In the afternoon a woman asked for help enlarging a map of a small area of Scotland. She told me that because of her interest in genealogy she had planned

a trip to visit this spot where some of her ancestors were from. As she talked about this trip I learned just how adventuresome she is being.

Last Christmas her son invited her to travel to Europe with him. He wanted to go to the Louvre. I said, “A small town in Scotland is quite a ways from the Louvre.” She laughed and said that they have planned a trip that includes Scotland, London and Paris. Her son agreed to plan the parts of the trip that take them to England and France, but the leg of the journey to

Continued on page 11

GALLERY NEWS

**MAY 26 - JUNE 28
BRIDGEWATER
4TH GRADERS’
ARTWORK**

Once each month, the students in the Bridgewater 4th grade classes walk over to the Senior Center and read to our volunteers. This program has been running for many years, and has proven to be a meaningful connection between these children and our volunteers. As one of these volunteers said, “We celebrate their art and value giving these 4th graders a chance to show what they know.”

SPECIAL EVENTS

GREAT RIVER SHAKESPEARE FESTIVAL SEASON REVIEW Monday, June 8 at 1:00p



The Great River Shakespeare Festival will begin their 12th season under artistic director, Doug Scholz-Carlson. He will present a season preview of this summer's offerings on at the Northfield Senior Center. These include, What Love Dares, Romeo and Juliet, Much Ado About Nothing and the Glass Menagerie.

SOSSY MECHANICS: PRESENTATION ON CREATIVITY June 11 at 10am



Brian Sostek and Megan McClellan (Sossy Mechanics) will present "Are You Out of Your Mind?" a combination performance/TED-type talk on the subject of creativity--they will be talking about creativity in general, as it applies to life, the arts, the sciences, politics, philosophy, etc., and using selections from their shows as examples. There will be the usual dancing, ridiculous puppetry and interactive problem-solving.

\$5 admission

Local Boys Make Good

During the second week of June, two native Northfielders, both NHS class of 1985, who have succeeded in professional careers in the arts, will be presenting programs at the Senior Center (see details on this page).

Doug Scholz-Carlson is now beginning his third season as Artistic Director of the Great River Shakespeare Festival (GRSF) in Winona Minnesota. GRSF has grown to be one of the major professional summer Shakespeare Theatres which brings Equity Actors from across the nation (and world) to Winona because of the high quality of its performances. In addition to his work with the GRSF, Doug has been the fight choreographer for Opera companies across the country and in Montreal, and has been the Stage Director for major opera companies including the Minnesota Opera, Pittsburg Opera, San Antonio Texas Opera and Madison Opera. Doug has had numerous acting roles at the Guthrie, the GRSF, the Chanhassen Dinner Theatre, The Children's Theatre, and more. Doug's love of theater began when a child, acting on the Northfield Arts Guild stage, and participating in St. Olaf's Children's Theater program.

Along with his wife Megan McClellan, Brian Sostek has combined his talents in dance, writing and comedic performing to create Sossy Mechanics, a theater and dance company. Brian started his career in California pursuing screen writing and television acting, with ballroom dance instruction as a side-line. After returning to Minnesota he joined the percussive dance-theater company, Joe Chvala and the Flying Foot Forum, which toured internationally. Brian has had roles at the Guthrie, Children's Theater Co., Ordway Center for the Performing Arts, and occasionally appears in TV commercials. "From the Edinburgh Fringe to the Sun Dance Channel, his award-winning work has earned him a reputation as 'brilliantly versatile.'" Brian also started out on the Northfield Arts Guild stage, at times directed by his father Ed, and choreographed by his mother Toni.

One of the ~~good~~ best things Brian has done was marry Megan McClellan, who has danced with Joe Chvala and the Flying Foot Forum, with Black Label Movement and Shapiro & Smith Dance. As Sossy Mechanics she and Brian have created the award winning shows Trick Boxing and Pieces of Eight, which they have toured internationally.

THE TOMBSTONE TOURIST

Jeff M. Sauve

Admittedly I have a grave addiction to visiting cemeteries. Those who enjoy this innocent pastime are known as or “gravers” or “tombstone tourists.” As an avid fan of history personally and professionally as an archivist at St. Olaf College, the historical past is very much a part of my life. In headstones I see stories that not only reflect upon a person’s existence, but also the development of the local community.

When I was a child, my grandparents lived near Rosehill Cemetery off a gravel county road near Mentor, Polk County, Minnesota. This place, nearly barren of trees, wedged between farm fields, holds several of my ancestors in perpetuity. Adjacent to the cemetery is an open field where my many cousins and I gathered yearly to play baseball. Striking a tombstone, whether a foul ball or home run, was considered an automatic out.

Within the cemetery was a small shed, presumably where a mower and tools were kept. But as children we peered with some trepidation through the dust-laden windows in hopes of witnessing a casket ready for burial. Death, for us, lurked

in that darkened, cobwebby room, and not so much in the ever-present one-acre landscape of headstones.

Of course my Grandpa would tell the same-tireless joke as he drove by, “Guess how many people are dead in Rosehill?” The young passengers yelled out such numbers as 42, 109, 87 ... but the kindly World War I veteran with chewing tobacco stains around the corner of his mouth sitting behind the wheel laughed as he blurted, “Why all of them of course!”

Nowadays, I visit cemeteries to better understand monument architecture and symbolism employed. Collecting epitaphs has always been a hobby as well. Probably the most fascinating tombstone in the Northfield Cemetery is that of a Englishman, Sheridan Knowles Mackay, a “remittance man” who died in 1867 at the age of 34.

After doing a little research, I ran across a 1948 *Northfield News* clipping authored by Carleton College’s Dean of Men, Merrill E. Jarchow, regarding Mackay. Jarchow had located his obituary in *The Farmer’s Union* newspaper (St. Paul, Sept. 6, 1867): “The *Northfield Recorder* [specific newspaper issue unfortunately lost] published an account of the death of a well educated

English gentleman named Sheridan K. Mackay, who had been staying in that village some weeks with the hope of reforming his habits of intemperance. A saloon keeper induced him to break his pledge, and continued to furnish him liquor until he became delirious, in which condition he wandered off, and was found dead in the woods between that place and Dundas.”

Mackay’s white stone cross, unique in design for its time, has on both the front and back elaborate inscriptions weathered to the point of being indecipherable. The newspaper clipping provided the following detail on the inscriptions:

Front: *Sacred to the memory of Sheridan Knowles Mackay, barrister at law, Inner Temple, London. Born in Liverpool 1833, died at Northfield Aug. 6, 1867.*

Back: *Here he lies peacefully among strangers until the resurrection, when all earthy divisions will be unknown. As there is but one shepherd, so there is but one sheep fold.*

Since 1948 when the article was written, the tombstone was cemented at the base, and unfortunately the repairs cover the most telling line of

LITERARY ART:

A MOMENT IN TIME

A Moment in Time was initiated in the September, 2013 issue of this newsletter. It was created to serve as a forum for our members’ writings: short stories, memoir, poems or essays. If you have something to submit, please send it to me at patsydew@nscmn.org, or put it in my staff mail box. If you have a great moment to tell about, and would like help writing it, give me a call, 664-3708.

- Patsy Dew



Continued on pg. 7

LIFE LONG LEARNING



OWLS LEARN AND LUNCH

June 10, July 8, & August 12
10:30-11:30A

River Bend Nature Center will bring another series of natural history talks to the Senior Center this spring and summer. OWLS (Older Wiser Livelier Seniors) programs feature an expert presenting on a topic dealing with the nature and environment of this area. Lunch following the program will be on your own in the Sunshine Café and is not included in the price.

June 10: Dragonflies and Damselflies

July 8: Minnesota Rocks

August 12: What Lurks Below- Pond Life.

Cost: \$6

MINNESOTA THEATRES

Mon, June 1, 1-3P

From the Big Guthrie on the river to the renowned Penumbra, there are so many theatres in our state. What makes this state so creatively and artistically exciting? Is it the air we breathe, the water we drink, our challenging weather, or our Scandinavian roots? You are welcome to join Sylvia Langworthy as we explore our state/region resources and our cultural riches.

Please pre-register for all classes, programs and trips.

Sign up deadlines will be published with each, if there is one. You may register by phone (507-664-3700), on line through our website (click on Sign Ups +), or in person at The Center.

EVERYONE WITH DIABETES COUNTS: 6-WEEK SERIES ON UNDERSTANDING AND MANAGING YOUR DIABETES

Tuesdays June 2-July 7, 9-10A

This course is designed for people on Medicare who have prediabetes or diabetes. This workshop series is designed to help participants learn how to live healthier lives. The information you receive will not conflict with other medical treatment plans nor will it replace the suggested care of your physician. The course covers understanding the human body, risk factors, monitoring, exercise, nutrition, and more. This series is presented by Stratis Health. Healthy snacks will be provided at each class. A minimum of 8 participants must be registered for the series to be held.

**No Fee
Must preregister**



INDIA, OMAN, & JORDAN

Thurs. June 4, 10A

You are invited to come to an illustrated lecture about the adventures of a band of seniors traveling from India to Oman to Jordan. Visits to the Taj Mahal in India and Petra, the city carved into rock, in Jordan were the highlights of the trip. The group used planes, jeeps, bicycle rickshaws, horse carts, dhows, tuktuks, a cruise ship and a lot of shoe leather. They survived the threats of piracy and Yemen civil war. Only air pollution and a gulp of Dead Sea water caused any problems. Sites visited ranged from the colorful, noisy, crowded shops of India to the peace and quiet of the Jordanian desert. This desert was made famous by the deeds of "Lawrence of Arabia".

**Presenter: Jim Finholt
No Fee; Please Register**

AUTHOR READING AND SIGNING FOR THE LAND OF MILK AND UNCLE HONEY

Mon. June 29, 7-8P

Nationally syndicated agricultural columnist Alan Guebert and his daughter, Mary Grace Foxwell, will read from their recently released book, *The Land of Milk and Uncle Honey*, a collection of personal memories recalling and reflecting on the people, food, and values he learned on the 720-acre, 100-cow "southern Illinois dairy farm of my youth" in the late 1960s. Copies will be available at the event.

This program is cosponsored by the Northfield Senior Center and the Northfield Public Library.

No Fee

COMPUTER CLASS SUMMER SALE

From June through August all Computer Center classes will be on sale. For students taking a class for the first time the cost will be reduced to 1/2 the normal cost and there will be no charge to retake a course. Please register the Wednesday before the class starts.

*PLATINUM EQUIVALENT MEMBERS

Class fees are included for Platinum members. Silver Sneakers and Silver & Fit PLUS members are considered "Platinum" members. Silver & Fit PLUS members have paid an additional \$160 annual fee to upgrade their membership to the Platinum equivalent.

BIRDING OPPORTUNITY

You are invited to participate in a birding trip sponsored by The Friends of Prairie Creek WMA and led by Kevin Smith to Koester Prairie on Saturday, June 6, 2015, 7 am – noon.

The location is one mile west of Dennison, MN on Rice County 31 and one mile

south on Lamb Avenue. The prairie is on the east side of the road, with an oak savanna slightly south and on the west side of Lamb. For more information about this remarkable piece of native prairie go to: <https://sites.google.com/site/friendsof-prairiecreekwma/home>

The hiking will be in prairie grass (no maintained trails), so participants should come prepared with boots suitable for wet areas, bug repellent, water and snacks. There are no restroom facilities on the WMA.

Questions? Contact: Kevin Smith <ksmith9961@gmail.com> or Gene Bauer <genedbauer@gmail.com>

With the increase in interest in table tennis in recent months, it's become apparent that all five sessions at the Northfield Senior Center should be **OPEN** to all members (and to those 50+ who pay the one day fee), including the **SATURDAY** morning session which meets from 10:00 AM to noon.

With four tables in the building and for any session, **18** players can easily be accommodated... For Saturdays, we want to continue the pairings concept that has been successful and allows everyone to play with and against everyone...

The minor change referred to means contacting Judeen Brown (507-645-5896) or judeen001@charter.net and letting her know as early in the week as possible that you want to play on Saturday... Russ Margulies at rm40lam@charter.net can be copied in...

Judeen has agreed to the task of creating pairings each week and keeping records of such...

108 Played in our 6th Annual Northfield Table Tennis Tournament

Our May 2 Table Tennis Tournament drew players from as far away as Duluth. The 108 participants included men and women, young and older (the age range was 7 to 79). Daniel Tran, the 7-year old, was the gold medal winner of the most popular singles event, the U1000 event, and along with his father, Hoang Tran, was the gold winner of the most popular doubles event, the U1900 event.



The youngest and oldest competitors in the tournament: Daniel Tran, 7 and Bill Resch, 79

LIFELONG LEARNING CONT.

TABLE TENNIS

Welcome to these new members

William Beery, Taylor Block, Jen Chappuie, Sherry Gysbers, Colin Krodel, Linda Lee, Jane Murakami, Pauline Nixon, Hoa Quach, Brian Randolph, Lynn Schiell, Barbara Schumacher, Bonny Stock, Elvin & Leann Yngsdal

NEW MEMBERS

TRAVEL NEWS

Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up deadline receive a full refund. Cancellations after that date receive a full refund **IF a replacement can be found.**

FUTURE TRIPS!

Cemetery Stories
TBA October

VOLUNTEER

TWINS BASEBALL GAME
TARGET FIELD,
MINNEAPOLIS
Fri. July 24
5:00P - 11:15p

Take me out to the ball game... we've planned another outing with the Minnesota Twins this year. We have tickets to see them play the New York Yankees! Our seats are under the canopy and with a good view of the field.

Cost: \$70
Sign up by July 10

GREAT RIVER
SHAKESPEARE FESTIVAL

Romeo and Juliet
on Wed July 15
11:15am - 8pm
Much Ado on Wed July
22, 11:15am - 8pm

Co-sponsored by the Northfield Senior Center and the Cannon Valley Elder Collegium, the Great River Shakespeare Festival (grsf.org) will begin its 12th Season under the leadership of Artistic Director, Doug Scholz-Carlson, known to many in Northfield where he began his career. The GRSF company is composed of Shakespearean equity actors drawn from across the country. The core of the company returns each season and they provide the best interpretation of Shakespeare in Minnesota. The Romeo and Juliet trip includes dinner after the performance with some of the actors. The Much Ado About Nothing trip includes a box lunch.

**Cost: \$75 each, or \$140
for both**

BOAT CRUISE
LAKE MINNETONKA
Wed. Aug. 19
9:30A- 5:30P

A private lunch cruise over the wonderful waters of Lake Minnetonka on a yacht from Al and Alma's! A cruise around the lake as the captain and crew share stories, point out beautiful estates and navigate the shores, channels, bays, and islands of Lake Minnetonka. The buffet includes sauteed chicken breast on rice, Italian mandarin salad, vegetable cheese tortellini salad, rolls and brownies and lemon berry bars. There will be a cash bar; soda and coffee are included in the meal.

Cost: \$72
Sign up by July 1



POPCORN WAGON

Yes we are open for business. We still have room for more volunteers. If you are interested please contact Gail at 507-664-3735 or gailnoren@nscmn.org. It's a fun way to spend an afternoon and you would be participating in raising funds for Senior Center.

Cont. from pg. 3

the inscription, but noted in the Jarchow's clipping: *Life's fitful fever's o'er.*

To learn more about Mackay and some of the other



interesting headstones in the cemetery, come to my *lively* and engaging free talk, "The Tombstone Tourist Visits the Northfield Cemetery," on June 25, 6:30 p.m. at the Northfield Historical Society.

* Note that Jarchow defined a "Remittance man" as: "A good many young Englishmen given to wild and intemperate habits were sent to the United States in the middle of the 19th century in the hope of reforming them. Such may have been the case with Mackay."

A MOMENT IN TIME, CONT

BOOK CLUB

2nd Friday of every month at 10:30AM

June: THE KEILLOR READER by Garrison Keillor

July: THE GOOD FIGHT: A LIFE IN LIBERAL POLITICS by Walter Mondale

All are welcome

2015 JUNE MOVIES

June 1: *Million Dollar Arm* 2014 124 mins. Stars: Jon Hamm, Aasif Mandvi, Alan Arkin

June 8: *Wild* 2014 120 mins. Stars: Reese Witherspoon

June 15: *Still Alice* 2014 Stars: Julianne Moore (received 5 different Best Actress Awards for her performance in this movie) and Alec Baldwin

June 22: *Selma* 2014 128 mins. Stars: David Oyelowo and Jim France

June 29: *And So It Goes* 2014 93 mins. Stars: Diane Keaton and Michael Douglas along with director Rob Reiner

GROUP ACTIVITIES

SUNSHINE CAFE EVENTS



The Sunshine Café is open Monday –Friday 11-1 serving both a full meal as well as ala carte items (soups, sandwiches, salads, homemade bread) Plan to stop by and try us out. A big plus for the program is that reservations are not required.

Midday entertainment at the Sunshine Café:

June birthdays will be celebrated in the Sunshine Café **Wednesday June 10.** Music will be provided by Elsie and friends starting at 10:45. Everyone welcome to attend for the music, for the food or both.

On **Monday June 22** with the purchase of a plate lunch, all Father's will be honored with a small gift when you purchase your meal. (Happy Father's Day, men).

Minutes of the April 23 Board Meeting

BOARD OF DIRECTORS

Directors present: Nancy Ashmore, Bernard Borene, Tom Brawley, Don Diehl, Beth Endert, Gerry Gengenbach, Bill Gruszewski, Dottie Hammer, Elizabeth Olson, Duane Everson, Marvin Kormann, Greg Smith, Richard Jackson, Jerry Gehler, Dan VanTassel
Absent: Gordon Simonson, Phil Winter, Bob Craig

Staff present: Lynne Pederson, Patsy Dew

Others: Michelle Remold

CALL TO ORDER

The meeting was called to order by Gerry Gengenbach at 3:16pm

Action: Agenda was approved with these corrections: The board meeting is 5/28. Minutes were approved with the correction of “report to the board” not “replace the board.”

REPORTS

Review and approval of Financial Reports

Bill Gruszewski presented the Financial Reports. Total assets are up from February to March. Current assets reflect the purchase of the new fitness equipment. Liabilities

income dues have increased since the end of the year, which includes memberships that take place during part of two years. Many of the expense line items are close to being on budget for this point in the year. Net income is to the good at this point in the year. Used A Bit sales are slightly down year to date and for the month of March the shoppe is slightly ahead. The shoppe’s year to date income is higher than last year. Endowment Fund return is up 1.5% in the quarter due to market activity.

Finance Committee

Bill Gruszewski presented. He pointed out again that the Endowment Fund first quarter returns were up 1.5%.

Facilities Committee

Marv Kormann reported. The wall between 105/103 was raised and moves much easier now. The bid for painting the Fitness Room was accepted. The mechanisms in the shades by the pool are going to be replaced. Looking at new computers for staff and at putting in horseshoe pits. Shelving was installed in the Used A Bit shop.

Membership Committee

Dottie Hammer reported. Membership is up from the same point last year. Looking at signage continues to be done. There is an idea about having a senior center conference with neighboring senior centers.

Advancement Committee

Beth Endert reported. Table Tennis Tournament is happening May 2. Health and Fitness Day will be May 27, Donor Recognition on June 12, and Fund Drive Kick-off on July 3.

Executive Director Report

Lynne Pederson reported. Sunshine Café has been successful so far. We have been averaging about 50 people a day. Presentation to the United Way Grant Committee will be done next week. Chris will be having knee replacement surgery in May and will be out for a month.

OLD BUSINESS

Fitness Room Upgrade

With pledges, we have met the goal for the Fitness Forward campaign. Painting was completed and new carpeting and equipment will be put in the last week of April.

NEW BUSINESS

July 4th on the 3rd

Will be the kick-off for the Fund Drive, which will run July-December.

ADJOURNMENT

The meeting adjourned at 4:19pm.



BY THE NUMBERS:

172 Donors contributed \$50,000 in 5 months (January – May) to purchase 12 new cardio pieces (treadmills, ellipticals, bikes) and 9 new strength pieces (presses, extensions) installed on 1,440 sq feet of new carpet surrounded by 5 gallons of new paint on the walls highlighted by Broad stripes and bright words!
 YOU DID IT! THANK YOU DONORS!

BOARD OF DIRECTORS WELCOMES NEW MEMBERS

Three new members were elected to the Senior Center Board at the annual meeting in April. They begin their three year terms in May. They are: Jerry Gehler, Richard Jackson and Dan Van Tassel. Welcome!

The Board says a big THANK YOU to three members who have completed their terms. They are: Don Diehl, Dottie Hammer and Gordon Simonson. Don has led the Advancement Committee, organized the successful annual Ping Pong tournament, and helped out wherever needed. Dottie has headed the Membership Committee and worked with signs and publicity. Gordon has served on Facilities, designed and constructed the patio shade and sound barrier, and used his creative talents to repair numerous broken things (tables, chairs, etc.) Thank you! Thank you! Thank you!

BOARD CONT.



FUND DRIVE NEWS

Fitness Forward 2015 Capital Campaign ended May 31, 2015. Donations were received from 180 people, totaling \$50,185. Thank you, donors! The fitness room is truly “state of the art”.

We are not quite done.....the Annual Fund Drive starts July 1, 2015. The goal is to raise \$70,000 by December 31, 2015. All donations are appreciated and used to fund operations.

The kick-off party is the “4th on the 3rd Picnic on the Patio”.

We can make this goal, too.

- Lynne Pederspn, Director

ANNUAL FUND



Happy 4th of July!

4th on the 3rd Picnic on the Patio

July 3rd

Serving: 12:00 to 1:00

- Grilled hot dogs
- Calico beans
- Chinese noodle salad

1:00



Cost: \$5.00

Please call 664-3700 by June 29 to make a reservation for the picnic

Thank you to these April Donors

Pete & Mary Stolley, Mark & Judy Code, Larry & Dana Donkers, Claire Pfau, Heather Cannaday, Premier Bank, Beverly Hamblin, Charles & Anita Hellie, Pat Lamb, , Sally Legrand, Judy Matson, Gerhard & Karen Meidt, Curtis & Karen Swenson, David & Joey Appleyard, Solveig Bailey, Warren & Karen Broughton, Mary Brown, William & Charlotte Carlson, Tom DeWolfe & Eileen Cooper, Larry & JoAnn Edwardsen, Chris Ellison, Gerry & Carol Gengenbach, Marie Gery, Bonnie Gretz, Georgene Johnson, Jackie Johnson, Julie Klassen, Marv & Rose Kormann, Harriet Menard, Mary Olander, Elizabeth Olson, Charles & Lynne Pederson, Ken & Roberta Persons, Ken & Roberta Persons, Gordon & Emelda Rasmussen, Bardwell & Charlotte Smith, Margaret Stary, Ted & Marge Vessey, Linda Wagenbach, Laurel Pankow, Judy Broske, Bart & Susan de Malignon, Winnie Drentlaw, Winnie Drentlaw, Malcolm & Jacquelyn Gimse, Doug & Sue Ims, Elizabeth Williams, Cleve Crowningshield, Paul & Barbara Hanson, Bunny Lantz, Ron Linde, Deb Olien, Judy Kaul, , Jon & Phyllis Finger, Ken & Roberta Persons, Margaret Stary, Veteran of Foreign Wars Post 4393, Marlys Ayotte, Frandsen Bank & Trust, Carol Johnson, Maxine Schrader, James & Susan Sharrow, Sharon Stoeck, Judy Christensen, Beverly Mahachek, Dick & JoAnn Morgan, Paul & Anne Klinefelter, Elizabeth Truman, Gene & Susan Bauer, Phyllis Haaland, Neidra Krebs, Willard Nauman, Marilyn Will, Clayton & Linda Bliese, Judeen Brown, Judy Karlson, Barbara Knaak, Janet Mathews, Richard & Marlene Vanasek

APPRECIATION



THANK YOU CODI, KARI, AND BETH!

We received a letter of appreciation from two of our members to let us know how impressed they were with the continuous cleanliness of the Center. They stated the Monday –Friday cleaning crew has demonstrated pride, efficiency, and excellence every time they were seen at the Center. The Center is fortunate to have such a dedicated cleaning crew!

NSC STAFF DIRECTORY

Director / 664-3701
Lynne Pederson

**Assistant
Director / 664-3708**
Patsy Dew

Bookkeeper / 664-3705
Kathy Bjerke

**Membership
Coordinator / 664-3704**
Jackie Johnson

**Fitness
Manager / 664-3702**
Craig Swenson

**Program
Coordinator / 664-3707**
Chris Ellison

**Administrative
Coordinator / 664-3703**
Michelle Remold

**Used A Bit
Shoppe / 645-1399**
Kristi Casson

**Dining Site & Popcorn
Wagon Mgr / 664-3735**
Gail Noren

**Evening/Weekend
Receptionists / 664-3700**
Janice Kasa, Barb
Henwood, Ruth
Johnson-Wirth,
Pat Sunquist, Beth
Endert

Continued from front page

Scotland was all up to her. She has never before left the continental US, but starting in January, she researched locations, bus routes, train routes, and lodging options, figuring out just where they should stay so that public transportation was always within walking distance.

What adventures or new ventures do you have planned for this summer? Or are you open to some spontaneous totally new ideas? If you're looking for ideas, try googling Bucket List, or check out this newsletter for talks, trips or other activities that might be new for you.



PROFESSIONAL DRIVE DENTAL GROUP

New Patients Welcome

Jerome Appeldoorn, DDS
Becky Johnson, DDS
John Noack, DDS
Brian Kraby, DDS

507-645-5264



Creating peace of mind for those we serve

Community • Accountability • Respect • Empathy



Serving seniors in our area since 1899

Call to arrange a tour!

Visit our locations in downtown Northfield, Lonsdale and our Northfield Three Links campus.

- Assisted Living
- Skilled Nursing Care
- Transitional Care
- Memory Care
- Home Care
- End of Life Care
- Adult Day Services
- Independent Living

(507) 664-8800 • www.threelinks.org



Catie Barsness, RN
Manager

Home Care Link

We service the community to help people stay in their homes and live

independently. Call me to discuss all the ways we can support you or your loved one. (507) 664-8897

One way to support the Center

SHOP AT THE

Used a Bit Shoppe!

624 Water St. S

(In the River Park Mall)

Open Mon - Sat, 10am - 5pm,

Thurs, 10am - 7pm





Northfield Senior Center

1651 Jefferson Parkway
Northfield, MN 55057

<http://www.northfieldseniorcenter.org/>



This activity is made possible by the voters of Minnesota through a grant from the Southeastern Minnesota Arts Council thanks to a legislative appropriation from the arts & cultural heritage fund.

Non-Profit Org.
U.S. Postage Paid
Permit 31
Northfield, MN
55057

INDEPENDENT SENIOR LIVING
THREE LINKS & PARK RIDGE APARTMENTS
 carefree | affordable | senior living

Call to arrange a tour today!

Call **(507) 664-8850** Visit www.threelinks.org

FRONT DESK: 507-664-3700

CENTER AND FITNESS CENTER HOURS

Monday-Thursday: 6 am-8 pm
Friday & Saturday: 6am-6 pm
Sunday: 9 am-8 pm

POOL HOURS

Monday-Thursday: 6 am-8 pm
Friday & Saturday: 6am-6 pm
Sunday: 5:30pm-8 pm

USED A BIT SHOPPE 507-645-1399

624 Water St. / River Mall
Monday-Saturday: 10 am-5 pm
Thursdays: 10 am-7 pm



4th on the 3rd Picnic on the Patio

July 3rd

Serving: 12:00 to 1:00

Grilled hot dogs

Calico beans

Chinese noodle salad

1:00



Please call 664-3700 by June 29 to make a reservation for the picnic