



Northfield Senior Center

**active,
connected,
engaged**

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Center News

FOR ACTIVE OLDER ADULTS



In Gratitude by Patsy Dew

Whether you own a house or rent an apartment, you are familiar with one of my mother’s phrases, “There’s always something that needs to be done!” A circuit that frequently blows a fuse, paint that’s peeling, weeds to be pulled. If you’re lucky, someone in your household knows how to fix things, or there’s someone you can call. But when your “house” is the size of the Northfield Senior Center, who takes care of all those little things that need fixing? Or those big heavy things that need moving?

The answer for the recent past has been “The Friday Work Crew.”

Over the past five years many have contributed their time and talents to the Friday Work Crew, called that because they usually do their work on Fridays at 1pm, often fueled with a pint of Culver’s ice cream that Jerry Gehler picks up on his way over. Others who have been a part of this group are Ross Griffin, Curt Johnston, Dave Morrison, Keith Covey, Marv Kormann, Gordon Simonson, Cleve Crowning-shield and Charlie Pederson. Here’s a list of the wonderful

things this group has done for us: installed lights outside for the Holidays, put the portable stage up, taken the portable stage down, fixed the track lighting over the stage (helps to have a retired electrician in the group), added shelving to the closets, put the portable stage up again, picked up donated furniture and hauled it to the Used a Bit Shoppe, added magnetic door stops for rooms 103-105, added plastic to the windows in the link, tried 5 different ways to keep the swallows from nesting in our entryway, moved tables and chairs countless times, thought about how to make that chore easier, and (Thank

cont. on pg 2

Forty and Fabulous! (1976 - 2016)

The Northfield Senior Center turns 40 this year. The precise day of its birth is hard to pinpoint, but 1976 is the year that the Community Action Center opened a “Leisure Lounge” and initiated Senior Dining for the purpose of providing good nutrition and social opportunities for seniors. A 40th Anniversary Committee has convened, and is planning activities over the next six months to celebrate. We will reflect on the accomplishments of the past, while still seeking a vision for the future.

Watch for regular tidbits in this newsletter, public events on Bridge Square, and a major Gala in the fall.

Here’s the first informative tidbit.



On September 30, 1976 the first congregate dining meal was served at the new Leisure Lounge in the fellowship hall of the First United Church of Christ Congregational. Diners paid \$0.50 and the United Way provided the other \$1.00. About 30 meals were prepared by a local restaurant and delivered by the CAC staff and volunteers to the Church.

GALLERY

**Current Exhibit: Continues through June 3
Bridgewater 4th Graders**



Upcoming Exhibit:

Jan Eckhart, Poster Art and Dick Zawacki, Wood Carvings

Jan Eckhart worked professionally as a graphic designer and art director for 33 years, but most of her illustration work has been done in the last 5 years. Seeking a more creative outlet Jan has recently been looking for opportunities to apply her illustrative work. She writes, “My images are often whimsical — not only because there is a strong human draw and connection to humor, but as one who loves to amuse, coming up with playful creative hooks keeps me engaged and delighted throughout the process of completing the work.”



**OPENING
RECEPTION**

**TUES, JUNE 14
5 - 7 PM**



Dick Zawacki has been carving wood for over 25 years. He mainly carves realistic animals, birds, human faces, and chip carved items. Carving has changed how he relates to things in everyday life. He now observes and perceives things instead of just “seeing” them. Dick describes his carving sessions as “a great way to turn 15 minutes into 3 hours.” Recently, Dick started woodturning and that is now a passion of his. One of these days, when he finally grows up, he will decide on which style or subject suits him best. Until then, he will just keep learning and making more wood chips.



The Work Crew installs pavers for the garden patio.

**In Gratitude, cont from
front page**

you, Gordon) installed casters on the bottoms of the tables in rooms 104-106.

Dreams have also played a role in the growth of the Friday Work Crew. One such dream was the expansion of the gardens in the courtyard. Gerry and Carol Gengenbach envisioned and then built a raised vegetable bed. One dream leads to another, and gardens in bloom beckoned a patio space where we could sit and enjoy the beauty. With muscle

and good cheer the Friday Work Crew installed pavers. Creating shade was a bigger challenge. When the first attempt with a canvas cover collected too much rain, Gordon Simonson designed the system of slats that now creates a shady haven. He constructed the metal holders in his home shop, and the Friday crew built the frame, added the metal holders and installed the slanted slats.

All for a few spoonsful of ice cream! Thank you, thank you.

FACILITY IMPROVEMENTS - NOTE FROM JAY

We now have new heaters for the pool and hot tub. The pool is a 406,000 btu electronic ignition, digital control Ray Pac heater; considered the best and most durable in the industry. The hot tub is a 265,000 btu **Ray Pac**.

The kitchen is now using a Navien tankless water heater, which uses less water and has a longer life span and lower operating costs than other water heaters. It is ultra-efficient with low emissions and minimal greenhouse effect.

The locker room showers are now heated by a side arm, Smart Line indirect fired water heater that runs off our existing boiler that is heating the pool room, so we are now consuming less fuel and conserving energy while we enjoy all of our hot water.



NEWS

Summer Hours

Hours Monday through Saturday remain the same.
Sunday hours will be: 9 am - 4 pm

This includes all areas of the Center: lobby, gallery,
pool and fitness center.

Open Swim, 9 am - 4 pm

CLASSES AND TALKS

Please pre-register for all classes, programs and trips.

Sign up deadlines will be published with each, if there is one. You may register by phone (507-664-3700), on line through our website (click on Title), or in person at The Center.

GRANDPARENT AND GRANDCHILD MOVIE AND SWIM PARTY

Saturdays, June 4 and June 18, 1:00

Plan a fun Saturday afternoon here at the Center with the grandkids. Start the party with a movie and popcorn, then have a splashingly good time in our warm water pool. The movies are:

June 4: Star Wars: The Force Awakens

June 18: Finding Nemo

Pool usage during Grandparent/ Grandchild Swim requires that children be toilet trained and out of diapers and that the grandparent be with their grandchildren at all times.

More information on pool rules is available online at www.northfieldseniorcenter.org

Cost: \$8/nm, \$5/m, \$1/Aqua, Gold, Plat Equiv

COLLAGE COLLAGRAPH COLOR

**Tues, June 14 - July 5
1 - 3:30 pm**

Tap into your creative side by exploring two exciting and satisfying art making techniques. Materials, interesting shapes, and the expressive use of color link these techniques; collage and collagraph. Plan to have fun, explore and lose track of time. Everyone is successful when making a collage and happy when they make a col-

lagraph print!

COLLAGE: An artwork created by gluing or pasting cut or torn materials such as paper, photographs, fabric and cardboard to a flat surface.

Many additional materials can be used in a collage.

COLLAGRAPH: A form of printmaking that is created by gluing cardboard on cardboard, sealing, adding printing ink and printing. All parts of creating a collage and/or collagraph will be demonstrated.

COLOR: The most expressive element of art, color is derived from reflected light.

Teacher: Kate Douglas

Cost: \$110nm / \$90m / \$20 Plat Equiv [MATERIALS LIST ONLINE](#)

OWLS NATURAL HISTORY SERIES

**Wednesday, June 8
10:30-12:00**

OWLS (Older Wiser Livelier Seniors). Climate Change and Its Effects on Birds: Audubon MN and Conservation MN are partnering to present how climate change affects birds and what we can learn from birds about our changing climate. Shrinking and shifting ranges could imperil nearly half of U.S. birds within this century. Hear Avery Hildebrand from Audubon MN discuss the future of North American birds.

Cost: \$7 (Plat. Equiv. free)

HOW THE CIVIL WAR ACTUALLY ENDED: A TALE OF TWO GENERALS AND THEIR PURSUIT OF PEACE

**Monday, June 13,
10:00-11:30**

Speaker Karl Fredrickson will use the letters of soldiers, officers and civilians to recreate the mood of those last days and to reflect on how those events led to the reshaping of the Union. This untold story was indeed, as Major Hitchcock wrote to his wife, an “astonishing close.”

Karl Fredrickson was born and raised in Northfield. He graduated from St. Olaf and went on to spend 35 years teaching history to high school students in a Waldorf School northwest of New York City. He has returned to Northfield to enjoy the rich culture and to join with others in the study of local and state history.

Cost: \$4 / \$0 plat equiv

TRAVELOGUE: EGYPT

Tuesday, June 21, 10am

Jim Finholt will be present an illustrated description of his two week visit to Egypt taken along with a band of 16 seniors in March, 2016. The presentation will focus on the archeological sites visited. Other topics will include food, housing, transportation

(including camel riding), and security. Questions will be encouraged.

No fee

ESCAPE FROM IRAQ

Monday, June 21,
1:00-2:30

In the early morning of November 9, 1990 Taha Muhammad, his wife Malika and their 3 sons prepared to flee the oppressive regime of Saddam Hussein. Using smugglers to help them get across Iraq from Kirkuk to the Turkish border this family began a terrifying journey that they knew they might not survive. Hear Taha Muhammad tell his story of fear, hardship, betrayal, and despair and the undying hope for a better life that drove them on.

Cost: \$4, Plat Equiv \$0

COMPUTER CLASSES

Registration Deadline for all computer classes is NOON, WEDNESDAY, the week before the class begins.

INTRO TO IWORKS:
PAGES, NUMBERS,
KEYNOTES

Monday, June 6
9:30 - 11:30am

This introductory course will help you get “up-close and personal” with Apple’s productivity suite for both the Mac computer and the iPhone/iPad.

Prerequisite: none

Cost: \$10 m / \$15 nm

Instructor: John Severson

INSERT A PHOTO INTO TEXT

Tuesday, June 7
9:30 - 11:30am

This course will show how to enhance letters and other documents by incorporating pictures and clip art using Microsoft Word software.

Prerequisite: Word Processing Basics or equivalent

Cost: \$10 m / \$15 nm / \$0 plat. equiv.

Instructor: Jim Finholt

FACEBOOK AND PRIVACY

Wed & Fri
June 8 & 10
9:30 - 11:30am

Learn about the social networking phenomenon called *Facebook* and how to use it while protecting your privacy and that of your family and friends.

Prerequisite: Intro to (either platform) Computers or equivalent

Cost: \$20 m / \$25 nm / \$0 plat. equiv.

Instructor Gloria Krusemeyer

NEW LIFE FOR OLD SLIDES

Thursday, June 9
9:30 - 11:30am

The course presents a procedure for scanning 35 mm slides to produce electronic slide files.

Prerequisite: Organize My Computer or equivalent

Cost: \$10 m / \$15 nm

Instructor: Jim Finholt

PRESENTATION SOFTWARE LIKE POWERPOINT

Wed & Fri
June 15 & 17
9:30 - 11:30am

Learn how to prepare text & pictures for presentations using Open Office Impress, a free software program that is similar to Microsoft PowerPoint. Prerequisite: Word Processing Basics or equivalent

Cost: \$20 m / \$25 nm

Instructor: Barb Henwood

ADVICE ON BUYING SMART PHONES AND TABLETS

Monday, June 20
9:30 - 11:30am

This class will feature people with experience with various smartphones and tablets, such as the Apple iPhone, Samsung Galaxy Series, Apple iPad, or Google Nexus.

This is NOT the class for support on using your current portable device.

Prerequisite: none

Cost: \$10 m / \$15 nm / \$0 plat. equiv.

Instructor: Severson - Henry

CLASSES AND TALKS



For a complete discription of the computer classes, see the Summer Program Guide, pg. 10-11 or see the “Computer Center” on our website.

GROUP ACTIVITIES

NSC SOFTBALL 2016!

Mondays & Thursdays, 9-11 a.m.
Sechler Field #2
Begins May 2, ends September 1

It's time again to enjoy the national pastime! The Northfield Senior Center is sponsoring coed Senior Softball again this year. Have fun with friends old and new as you get good exercise twice a week. There is no fee. No tryouts will be held; everyone is welcome! Just bring yourself and your glove (and a favorite bat, if you like). On some Mondays and/or Thursdays, games (home or away) may be scheduled with other nearby senior teams (for example, Owatonna, Faribault, and/or Cannon Falls).



Paper Crafting

Meets at 1:30 on the first and third Mondays of every month

All people who like working with paper are welcome attend.

The theme for the month of May is "Graduation"

May 2 – Anyone who has one, brings ideas for a graduation project.

May 23 – projects will be worked on.

JUNE MOVIES, MONDAYS AT 1 PM

June 6 - LINCOLN Daniel Day-Lewis stars as America's president struggling with continuing carnage on the Civil War battlefield as he fights with many inside his own cabinet on the decision to emancipate the slaves. 2012

June 13 - ST. VINCENT Bill Murray and Melissa McCarthy star in this heart-warming comedy about young boy whose parents have just divorced finds an unlikely friend and mentor in the misanthropic, bawdy, hedonistic war veteran who lives next door. 2014

June 20 - THE JUDGE Big-city lawyer Hank Palmer (Robert Downey Jr.) returns to his childhood home where his father, the town's judge, (Robert Duvall) is suspected of murder. Hank sets out to discover the truth and, along the way, reconnects with his estranged family. 2014

June 27 - CAPTAIN PHILLIPS Toms Hanks stars in this true story of Captain Richard Phillips and the 2009 hijacking by Somali pirates of the US-flagged MV Maersk Alabama, the first American cargo ship to be hijacked in two hundred years. 2013

“CALENDAR GIRLS”

Park Square Theater,
St Paul

Sunday, June 26

12:30 - 5:30 pm

Based on a true story, a group of Yorkshire (England) women propose to produce a calendar in 1999 to raise money for Leukemia Research. A widow and her friends, who belong to the Women’s Institute, decide to discreetly pose nude for this calendar while performing traditional activities and ask the organization to sanction their endeavor. This is a comedy which tells of their hilarious venture as they discover the beauty within themselves and one another.

Cost: \$65

Sign up deadline: June 13

BASEBALL GAME - ST PAUL SAINTS

CHS Field, St Paul

Tuesday, July 12

5:00 - 11:30 pm

It’s a night game – under the lights – to see the St Paul Saints play in their new stadium against the Sioux Falls Canaries. We have wonderful seats above the home dugout. The Saints have a reputation for outlandish promotions and offer a new level of fun during the game.

Pablo Picasso, their live pig mascot, is the only one in baseball. They also have other characters appearing at the game. Join us for an evening of sport and fun!
Cost: \$40
Sign up deadline: June 10

SOUTH PACIFIC

Guthrie Theater,
Minneapolis

Wednesday, 3 August

10:15 am - 5 pm

This is a sweeping musical romance – one of the most celebrated and lauded in American theater. It’s set in an island paradise during World War II and tells the story of two couples and how their happiness is threatened by the dangers of war and prejudices of their times. Lunch is on own at the Level 5 restaurant (casual). Reservations will be made in advance for the group; you may eat alone or with others of your choice, You could bring your own lunch to eat outdoors in the park next to the theater, if you wish. Please indicate on your registration if you wish to do so.

Cost: \$82

Sign up deadline: June 10

MINNESOTA LYNX GAME

Sunday, Aug. 28

4:30 -10:30 pm

Enjoy the on-court excitement of the winningest pro team in Minnesota- the 3-time WNBA Champions, Minnesota Lynx! Watch these world class women athletes play and see what makes them so successful.

Cost:\$59

Sign up deadline: TBD

FALL COLOR TRIP TO WINONA

Wednesday, Sept 28

8:30am- 6pm

Cruise along the river with a wildlife guide to see birds along the shore. Lunch will be on your own then we will tour the Minnesota Museum of Marine Art home to major works by Picasso, Van Gogh, Monet, Gauguin, Cézanne, Constable, O’Keeffe, Cassatt, Homer, Wyeth, and many more. The MMAM is truly a hidden gem!

Cost:\$55

Sign up deadline: Sept 21

See also information about our annual trips to the Great River Shakespeare Festival on page 9.

TRIPS



Our tours depart from and return to the Senior Center. Please register as early as possible to avoid disappointment. Cancellations on or before the sign-up date receive a full refund. Cancellations after that date receive a full refund **IF a replacement can be found**. Note that our trips require a minimum of 20 persons for each outing.



Great River Shakespeare Festival Preview

June 6, 1 pm

Doug Scholz-Carlson, Artistic Director of the [GRSE](#), will give a preview of two of this season's plays, *As You Like It* and *Julius Caesar*. (See info on this page of TRIPS to see these plays).



Shakespeare in Winona, co-sponsored with the CVEC

Both trips will include meeting with the actors over a box dinner for questions and discussion. The Great River Shakespeare Festival ([grsf.org](#)) will begin its 13th Season under the leadership of Artistic Director, Doug Scholz-Carlson, known to many in Northfield, where he began his career. Cost of the trip to each play is \$80; if you go on both trips, cost is \$150

[As You Like It](#)

Wed, July 6,
11:15 am - 8 pm

Shakespeare's beloved comedy reveals the liberating power of love. *As You Like It* overthrows the traditional rules of romance and allows us to witness how bewildering and how utterly pleasurable life can be. Rosalind, one of Shakespeare's great women, joins a cast of brilliant comic characters lost in the delightful madness of the Forest of Arden. Artistic Director Doug Scholz-Carlson directs this play filled with some of Shakespeare's best known songs.

Cost: \$80 [SIGN UP ONLINE](#) or in person at the Center.

[Julius Caesar](#)

Wed, July 13,
11:15 am - 8 pm

A fast-moving thriller about the struggle for democracy, *Julius Caesar* explores power, loyalty, and tragic idealism through the friendship of great men. Shakespeare's tense drama of high politics is both epic and intimate, with powerful speeches in public squares and whispered conspiracies in back rooms and dark hallways. James Edmondson (*King Lear*, *Hamlet*, *Much Ado About Nothing*) directs this tale of political intrigue that resonates today.

Cost: \$80 [SIGN UP ONLINE](#) or in person at the Center.



MEMORY CAFÉ

The Memory Café will meet the third Wednesday of each month at 1:30 p.m. in the Northfield Senior Center Sunshine Café.

The Café is open to anyone who is experiencing early stages of dementia and their care partner from Northfield and other surrounding communities. It is not necessary to be a member of the Senior Center.

The Café will be planned and facilitated by Breanna Wheeler. Breanna has a Master degree in Public Affairs with many years working with the older adult population. Currently she is working with the Northfield Act on Alzheimer's group, is a board member for the Minnesota Gerontology Society, and for many years was the Activity Director for the long term care unit at Northfield Hospital.

Contact information: Lynne Pederson, Director, Northfield Senior Center @ 664-3701, lynnepederson@nscmn.org; Breanna Wheeler, wheeler434@umn.edu

Summertime Volunteers

Are you looking for something interesting to do? Would you like to help others? The Center offers many ways that you can fulfill these needs to serve and have fun at the same time. The bonus in the summertime is that many of these are outside activities.

Work Crew (See article on pg 1-2) and contact Gerry Gengenbach, gwgenbach@gmail.com

Popcorn Wagon Help sell popcorn on Bridge Square. Meet lots of interesting people and serve as Northfield ambassador as well, letting out-of-towners know where the James gang robbed the bank, and where they can get

ice cream or a cup of coffee. Contact Lesley Weirich, lesleyweirich@nscmn.org

Sunshine Café Each weekday, 11 am – 1 pm, help serve those who come to eat in our tasty café. Contact Patsy Dew, patsydew@nscmn.org

Gardening Crew Work in the gardens in our courtyard, planting, weeding and harvesting. Contact Chris Ellison, chrisellison@nscmn.org -

Hosting Vintage Band Festival Players

The Vintage Band Festival will return to Northfield this summer, July 28-31, and there is an opportunity to provide homestays for the participants, both international and national. You would need to transport the band members to their daily commitment and pick them up in the evening. Also, they will need breakfast in the morning. If you are interested, please contact Garda Kahn, 507-645-9170.

EVENTS

VOLUNTEER

A MOMENT IN TIME

THE FLOATING ISLANDS OF LAKE TITICACA

Marilyn Kelley's story, as told to Steven James Beto

Marilyn Kelley joined the Peace Corps in 1967 to work in home economics for CEPA, the Peruvian Department of Agriculture. She lived in a one room apartment in Puno, and commuted to outlying villages to help improve the food supply and increase nutrition. The city of Puno, Peru, nestled along the shores of Lake Titicaca, sprawled out over the brown and barren high-desert hills hundreds of feet below her.

One day as she was returning to Puno, she was driving a truck over a mountain range. Near the top of the range, Marilyn stopped her truck to pick-up three Peruvian hitchhikers. "It was common enough to do in 1960's," Marilyn told me, "and considered a courtesy."

Her passengers sat in the bed of the truck and Marilyn started down the steep, switch-back road toward Puno. Half-way down the dirt road, a large truck on an uphill climb came into view.

The narrow road meant that Marilyn would have to hug the mountain wall in order to safely pass. She pressed on the brake, the pedal fell to the floor, and the truck began to pick up speed. "Okay,

what do I do now?" she said out loud, and swerved the vehicle around a corner. She could not see the larger truck just then, but knew it was not far away. Her right front tire hit a patch of loose gravel, she lost control, and the pick-up rolled onto its side spilling out the passengers. Fortunately, no one was hurt.

In her work in the villages, Marilyn introduced important new vegetables that could tolerate growing conditions. "We worked on garden projects with lettuce, carrots, beets, and parsnips. We grew starter plants and passed them out in the villages." Before these, potatoes had been the primary food source and very little else. "No rice grew on the lake, but there were plenty of fish.

For her vacation in her second year, Marilyn would descend almost a full mile in her travels back into the lush tropical forests to meet with other Peace Corps representatives in Machu Picchu. "We walked by small, roofless huts built of stone each with a view of heaven spread out upon the earth." Their group may well have been the last allowed to camp overnight. They spent the night in sleeping bags, open air. The stars do not twinkle at that altitude, their colors and multitudes so close as to seem to be a part of Earth itself. "There

were no insects, no birds, no monkeys: just a deep, penetrating quiet." So quiet, she could hear the wind blowing through the ancient stone buildings that seemed to give the place a voice of its own, a place where Marilyn slept in the middle of time and the vastness of space.

"There is no sand on the shores of Lake Titicaca, just a blanket of half-dollar sized pebbles. You have to wear shoes to walk the shoreline." There were no motorized boats on the lake except for a steam boat that takes people across the lake to La Paz, Bolivia, and there were no boat docks. The fishermen simply pulled their boats up against the shore to offload their catch.

"On Christmas Eve, I attended Midnight Mass at a big stone Catholic Church. There was no electricity inside, but there were candles everywhere. Babies and children were sleeping on the floor; mothers and fathers sat near them singing songs." And here at midnight while holding their flickering candles and wearing their handmade clothing, the families sang their final song, *Silent Night*. In this church, at this hour of midnight, all was calm, all was bright.

[CLICK HERE TO SEE THE FULL UNEDITED VERSION OF THIS STORY.](#)

CPR AND FIRST AID AND AED TRAINING

Tuesday, June 14

Time: 3:30 - 6:30 pm

Become CPR and First Aid certified.

Participation Limit of 10

Cost: \$60/nm, \$50/m, \$10 plat equiv, monitors, fitness instructors

Instructor: TJ Heinrich

SELF DEFENSE CLASS

**Wednesdays, June 1 -22
8 - 9 am**

The program focuses on the physical and technical aspects for conflict resolution, which includes skills/ techniques such as blocking, striking, kicking, throwing, joint manipulation and grappling. This is a practical course designed for students with little or no experience

in martial arts or self-defense to learn the basic necessary skills to protect themselves and their love ones if ever needed.

Cost: \$40/nm, \$30/m, \$0 Plat Equiv

Instructor: Sebastian Bursat

Answers to Medicare Questions and More

If you have questions about Medicare, supplemental insurance, or prescription drug coverage, a volunteer from the State Health Insurance Program (SHIP) can help you. Call the Senior Center for an appointment: 664-3700. A SHIP volunteer will contact you to arrange a time to meet.



Prices for lunch have risen slightly by 50 cents. Lunches bought on a daily basis are \$4.00, but tickets will remain at \$17.50.

Sunshine Café Performances at 11 a.m. include:

Tuesday June 7th the Seasoned Singers will sing. A selection of favorites by George Gershwin, Irving Berlin, and Cole Porter are sure to Make you Smile! Come early for lunch and let us entertain you! The meal will be Hawaiian Chicken, Parslied Buttered potatoes Asparagus, and a Snicker Doodle Brownie.

Wednesday June 15th we will have the Birthday dinner. The lunch that day will be Pork Steak with Dressing, Oriental Blend Vegetable, Romaine Lettuce Salad, and a Birthday brownie.

On Friday June 17th we'll be having the Father's Day meal and Dads will receive a Father's Day gift when you check in for the meal. Lunch will be Baked Fish/Beef Pattie, Oven Browned Potatoes, Beets, and Mandarin Orange Dessert.

Monday June 27th at 10:30 we will be entertained by The Concrete Cowboy. For lunch we will be having Ham Balls/Ground Beef Patty, sweet potato, Baked Beans with Apple, and Ice Cream for dessert

**SUNSHINE
CAFE**

OPEN 11 - 1

7TH ANNUAL TABLE TENNIS TOURNAMENT A WONDERFUL SUCCESS

The Northfield Senior Center again ran a successful ping pong tournament on May 7. Each of the seven years of this tournament's history, the participation numbers have grown. Players are of all ages (7 – 87), with a range of skill levels. This is truly an OPEN tournament which has been well-received in the region.

Here is an email of appreciation from the president of Rochester's Table Tennis Club:

From: Chi Lam
Sent: Wednesday, May 11, 2016 1:32 PM
To: Don Diehl (Tournament communicator)
Subject: Re: 2016 Northfield Table Tennis Tournament RESULTS in pdf and SUMMARY...

Don,

I, and RTTC, would like to congratulate you on another successful tournament. You guys provide the most friendly tournament and it is well received and well run. Look forward to your next year tournament.

THANK YOU and Great Job!
Chi



Northfield Senior Citizens, Inc.

Minutes: Northfield Senior Citizens, Inc. Board of Directors meeting, April 28, 2016.

Directors present: Nancy Ashmore, Bernard Borene, Tom Brawley, Beth Endert, Duane Everson, Gerry Gengenbach, Bill Gruszewski, Marvin Kormann, Elizabeth Olson, Dan VanTassel, Phil Winter, Gordon Kelley

Absent: Greg Smith, Bob Craig, Jerry Gehler, Richard Jackson

Staff present: Lynne Pederson, Patsy Dew, Elaine Grisim

1. CALL TO ORDER

The meeting was called to order by Gerry Gengenbach at 3:04 p.m.

Action: The agenda was approved.

Welcome to new board members

Action: Motion and second to approve the March 24 board minutes. Minutes accepted as printed.

2. REPORTS

Review and approval of Financial Reports

Bill Gruszewski reviewed the March financial statements. Endowment fund annual distribution will be transferred to the Operating Fund.

Finance Committee

Bill Gruszewski reported. Income is at 23.75% and expense is at 24.78% compared to projected 25%.

Motion was made that the Edward and Mary Intihar trust donation be designated as unrestricted and temporarily deposited into the Endowment Fund and be available for major purchases or until a project is determined. Motion seconded and carried.

Advancement Committee

Dan Van Tassel reported. Motion was made by committee to publish lists of donors by amount of \$ given. Motion seconded and carried. BOD approved listing donor names by \$ amount category.

Facilities Committee

Gerry Gengenbach reported. There was a discussion regarding pool maintenance. No motion made at this time.

Membership Committee

Nancy Ashmore reported. Numbers are stable. Team will create benchmarks to determine if new signage contributes to creating new members. Committee members went to City Council meeting regarding new signage for Jefferson Pkwy. The next steps at the City Council have been met. Getting closer to getting council approval.

Executive Director Report

Lynne Pederson reported. We received grants of \$1000, and \$2000 from the Northfield Hospital for a chair lift and the Memory Café. Discussion was brought forward regarding pool cleaning and policies that may need to be implemented.

40 FORWARD COMMITTEE

Lynne Pederson, Gerry Gengenbach, Elizabeth Olson, Nancy Ashmore

3. OLD BUSINESS

The 8-hour Sunday Rental has been discontinued, opening up possibilities for more programming.

4. NEW BUSINESS

A new president will be selected now; other positions will be selected at next board meeting.

President nomination - Gordon Kelley; seconded and carried.

Nominating Committee Work

Nominations were approved at the annual meeting held at 1 p.m. April 28, 2016.

Treasurer

Bill Gruszewski
At Large Directors
Beth Endert
Mary Auge
Yosuiko (Yosh) Soltis
Colleen Press
Jane Persons
Gordon Kelley

Next meeting will be

May 26, at 3 p.m.

5. ADJOURNMENT

The meeting was adjourned at 4:47 p.m.

BOARD OF DIRECTORS

DONORS

Thank you to these April Donors

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Caroline Amos, Silas Sellnow, JuCoby Johnson, Jim Poulos and Brian White in "Romeo and Juliet." Great River Shakespeare Festival, 2015. Directed by Doug Scholz-Carlson. Photo by Dan Norman. See pg 8 for info. on this year's GRSF trips.